

COURSE SYLLABUS



COURSE TITLE: PSYC-164-Behavior Management

CLASS SECTION: 001

TERM: Winter 2025

COURSE CREDITS: 3

DELIVERY METHOD(S): Face-to-face lecture supported by D2L

COURSE MEETING INFO: Mondays and Wednesday from 11:30 to 12:50 PM in Fisher 306

Camosun College respectfully acknowledges that our campuses are situated on the territories of the Ləkʷəŋən (Songhees and Kosapsum) and WSÁNEĆ peoples. We honour their knowledge and welcome to all students who seek education here.

INSTRUCTOR DETAILS

NAME: Kristina Andrew, M. Sc.

EMAIL: andrew@camosun.ca

OFFICE: Fisher 312 (Lansdowne Office)

HOURS: Mondays and Wednesdays (1:00-1:30 pm) or by appointment. If this time conflicts with your schedule, please reach out to schedule an alternative meeting time with me. I will be available for virtual or in-person office hours as necessary.

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

Basic learning principles are applied to everyday problems. How to deal effectively with such diverse situations as bed-wetting, tantrums, noncompliance, stealing and lying in children; adult problems such as obesity, smoking, incompatibility in marriage, headaches and phobias are considered. Learning is achieved through group discussion and creative role-play situations.

PREREQUISITE(S):

One of:

- C in English 12
- C in Camosun Alternative

CO-REQUISITE(S):

See Pre-requisites

EXCLUSION(S):

Not Applicable

COURSE LEARNING OUTCOMES / OBJECTIVES

Upon completion of this course a student will be able to:

1. Define and diagram procedures used in behaviour analysis.
2. Explain the advantages and/or disadvantages of choosing a specific behavioural modification procedure when given a case example of behaviour.
3. Describe ethical considerations when choosing to use any behaviour modification procedure.
4. Explain single-subject research design and how the various methodologies meet or fail to meet the rules of scientific inquiry.
5. Analyze and describe the behavioural procedures used in a variety of research and applied examples.
6. Write an APA style research paper reviewing current research in behaviour analysis.

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

1. Recommended Text:
Miltnerberger, R. G. (2016). *Behaviour modification: Principles and procedures* (6th ed.) Cengage.
2. Supplemental information will be posted on D2L.

COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

WEEK	LECTURE TOPIC	ASSIGNMENTS AND QUIZZES
Jan. 6 th & Jan. 8 th	Course Introduction and Topic 1: Intro to Behaviour Modification (Optional reading: Chapter 1)	<ul style="list-style-type: none">• Getting to Know You Activity submitted via D2L Survey tool Due: January 8th at 11:59 PM• Introduction and Course Syllabus Quiz completed using D2L Quizzes tool Due: January 11th at 11:59 PM• Welcome Checklist completed using D2L Checklist tool Due: January 11th at 11:59 PM
Jan. 13 th	Topic 2: Observing, Recording, and Graphing Behaviour (Optional reading: Chapters 2 and 3)	Assignment 1 Due: Jan 13 th
Jan. 15 th	Topic 3: Functional Assessments (Optional reading: Chapter 13)	
Jan. 20 th	Topic 3: Functional Assessments (Optional reading: Chapter 13)	
Jan. 22 nd		Comprehension Quiz 1: Topics 1, 2, and 3
Jan. 27 th	Lecture 4: Reinforcement (Optional reading: Chapter 4)	
Jan. 29 th	Lecture 4: Reinforcement (Optional reading: Chapter 4)	

