

COURSE SYLLABUS



COURSE TITLE: PSYC-164-Behavior Management

CLASS SECTION: D03

TERM: 2025 W

COURSE CREDITS: 3

DELIVERY METHOD(S): Fully online

Camosun College respectfully acknowledges that our campuses are situated on the territories of the Ləkʷəŋən (Songhees and Kosapsum) and WSÁNEĆ peoples. We honour their knowledge and welcome to all students who seek education here.

INSTRUCTOR DETAILS

NAME: Katrina Ivanov

EMAIL: ivanovk@camosun.ca

OFFICE: Paul 233

HOURS: Mondays, Tuesdays and Thursdays (online) 2:00 PM – 4:00 PM or by appointment

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

Basic learning principles are applied to everyday problems. How to deal effectively with such diverse situations as bed-wetting, tantrums, noncompliance, stealing and lying in children; adult problems such as obesity, smoking, incompatibility in marriage, headaches and phobias are considered. Learning is achieved through group discussion and creative role-play situations.

PREREQUISITE(S): C in English 12 or C in Camosun Alternative

CO-REQUISITE(S): See pre-requisites

EQUIVALENCIES: Not applicable

COURSE LEARNING OUTCOMES / OBJECTIVES

Upon completion of this course a student will be able to:

1. Define and diagram procedures used in behaviour analysis.
2. Explain the advantages and/or disadvantages of choosing a specific behavioural modification procedure when given a case example of behaviour.
3. Describe ethical considerations when choosing to use any behaviour modification procedure.
4. Explain single-subject research design and how the various methodologies meet or fail to meet the rules of scientific inquiry.
5. Analyze and describe the behavioural procedures used in a variety of research and applied examples.
6. Write an APA style research paper reviewing current research in behaviour analysis.

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

Textbook (recommended, not required) : : Behaviour Modification: Principles and Procedures by Raymond G. Miltenberger (2016) 6th edition (Cengage). ISBN: 9781305109391

All other course materials are available on our course D2L web page.

COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

WEEK or DATE RANGE	Topics and discussions	Assignments
Week 1 January 6 th – 10 th	<ul style="list-style-type: none">• Resilience, Procrastination and Academic Integrity• Functional Contextualism and Roots of Behaviour Management• Defining Behaviour	<ul style="list-style-type: none">• Introduce yourself in Discussion Section titled “Introductions” by Friday, January 10th.• In contents, read documents titled “Resilience,” “Procrastination,” and “Academic Integrity.”• Answer the questions in the Discussion section titled “Toolbox” by Sunday, January 12th.
Week 2 January 13 th – 17 th	<ul style="list-style-type: none">• Observing, Recording and Graphing Behaviour• Introduction to Final Paper (FP)• Assignment 1 Assigned	<ul style="list-style-type: none">• Assignment 1: Due dates are listed on the top of each assignment

WEEK or DATE RANGE	Topics and discussions	Assignments
Week 3 January 20 th – 24 th	<ul style="list-style-type: none"> • Functional Assessments • Assignment 2 Assigned 	<ul style="list-style-type: none"> • Assignment 2: Due dates are listed on the top of each assignment
Week 4 January 27 th – 31 st	<ul style="list-style-type: none"> • Procedures to Increase Behaviour (positive reinforcement, escape, avoidance) • Sick social cycles 	
Week 5 February 3 rd – 7 th	<ul style="list-style-type: none"> • Procedures to Decrease Behaviour (Punishment and Extinction) • Assignment/Quiz 3 Assigned 	<ul style="list-style-type: none"> • This module gives you the choice to demonstrate your knowledge with either an assignment OR a quiz. Not both. Due dates are listed on the assignment or on Quiz 3.
Week 6 February 10 th – 14 th	<ul style="list-style-type: none"> • Stimulus Control, Prompting and Fading • Assignment 4/Quiz 4 Assigned 	<ul style="list-style-type: none"> • This module gives you the choice to demonstrate your knowledge with either an assignment OR a quiz. Not both. Due dates are listed on the assignment or on Quiz 4.
Week 7 February 17 th – 21 st	<ul style="list-style-type: none"> • FAMILY DAY AND READING BREAK 	
Week 8 February 24 th – 28 th	<ul style="list-style-type: none"> • Shaping • Bio-behaviourism • Assignment 5 Assigned • Antecedent Control Procedure 	<ul style="list-style-type: none"> • Assignment 5: Due dates are listed on the top of each assignment
Week 9 March 3 rd – 7 th	<ul style="list-style-type: none"> • Respondent Conditioning • Fear and Anxiety • Assignment 6/Quiz 6 Assigned 	<ul style="list-style-type: none"> • This module gives you the choice to demonstrate your knowledge with either an assignment OR a quiz. Not both. Due dates are listed on the assignment or on Quiz 6.
Week 10 March 10 th – 14 th	<ul style="list-style-type: none"> • Cognitive Behaviour Therapy • Ecotherapy 	<ul style="list-style-type: none"> • Assignment 7: Due dates are listed on the top of each assignment
Week 11 March 17 th – 21 st	<ul style="list-style-type: none"> • Trauma • Addictions 	
Week 12 March 24 th – 28 th	<ul style="list-style-type: none"> • Self Management • Contracts • Token Economies 	<ul style="list-style-type: none"> • Final Paper due in online drop-box by 11:59 PM Thursday, March 27th

