

# COURSE SYLLABUS



COURSE TITLE: PSYC-171: Human Development: Lifespan

CLASS SECTION: D03

TERM: Fall, 2023

COURSE CREDITS: 3

DELIVERY METHOD(S): Online

Camosun College campuses are located on the traditional territories of the Ləkʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.

Learn more about Camosun's [Territorial Acknowledgement](#).

---

## INSTRUCTOR DETAILS

NAME: Katrina Ivanov

EMAIL: [ivanovk@camosun.bc.ca](mailto:ivanovk@camosun.bc.ca)

OFFICE: Paul 233

HOURS: Tuesdays (in office) 12:30 PM – 2:00 PM

Tuesday, Wednesday, Thursday (online) 6:00 PM – 7:00 PM (or by appointment)

*As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.*

---

## CALENDAR DESCRIPTION

Students will explore human development from conception until death, focusing on critical milestones achieved across the ages in the areas of physical, cognitive and social development. Cultural diversity of experience will be examined, as well as modern theoretical models explaining human development.

### PREREQUISITE(S):

One of:

- C in English 12
- C in Camosun Alternative

### CO-REQUISITE(S):

See Pre-requisites

### EXCLUSION(S):

Not Applicable

## COURSE LEARNING OUTCOMES / OBJECTIVES

---

Upon completion of this course a student will be able to:

1. Summarize the main theories relating to the study of lifespan development.
2. Describe the physical, cognitive and social changes that occur across the lifespan.
3. Explain the impact of culture and diversity on development across the lifespan.
4. Apply developmental theory and research techniques to an individual case study of human development.

## REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

---

Recommended but not required: Essentials of Life-span Development by Santrock. (2020) First Canadian Edition. ISBN: 9781260306194

All other materials are provided on our course D2L site.

## COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

---

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

WEEK	ACTIVITY or TOPIC	Assignments and Discussion
Week 1	<ul style="list-style-type: none"><li>• Familiarize yourself with the course outline and website.</li><li>• Post Introduction in the "Discussions" section</li><li>• In "Contents", read the modules for Procrastination, Resilience and Academic Integrity</li></ul>	<ul style="list-style-type: none"><li>• Post Introduction Discussion (by Sept 10)</li><li>• Post Procrastination and Academic Integrity Discussion (due by Sept. 29<sup>th</sup> 11:59 PM in the Discussions section)</li></ul>
Week 2	<ul style="list-style-type: none"><li>• Multi-systemic Theory</li><li>• History of Developmental Theory</li><li>• Assignment 1</li></ul>	<ul style="list-style-type: none"><li>• Assignment 1 (due by Sept 29, 11:59 PM in drop-box)</li></ul>
Week 3	<ul style="list-style-type: none"><li>• Biological and Environmental Influences on Lifespan Development</li><li>• Assignment 2</li></ul>	<ul style="list-style-type: none"><li>• Assignment 2 (due by Sept. 29, 11:59 PM in the drop-box)</li></ul>
Week 4	<ul style="list-style-type: none"><li>• Prenatal Development and Birth</li></ul>	<ul style="list-style-type: none"><li>• Assignment 3 (due by Oct. 29<sup>th</sup>, 11:59 PM in the drop-box)</li></ul>
Week 5	<ul style="list-style-type: none"><li>• Physical Development from Birth to 12</li></ul>	
Week 6	<ul style="list-style-type: none"><li>• Physical Development from 13 +</li></ul>	<ul style="list-style-type: none"><li>• Assignment 4 (due by Oct. 29<sup>th</sup>, 11:59 PM in the drop-box)</li></ul>
Week 7	<ul style="list-style-type: none"><li>• Cognitive Development from Birth to 12</li></ul>	