WEEK	LECTURE TOPIC	ASSIGNMENTS AND QUIZZES
Feb. 3 rd	Lecture 5: Punishment, Extinction, and Differential Reinforcement (Optional reading: Chapters 5, 6, 14, 15, 17 and 18)	
Feb. 5 th	Lecture 5: Punishment, Extinction, and Differential Reinforcement (Optional reading: Chapters 5, 6, 14, 15, 17 and 18)	
Feb 10 th	Operant Conditioning Jeopardy Review	Assignment 2 Due: Feb. 10 th
Feb.12 th		Comprehension Quiz 2: Topics 4 and 5
Feb. 17 th & Feb. 19 th	Family Day & Reading Break	
Feb. 24 th	Topic 6: Stimulus Control, Prompting, and Fading (Optional reading: Chapters 7 and 10)	
Feb. 26 th	Topic 6: Stimulus Control, Prompting, and Fading (Optional reading: Chapters 7 and 10)	
Mar. 3 rd	Topic 7: Shaping and Chaining (Optional reading: Chapter 9 and 11)	
Mar. 5 th		Assignment 3 Due: Mar. 5 th
Mar. 10 th		Comprehension Quiz 3: Topics 6 and 7
Mar. 12 th	Topic 8: Antecedent Control Procedures (Optional reading: Chapter 16)	
Mar. 17 th	Topic 9: Respondent Conditioning, and Fear and Anxiety Reduction Procedures (Optional reading: Chapter 8 and 24)	
Mar. 19 th		Comprehension Quiz 4: Topics 8 and 9
Mar. 24 th	Topic 10: Introduction to Cognitive Behaviour Modification (Optional reading: Chapter 25)	
Mar. 26 th	Topic 11: Self-Management, Habit Reversals, Token Economy, and Behavioural Contracts (Optional reading: Chapter 20, 21, 22, and 23)	Values Activity Due: Mar. 23 rd
Mar. 31 st	Research Project	Comprehension Quiz 5: Topics 10 and 11
Apr. 2 nd	Research Project	
Apr. 7 th	Research Project	
Apr. 9 th	Research Project	Research Project Due: Wednesday, Apr. 9 th

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced notice is required. Deadlines can be reviewed on the [CAL exams page. https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams](https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams)

EVALUATION OF LEARNING

DESCRIPTION	WEIGHTING
Start Here Module Activities - The Start Here module on D2L includes three activities (1% each): Getting to Know You Activity, Introduction and Course Syllabus Quiz (includes PowerPoint Activity), and Welcome Checklist. These activities will be completed on D2L using the Survey, Quizzes, and Checklist tool, respectively. See course schedule for due dates.	3%
Comprehension Quizzes - Five quizzes (7% each) will assess your understanding of the lecture material, assignments, readings, and in-class activities. Instructions will be provided in class. See course schedule for due dates and topics covered on each quiz.	35%
Lecture Activities - brief in-class activities given during lecture time; provided periodically throughout the semester at unscheduled times	15%
Lecture Assignments – These team assignments assess your understanding of the course material and your ability to apply course concepts to novel examples. Instructions will be provided in class and posted on D2L. See course schedule for due dates.	27%
Research Project – This team project assesses your ability to integrate, analyze, and apply concepts presented throughout the course. Portions of this paper will be completed throughout the semester both during class time and outside of class time. Instructions will be provided in class and posted on D2L. See course schedule for due dates.	15%
Values Activity - This reflection activity reinforces concepts covered in the cognitive behaviour modification lecture on Acceptance and Commitment Theory. A description of the activity and requirements will be provided in class and posted on D2L. See course schedule for due dates.	5%
TOTAL	100%

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals policy](https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf) (<https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf>) for more information.

COURSE GUIDELINES & EXPECTATIONS

Getting Help

What's most important to me is that you have the support you need to fully engage in our work together. I see you as a human first, and student second. That means that I care both about your well-being, and your success--however you define that. Navigating an online asynchronous class can sometimes feel challenging, but remember, you are not alone. Here are some guidelines and expectations to help you feel supported and confident as you progress through the course:

- **Basic Needs Come First:** If you are facing challenges securing food or shelter, please reach out to the [Camosun College Student Society](#) and [Financial Aid and Awards Office](#). They have resources to help. And if you feel overwhelmed or unsure of how to deal with life's challenges, I encourage you to reach out to [Counselling Centre](#). Help is available.

