COURSE SYLLABUS



COURSE TITLE: PSYC-171: Human Development: Lifespan

CLASS SECTION: 003
TERM: Winter 2024
COURSE CREDITS: 3

DELIVERY METHOD(S): LEC (supported by D2L)

Camosun College campuses are located on the traditional territories of the Ləkwəŋən and WSÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.

Learn more about Camosun's Territorial Acknowledgement.

INSTRUCTOR DETAILS

NAME: Denise Iacobucci, PhD (please call me Denise or Dr. Iacobucci – last name starts with an "i")

OFFICE: Fisher 106 E (behind the bookstore)

EMAIL: iacobuccid@camosun.ca

OFFICE HOURS: Mondays 9:00 to 9:9:50am - Thursdays 11:30am to 2:20pm and by Appointment

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

Students will explore human development from conception until death, focusing on critical milestones achieved across the ages in the areas of physical, cognitive and social development. Cultural diversity of experience will be examined, as well as modern theoretical models explaining human development.

PREREQUISITE(S):

One of:

- C in English 12
- C in Camosun Alternative

CO-REQUISITE(S):

See Pre-requisites

EXCLUSION(S):

Not Applicable

COURSE LEARNING OUTCOMES / OBJECTIVES

Upon completion of this course a student will be able to:

- 1. Summarize the main theories relating to the study of lifespan development.
- 2. Describe the physical, cognitive and social changes that occur across the lifespan.
- 3. Explain the impact of culture and diversity on development across the lifespan.
- 4. Apply developmental theory and research techniques to an individual case study of human development.

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

(a) Text

Santrock, J.W., Mondloch, C.J., & Chuang, S. (2023) *Essential of Life-span Development* (Second Canadian Edition). Canada: McGraw Hill.

Purchase link to the digital version of the textbook for your PSYC 171 course:

https://www.camosuncollegebookstore.ca/buy_access_codes.asp

Course code: PSYC 171-001

<u>Physical texts</u> will be available in-store and online through the Bookstore website.

Hours: https://www.camosuncollegebookstore.ca/buy_textbooks.asp

(b) <u>Course information and course material will be posted on D2L throughout</u> this semester. This course is supported by D2L with Zoom. See notes below on how to access both of these.

Accessing D2L- required

- 1. Got to https://online.camosun.ca
- 2. Enter your student number for your user name.
- 3. Enter your password. If you have not setup a password before, the default password should be your birthday in YYMMDD.
- 4. Click on our course from the list: PSYC-171-003 Human Development: Lifespan

Accessing Zoom in D2L-optional

- 1. Please note the general information on how to access Zoom in D2L. https://elearningtutorialscamosun.opened.ca/wp-content/uploads/sites/1304/2023/08/Joining_a_Zoom_Meeting_in_D2L.pdf
- 2. If you want to access office hours via Zoom you need to send an e-mail to the instructor and make an appointment. Zoom office hours are by appointment only.
- 3. E-learning tutorials offered here https://elearningtutorialscamosun.opened.ca/ can be very helpful when navigating D2L.

(c) Recommendations

As mentioned above, course material will be posted to D2L throughout the semester. To be successful in this course, it is recommended that students 1) attend lectures and review/complete posted D2L material; 2) read chapters and make additional notes from text to add to lecture notes; 3) stay up to date with readings and complete all course assignments as recommended; 4) check news in D2L on course home page for assignment reminders, and 4) use quiz study guides and course materials to prepare for quizzes..

Communication: Students are responsible for staying in constant communication with their instructor. Please e-mail me or call me if you are unable to attend lecture.

COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor. <u>Changes to this Schedule will be posted in D2L and reviewed in class.</u>

Course meets weekly Mondays in Fisher 200 at 10:00am to 11:20 am and Thursdays in <u>Young 300</u> starting on Monday January 8th and *Thursday January 11th*. Please see tentative Winter 2024 schedule below. ALWAYS check D2L News for any course announcements before classes and check for reminders between classes and throughout the week.