WEEK	ACTIVITY or TOPIC	Assignments and Discussion
8	<ul style="list-style-type: none"> <li>Cognitive Development from 13 +</li> </ul>	<ul style="list-style-type: none"> <li>Assignment 5 (due by Nov. 29<sup>th</sup>, 11:59 PM in the drop-box)</li> </ul>
9	<ul style="list-style-type: none"> <li>Social / Emotional Development from Birth to 12</li> </ul>	
10	<ul style="list-style-type: none"> <li>Social / Emotional Development from 13 +</li> </ul>	<ul style="list-style-type: none"> <li>Assignment 6 (due by Nov. 29<sup>th</sup>, 11:59 PM in the drop-box)</li> </ul>
11	<ul style="list-style-type: none"> <li>Gender and Sexual Development</li> </ul>	
12	<ul style="list-style-type: none"> <li>Dying, Death and Grieving Rituals</li> </ul>	<ul style="list-style-type: none"> <li>Assignment 7 (due by Dec. 11<sup>th</sup>, 11:59 PM in the drop-box)</li> </ul>
13	Special Interest Topics on Stress, Cultural Birth Practices, Grieving in Childhood, Trauma across the Lifespan, Anger and De-escalation, Mental Health	<ul style="list-style-type: none"> <li>Post Special Interest Topics Discussion 1 (due by Dec. 11<sup>th</sup>, 11:59 PM in Discussions)</li> </ul>
14	Cont'd	<ul style="list-style-type: none"> <li>Post Special Interest Topics Discussion 2 (due by Dec. 11<sup>th</sup>, 11:59 PM in Discussions)</li> </ul>

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced notice is required. Deadlines can be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

#### EVALUATION OF LEARNING

DESCRIPTION	WEIGHTING
<b>Discussion 1:</b> Read and answer questions in Discussion Post on the topic of Procrastination and Academic Integrity	6%
<b>Assignments:</b> These will ask you to explore developmental theory and concepts in more depth. They will have you looking at multi-cultural perspectives, your own sources of influence for development, and research in varied educational practices, along with other options. There are 7 in total, worth 12% each for a total of 84% from assignments.	84%

DESCRIPTION	WEIGHTING
<p><b>Special Interest Discussions:</b> The last section will contain special interest articles on a number of subjects, ranging in topic from mental health to relationships, to cultural perspectives on grieving. You'll be asked to read any two of these that you find personally interesting and to contribute some observations and questions that came up for you while you were reading, as well as information on one additional research source that covers this topic. These will be submitted to an online group discussion. Each of these contributions will be worth 5%, for a total of 10% from special interest discussions. More information on the format of these contributions will be found in the discussion forum called "Discussion 2 and 3"</p>	10%
TOTAL	100%

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information.  
<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

---

## COURSE GUIDELINES & EXPECTATIONS

Guidelines and Expectations can be found in the Welcome letter

---

## SCHOOL OR DEPARTMENTAL INFORMATION

---

## STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

---

## SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

---

Academic Advising

<http://camosun.ca/advising>

---

Accessible Learning	<a href="http://camosun.ca/accessible-learning">http://camosun.ca/accessible-learning</a>
Counselling	<a href="http://camosun.ca/counselling">http://camosun.ca/counselling</a>
Career Services	<a href="http://camosun.ca/coop">http://camosun.ca/coop</a>
Financial Aid and Awards	<a href="http://camosun.ca/financialaid">http://camosun.ca/financialaid</a>
Help Centres (Math/English/Science)	<a href="http://camosun.ca/help-centres">http://camosun.ca/help-centres</a>
Indigenous Student Support	<a href="http://camosun.ca/indigenous">http://camosun.ca/indigenous</a>
International Student Support	<a href="http://camosun.ca/international/">http://camosun.ca/international/</a>
Learning Skills	<a href="http://camosun.ca/learningskills">http://camosun.ca/learningskills</a>
Library	<a href="http://camosun.ca/services/library/">http://camosun.ca/services/library/</a>
Office of Student Support	<a href="http://camosun.ca/oss">http://camosun.ca/oss</a>
Ombudsperson	<a href="http://camosun.ca/ombuds">http://camosun.ca/ombuds</a>
Registration	<a href="http://camosun.ca/registration">http://camosun.ca/registration</a>
Technology Support	<a href="http://camosun.ca/its">http://camosun.ca/its</a>
Writing Centre	<a href="http://camosun.ca/writing-centre">http://camosun.ca/writing-centre</a>

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

---

## COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

---

### Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](http://camosun.ca/accessible-learning/) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

### Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

### Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

### Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

### Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

### Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

### Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the "Attendance" section under "Registration Policies and Procedures" (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

### Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

### Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and [camosun.ca/sexual-violence](http://camosun.ca/sexual-violence). To contact the Office of Student Support: [oss@camosun.ca](mailto:oss@camosun.ca) or by phone: 250-370-3046 or 250-3703841

### Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

**Changes to this syllabus:** Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.