

# COURSE SYLLABUS



COURSE TITLE: PSYC-164: Behavior Management

CLASS SECTION: D03

TERM: WINTER, 2022

COURSE CREDITS: 3

DELIVERY METHOD(S): Fully Online, Asynchronous Delivery

Camosun College campuses are located on the traditional territories of the Ləkʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.

Learn more about Camosun's [Territorial Acknowledgement](#).

For COVID-19 information please visit <https://legacy.camosun.ca/covid19/index.html>.

*Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student. (This course is online, so you will be asked to sign in and introduce yourself in a Discussions section titled "Introductions" in order to verify your registration in the course. Full instructions can be found on the D2L homepage for Psychology 164.)*

## INSTRUCTOR DETAILS

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NAME: Katrina Ivanov

EMAIL: [ivanovk@camosun.bc.ca](mailto:ivanovk@camosun.bc.ca)

OFFICE: Paul 233

HOURS: This course is fully online. Online office hours will be Monday – Friday from 8:00 – 9:30 PM. If these times conflict with your schedule, please don't hesitate to contact me and we'll meet at a mutually agreed upon time.

*As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.*

## CALENDAR DESCRIPTION

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Basic learning principles are applied to everyday problems. How to deal effectively with such diverse situations as bed-wetting, tantrums, noncompliance, stealing and lying in children; adult problems such as obesity, smoking, incompatibility in marriage, headaches and phobias are considered. Learning is achieved through group discussion and creative role-play situations.

### PREREQUISITE(S):

One of:

- C in English 12
- C in Camosun Alternative

### CO-REQUISITE(S):

See Pre-requisites

### EXCLUSION(S):

Not Applicable

## COURSE LEARNING OUTCOMES / OBJECTIVES

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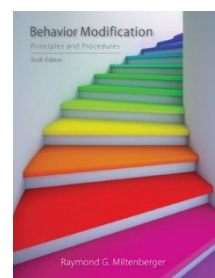
Upon completion of this course a student will be able to:

1. Define and diagram procedures used in behaviour analysis.
2. Explain the advantages and/or disadvantages of choosing a specific behavioural modification procedure when given a case example of behaviour.
3. Describe ethical considerations when choosing to use any behaviour modification procedure.
4. Explain single-subject research design and how the various methodologies meet or fail to meet the rules of scientific inquiry.
5. Analyze and describe the behavioural procedures used in a variety of research and applied examples.
6. Write an APA style research paper reviewing current research in behaviour analysis.

## REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

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**Recommended: Behaviour Modification: Principles and Procedures by Raymond G. Miltenberger (2016) 6<sup>th</sup> edition (Cengage). ISBN: 9781305109391**



All other course materials are available on our course D2L web page.

## COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

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The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

WEEK	ACTIVITY or TOPIC	Quizzes, Assignments, Discussions
1	<ul style="list-style-type: none"><li>• Module 1: Introduction to Behaviour and Applied Behaviour Analysis</li><li>• Procrastination</li><li>• Student Conduct and Integrity</li></ul>	<ul style="list-style-type: none"><li>• Submit Introduction Discussion</li><li>• Submit Procrastination and Student Conduct Discussion</li><li>• Comprehension Quiz for Module 1</li></ul>
2	<ul style="list-style-type: none"><li>• Module 2: Observing, Recording and Graphing Behaviour</li></ul>	<ul style="list-style-type: none"><li>• Comprehension Quiz for Module 2</li><li>• Assignment 1</li></ul>
3	<ul style="list-style-type: none"><li>• Module 3: Developing a Functional Assessment</li></ul>	<ul style="list-style-type: none"><li>• Assignment 2</li></ul>

WEEK	ACTIVITY or TOPIC	Quizzes, Assignments, Discussions
4	<ul style="list-style-type: none"> <li>Module 4: Positive Reinforcement, Escape, Avoidance and Sick Social Cycle</li> </ul>	<ul style="list-style-type: none"> <li>Comprehension Quiz for Module 4</li> </ul>
5	<ul style="list-style-type: none"> <li>Module 5: Punishment, Extinction and Differential Reinforcement</li> </ul>	<ul style="list-style-type: none"> <li>Assignment 3</li> </ul>
6	<ul style="list-style-type: none"> <li>Module 6: Stimulus Control, Prompting and Fading</li> </ul>	<ul style="list-style-type: none"> <li>Comprehension Quiz for Module 6</li> </ul>
7	<ul style="list-style-type: none"> <li>Module 7: Shaping, Bio-behaviourism and Problem-solving</li> </ul>	<ul style="list-style-type: none"> <li>Assignment 4</li> </ul>
8	<ul style="list-style-type: none"> <li>Module 8: Antecedent Control Procedures and Procrastination</li> </ul>	<ul style="list-style-type: none"> <li>Comprehension Quiz for Module 8</li> </ul>
9	<ul style="list-style-type: none"> <li>Module 9: Respondent Conditioning and Fear and Anxiety Reduction Procedures</li> </ul>	<ul style="list-style-type: none"> <li>Assignment 5</li> </ul>
10	<ul style="list-style-type: none"> <li>Module 10: Self-Management, Habit Reversals, Behavioural Contracts</li> </ul>	<ul style="list-style-type: none"> <li>Comprehension Quiz for Module 10</li> </ul>
11	<ul style="list-style-type: none"> <li>Module 11: Cognitive Behaviour Therapy, Acceptance and Commitment Therapy and Mindfulness</li> </ul>	<ul style="list-style-type: none"> <li>Independent Assignment</li> </ul>
12	<ul style="list-style-type: none"> <li>Module 12: Addictions</li> </ul>	<ul style="list-style-type: none"> <li>Assignment 6</li> </ul>
13	Special Interest Topics: Depression, Anxiety, Bipolar Disorder, Anger and De-escalation, Relationships, Gaming, Ecotherapy, PTSD and psychedelic therapy	<ul style="list-style-type: none"> <li>Special Interest Topic 1 in Discussions</li> </ul>
14	Cont'd	<ul style="list-style-type: none"> <li>Special Interest Topic 2 in Discussions</li> </ul>