| WEEK | Lecture TOPIC/ Text Chapter/Seminar Activity | Assignment Due Dates |
|-----------------------------------|--|--|
| 1. Jan. 8 & <i>11</i> | Chapter 1 – Lifespan Theories Matching Theories/Strengths & Weaknesses of Research | |
| 2. Jan 15 & <i>18</i> | Chapter 2 – Biological Beginnings | Discussion A |
| 3. Jan. 22 & <i>25</i> | Chapter 3 – Physical and Cognitive Development in Infancy | Quiz 1 (Mon) (Chapters 1&2) |
| 4. Jan 29 & Feb.1 | Chapter 4 – Socioemotional Development (Dev) Infancy | Journal Entry #1 |
| 5. Feb. 5 & <i>8</i> | Chapter 5- Physical and Cognitive Dev in Childhood | Quiz 2 (Mon) (Chapters 3 & 4) |
| 6. Feb. 12 & <i>15</i> | Chapter 6 – Socioemotional Development in Childhood | Journal Entry #2* |
| 7. <u>Feb. 19 & <i>22</i></u> | Family Day & READING WEEK - READ Chapters 5 & 6 | |
| 8. Feb. 26 & <i>29</i> | Chapter 7- Physical and Cognitive Dev in Adolescence | Quiz 3 (Mon) (Chapters 5 & 6) |
| 9. March 4 & 7 | Chapter 8 - Socioemotional Dev in Adolescence | Discussion B |
| 10. March 11 & <i>14</i> | Chapter 9- Physical and Cognitive Dev in Early Adulthood Chapter 10- Socioemotional Dev in Early Adulthood | <u>Journal Entry #3</u> |
| 11. March 18 & <i>21</i> | Chapter 11-Physical & Cognitive Dev in Middle/Late Adult | Quiz 4 (Mon) Chps. (7,8, 9 & 10) |
| 12. March 25 & <i>28</i> | Chapter 12-Socioemotional Dev in Middle/Late Adulthood | Discussion C |
| 13. April 1 & 4 | Monday April 1 st — College Closure Thursday - Chapter 13-Death, Dying, and Grieving | Journal Entry #4 * |
| 14. April 8 & <i>11</i> | Course Wrap-Up (No Final Exam in this Course) | Quiz 5 (Thurs) (Chps 11, 12, & 13) |

^{*} As indicated in the Evaluations of Learning section (see next page) Feb. 15th and April 4th are the final due dates for first two and last two journal entries respectively.

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required. Deadlines can be reviewed on the <u>CAL exams page</u>. http://camosun.ca/services/accessible-learning/exams.html

| DESCRIPTION | | | |
|-------------|---|--------|--|
| Quizzes | <u> </u> | | |
| a. | there are 5 in-class quizzes worth 12% each; | | |
| b. | quizzes are based on assigned text readings and lecture material; | | |
| C. | quizzes may consist of multiple choice, true/false, matching, and short answers; | | |
| d. | quizzes will not be cumulative - see class schedule and D2L for quiz dates. | | |
| Applied | Reflective Journal Entries | | |
| a. | each student will choose and create 4 journal entries answering questions, | | |
| | critically applying concepts from text, research and lecture. See marking rubric | | |
| | on D2L; | | |
| b. | generally journal entries are written double-spaced with APA referencing and | | |
| | no more than 4 double spaced pages; | | |
| c. | students will submit journal entries to Assignments on D2L (e-mail instructor | | |
| | with a copy if there are any issues with this). First two journal entries have | | |
| | recommended due dates with the final due date no later than Thursday | | |
| | February 15 th . The last two journal entries also have recommended due dates | | |
| | and can be handed in no later than Thursday April 4th . No late assignments | | |
| | will be accepted without written granted permission. Requests for extensions | | |
| | need to occur prior to the due date. No granted extensions on due dates will | | |
| | be accepted. Assignments not handed in by these due dates will result in a 0; | | |
| d. | this assignment will be reviewed in class at the start of the semester. | | |
| Discuss | ion Posts due Thursday | | |
| a. | there will be 3 discussion posts; | | |
| b. | students will submit these online via D2; | 6% | |
| C. | students have one week to complete these; | 070 | |
| d. | Any late submission, without written instructor approval will be allotted only | | |
| | 50% of total possible marks. | | |
| | TOTA | L 100% | |

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the <u>Grade Review and Appeals</u> policy for more information. http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf

COURSE GUIDELINES & EXPECTATIONS

As noted above, in order to be successful in this course it is recommended that students read **course text** – I recommend the following strategy.

- 1. Always read chapter summaries first helps you orientate you to the most salient pieces of information prior to
- 2. Survey: Scan chapter titles, subtitles, and chapter summary before reading the chapter
- 3. Question: formulate questions from the textbook, partial lecture note, headings and subheadings.
 - a. Answer these as the chapter is read.