WEEK or DATE RANGE	Topics and discussions	Assignments
Week 13 March 31st – April 4th	Special Interest Topics: (ASD, ADHD, Bi-polar Disorder, Anger and De-escalation, Grieving, Brain in Love, Psychedelics and PTSD, Depression and Anxiety, etc.)	
Week 14 April 7th – 11th	Special Interest Topics cont'd	<ul style="list-style-type: none"> • Submit Answers to Discussion questions under “Special Interest Topics” by 11:59 PM, Thursday, April 10th.

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required. Deadlines can be reviewed on the [CAL exams page](https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams).
<https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams>

EVALUATION OF LEARNING

DESCRIPTION	WEIGHT
Discussion: Read “resilience,” “procrastination,” and “student integrity” and answer the questions posted in “Toolbox”	7
Assignments/Quizzes: There will be 7 assignments in total. Some of these will involve observations of self or others, video taped examples, case studies or activities to try with friends or family. Some will involve self reflection, and all assignments will have you practicing and analyzing behaviour using the concepts learned in the module that week. For three assignments, you will be given the option to either complete the assignment, or to take a quiz as an alternative means of demonstrating your learning. Assignments/quizzes will be posted along with the notes for that week. Each assignment/quiz is worth 9% for a total of 70%.	63

DESCRIPTION	WEIGHT
Final Paper: Using some of the therapeutic techniques from Acceptance and Commitment Therapy, you will conduct a life review, choose goals, have the opportunity to use mindfulness, choice points, skills gaps and short-term planning to affect change in your own thoughts/beliefs/behaviours. You will also use research skills to learn more about the efficacy of ACT. Please see above for the due date. Worth 20% of your grade.	20
Special Interest Topics: There are 12 mini-modules covering topics that are not part of the usual curriculum, but that are often of interest to students (see list above in topics – weeks 13 and 14.) You will choose TWO of the topics and answer a few short questions about each. These will be submitted into the Discussion section, and shared with peers. Each will be worth 5% of your grade.	10
TOTAL	100%

COURSE GUIDELINES & EXPECTATION

Please see the welcome letter for information about guidelines and expectations

SCHOOL OR DEPARTMENTAL INFORMATION

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit camosun.ca/services.

Support Service	Website
Academic Advising	camosun.ca/services/academic-supports/academic-advising
Accessible Learning	camosun.ca/services/academic-supports/accessible-learning
Counselling	camosun.ca/services/health-and-wellness/counselling-centre
Career Services	camosun.ca/services/co-operative-education-and-career-services
Financial Aid and Awards	camosun.ca/registration-records/financial-aid-awards
Help Centres (Math/English/Science)	camosun.ca/services/academic-supports/help-centres
Indigenous Student Support	camosun.ca/programs-courses/iecc/indigenous-student-services
International Student Support	camosun.ca/international
Learning Skills	camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills
Library	camosun.ca/services/library
Office of Student Support	camosun.ca/services/office-student-support
Ombudsperson	camosun.ca/services/ombudsperson
Registration	camosun.ca/registration-records/registration
Technology Support	camosun.ca/services/its
Writing Centre	camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

Academic Integrity

Students are expected to comply with all College policy regarding academic integrity; which is about honest and ethical behaviour in your education journey. The following guide is designed to help you understand your responsibilities: <https://camosun.libguides.com/academicintegrity/welcome>
Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.13.pdf> for Camosun's Academic Integrity policy and details for addressing and resolving matters of academic misconduct.

Academic Accommodations for Students with Disabilities

Camosun College is committed to achieving full accessibility for persons with disabilities. Part of this commitment includes arranging appropriate academic accommodations for students with disabilities to ensure they have an equitable opportunity to participate in all of their academic activities. If you are a student with a documented disability and think you may need accommodations, you are strongly encouraged to contact the Centre for Accessible Learning (CAL) and register as early as possible. Please visit the CAL website for more information about the process of registering with CAL, including important deadlines: <https://camosun.ca/cal>

Academic Progress

Please visit <https://camosun.ca/sites/default/files/2023-02/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <https://camosun.ca/registration-records/tuition-fees#deadlines>.

Grading Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal (see [Medical/Compassionate Withdrawals policy](#)). Please visit <https://camosun.ca/services/forms#medical> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence Policy: <https://camosun.ca/sites/default/files/2021-05/e-2.9.pdf> and camosun.ca/services/sexual-violence-support-and-education.

To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-370-3841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <https://camosun.ca/sites/default/files/2021-05/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

Looking for other policies?

The full suite of College policies and directives can be found here: <https://camosun.ca/about/camosun-college-policies-and-directives>

Changes to this Syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.