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced notice is required. Deadlines can be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

## EVALUATION OF LEARNING

DESCRIPTION	WEIGHTING
<b>Discussion Post about Procrastination and Academic Integrity</b> – details online	2%
<b>Comprehension Quizzes:</b> These are brief, open book quizzes to test your basic comprehension of the material. There are six of these in total. The top five scores count for 4% each toward your final grade	20%

DESCRIPTION	WEIGHTING
<b>Assignments:</b> There will be 6 of these in total asking you to apply behavioural concepts to a case study (observations in field, case files, your own behavior, etc.). They take approximately 1 hour to complete. The top five scores count for 11% each toward your final grade.	55%
<b>Independent Assignment:</b> This will ask you to analyze your own behaviour, goals and plans through the lens of Acceptance and Commitment Therapy. Details will be provided online. Worth 15% of your final grade	15%
<b>Special Interest Topics:</b> The last section will contain special interest articles on a number of subjects, ranging in topic from mental health to relationships, to sleep issues. You'll be asked to read any two of these that you find personally interesting and to contribute some observations and questions that came up for you while you were reading, as well as information on one additional research source that covers this topic. These will be submitted to an online group discussion. Each of these contributions will be worth 4%, for a total of 8% from special interest discussions. More information on the format of these contributions will be found in the discussion forum called "Discussion 2 and 3"	8%
<b>TOTAL</b>	100%

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information.  
<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

## COURSE GUIDELINES & EXPECTATIONS

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The final due date for all material is Monday, April 18<sup>th</sup>, 2022 by 11:59 PM. While this course is asynchronous, it is important to set a pace that is both flexible and steady. I will check in with you throughout the term to see how you're doing and to give support where needed. Three to four modules per month will allow you to finish right on time, and to receive regular feedback on your assignments, to ensure you are understanding the material. Please don't hesitate to let me know if you need any support or clarification. I'm here to help!

## SCHOOL OR DEPARTMENTAL INFORMATION

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## STUDENT RESPONSIBILITY

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Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

## SUPPORTS AND SERVICES FOR STUDENTS

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Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Academic Advising	<a href="http://camosun.ca/advising">http://camosun.ca/advising</a>
Accessible Learning	<a href="http://camosun.ca/accessible-learning">http://camosun.ca/accessible-learning</a>
Counselling	<a href="http://camosun.ca/counselling">http://camosun.ca/counselling</a>
Career Services	<a href="http://camosun.ca/coop">http://camosun.ca/coop</a>
Financial Aid and Awards	<a href="http://camosun.ca/financialaid">http://camosun.ca/financialaid</a>
Help Centres (Math/English/Science)	<a href="http://camosun.ca/help-centres">http://camosun.ca/help-centres</a>
Indigenous Student Support	<a href="http://camosun.ca/indigenous">http://camosun.ca/indigenous</a>
International Student Support	<a href="http://camosun.ca/international/">http://camosun.ca/international/</a>
Learning Skills	<a href="http://camosun.ca/learningskills">http://camosun.ca/learningskills</a>
Library	<a href="http://camosun.ca/services/library/">http://camosun.ca/services/library/</a>
Office of Student Support	<a href="http://camosun.ca/oss">http://camosun.ca/oss</a>
Ombudsperson	<a href="http://camosun.ca/ombuds">http://camosun.ca/ombuds</a>
Registration	<a href="http://camosun.ca/registration">http://camosun.ca/registration</a>
Technology Support	<a href="http://camosun.ca/its">http://camosun.ca/its</a>
Writing Centre	<a href="http://camosun.ca/writing-centre">http://camosun.ca/writing-centre</a>

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

### Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

### Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

### Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

### Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

### Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

### Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

### Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the "Attendance" section under "Registration Policies and Procedures" (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

### Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit

<http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

### Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and [camosun.ca/sexual-violence](http://camosun.ca/sexual-violence). To contact the Office of Student Support: [oss@camosun.ca](mailto:oss@camosun.ca) or by phone: 250-370-3046 or 250-3703841

### Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

**Changes to this syllabus:** Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.