- 4. Read: be sure to read theories and concepts to compare and contrast similarities and differences between concepts and theories/perspectives. An example, how does psychoanalytic theory compare to the cognitive social learning theory?
 - a. Keep your questions in mind and do not skip graphs, boxes, tables etc.
- 5. Retrieve: prepare questions on the material than email questions or meet online in Zoom to discuss.
- 6. Review: Create a summary covering all your questions and answers and list all the key terms and operationally define them.
- 7. Read: the chapter a second time, for any missed detail in order to apply your conceptual understanding using examples in preparation for exams, assignment, and discussion posts.

These links connect to a wide variety of learning skills including, text reading, online studying, writing, and exam preparation:

http://camosun.ca/services/writing-centre/learning-skills.html

http://camosun.ca/services/writing-centre/resources.html

http://camosun.ca/services/library/research-guides.html

APA Writing Guidelines

http://camosun.ca/learn/subjects/psychology/current-students.html

Important Dates

https://camosun.ca/dates

SCHOOL OR DEPARTMENTAL INFORMATION

Camosun Psychology Club Information

Everyone interesting in discussing psychological questions/problems is welcome! For further information, please contact the Student Society Club's Coordinator, Tagg Kelt: keltt@camosun.ca

Canadian Psychological Association

The Canadian hub of our discipline https://cpa.ca/

Co-operative Education & Career Services

Learn about how to access a co-op experience for your career. https://camosun.ca/services/co-operative-education-and-career

Journal of Camosun Psychology Research

Discover how to publish research. https://cc.arcabc.ca/islandora/object/cc%3Apsycjournal

American Psychological Association

The hub of our discipline https://www.apa.org

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

- A. Students are responsible for checking Course News on D2L, between classes and every couple of days for course reminders and updates.
- B. Students are responsible for following College Policies as outlined on the last three pages of this course outline and the Camosun College website.

- o College's Student Conduct Policy as outlined on the Camosun College website: http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf
- C. Students are responsible for reading the assigned material prior to class so that they are prepared to participate in class discussions and group tasks.
- D. Students may NOT make an audio or video recording of any person in our physical classroom or virtual classroom without their prior consent. Information presented orally is considered copyrighted material. Students may not use recording devices in person or online without prior permission of the instructor. Recordings are prohibited from being made and distributed, in part or in full.
- E. If struggling to write and meet due dates of a(n): quiz, journal entry, discussion/case assignment, contact me prior to due date or quiz date. Any request for rescheduling a quiz or an extension on an assignment is to be made and confirmed in writing via student email to the instructor.
- F. Late assignments only accepted by granted written permission. Request for granted permission required before due date (journal entries, quizzes, and discussion posts)
- G. Students are responsible for monitoring their grades on D2L throughout the semester. Final grades are posted on D2L for a minimum of 24 hours prior to uploading final grades to myCamosun.
- H. Student are responsible for producing work used for this course only.
- I. Submit only work that you have done completely by yourself. If you want to work cooperatively, inform me ahead of time.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit http://camosun.ca/students/.

| Academic Advising | http://camosun.ca/advising |
|-------------------------------------|---------------------------------------|
| Accessible Learning | http://camosun.ca/accessible-learning |
| Counselling | http://camosun.ca/counselling |
| Career Services | http://camosun.ca/coop |
| Financial Aid and Awards | http://camosun.ca/financialaid |
| Help Centres (Math/English/Science) | http://camosun.ca/help-centres |
| Indigenous Student Support | http://camosun.ca/indigenous |
| International Student Support | http://camosun.ca/international/ |
| Learning Skills | http://camosun.ca/learningskills |
| Library | http://camosun.ca/services/library/ |
| Office of Student Support | http://camosun.ca/oss |
| Ombudsperson | http://camosun.ca/ombuds |
| Registration | http://camosun.ca/registration |
| Technology Support | http://camosun.ca/its |
| Writing Centre | http://camosun.ca/writing-centre |

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the Centre for Accessible Learning (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started: http://camosun.ca/services/accessible-learning/

Academic Integrity

Please visit http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

Academic Progress

Please visit http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit http://camosun.ca/learn/fees/#deadlines.

Grading Policy

Please visit http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf for further details about grading.

Grade Review and Appeals

Please visit http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf for policy relating to requests for review and appeal of grades.

Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the "Attendance" section under "Registration Policies and Procedures"

(http://camosun.ca/learn/calendar/current/procedures.html) and the Grading Policy at http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf and camosun.ca/sexual-violence. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-3703841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf to understand the College's expectations of academic integrity and student behavioural conduct.

Changes to this syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.