- **Accessibility is a Key:** In designing this course, I've tried to remove as many barriers as possible. That said, please let me know if you are facing challenges and I'll do my best to adjust. If you have a documented disability and require official supports, I encourage you to reach out to the [Centre for Accessible Learning](#) to ensure your Accommodation letter is shared with me.
- **Reach Out Early and Often:** Asking for help is GOOD! It shows that you are aware of what you need and that you want to take some control of your life and education. If you find yourself struggling with course material, assignments, or balancing your workload, please reach out to me as soon as possible. The sooner we can address any concerns, the more options we have to support your learning. There's no need to wait until things become overwhelming—I'm here to help at any point.
- **Office Hours:** I hold regular office hours specifically for you to ask questions, discuss course content, or just check in. This is a space where you can access one-on-one support, and I encourage you to take advantage of it. If my office hours don't fit your schedule, let me know, and we can arrange a time that works for you.
- **No Question is Too Small:** Please remember, there are no "silly" questions. Everybody struggles with the course material at some point or another. It's totally expected. Don't let things snowball. Whether you're unsure about an assignment detail, how to navigate the D2L course, or just need clarification on something, I'm here to help. Your learning experience matters, and asking questions is an important part of that process. It's easier to deal with difficulties earlier rather than later. And keep in mind, the problem may not have anything to do with you; it may be an error in the course and you're the first person to discover it.
- **Communication is Key:** Life can be unpredictable, and sometimes things come up that affect your ability to participate in the course as planned. Please keep me informed if you're facing any difficulties. We can work together to find a way forward that considers your circumstances and supports your academic journey.

Attendance

While attendance is not graded in this course, your presence, punctuality, and active participation are key to your success. In-class lecture assignments and activities make up a significant portion of your final grade, and these are often completed collaboratively with your team.

Consistent attendance and arriving on time ensure you don't miss valuable opportunities to contribute to your team's work and build the knowledge and skills needed for success. Missing class—or arriving late—means missing the chance to complete in-class lecture assignments and activities, which cannot be made up. More importantly, frequent absences or late arrivals may place extra strain on your team and affect the group's ability to complete assignments successfully.

This course is designed to foster collaboration, mutual support, and shared growth. Your contributions matter—not just for your learning but for the learning of others. If challenges arise that may impact your ability to attend, please reach out so we can work together to find solutions. Your success and well-being are important to me.

Teamwork and Class Preparation

This course is designed to be a collaborative and student-centered learning experience. A key component of your success will come from working closely with your peers. You'll be part of a team, and time will be provided during class for team-based work that allows you to exchange ideas, challenge assumptions, and refine your understanding of course concepts together.

While lectures will provide important context, what truly matters in this course is your ability to analyze and apply what you learn. Team activities and assignments are intentionally designed to give you the chance to compare your perspectives with those of your peers, deepening your critical thinking and problem-solving skills.

To make the most of these learning opportunities, preparation outside of class is essential. I recommend dedicating 4–6 hours each week to reviewing notes, completing assigned readings, and reflecting on the material. Coming to class with a foundational understanding will ensure you're ready to engage fully in the activities and assignments.

Late Policy

Participation in this course is essential for your success and the collective learning experience. Submitting work on time allows me to provide prompt feedback, which supports your learning and keeps you on track. While timely participation and submissions are strongly encouraged, I understand that unexpected challenges can arise.

If you anticipate any difficulties meeting deadlines, please reach out as early as possible so we can find a solution together (minimum *48 hours in advance*). My goal is to support your progress and well-being through open dialogue and mutual trust. While fairness is crucial, it doesn't mean everyone must do everything at the same time—extensions may be granted *when it doesn't impact others*.

Late submissions may be accepted with *prior* communication, but consistent lateness may affect your grade. Remember, your engagement benefits everyone, so let's work together to maintain a positive and supportive learning environment.

Generative Artificial Intelligence (GenAI)

I am excited about the possibilities and opportunities that GenAI presents for enhancing our learning experience and everyday lives. However, it is important to recognize the limitations and ethical considerations associated with its use.

GenAI tools can produce impressive outputs but using them effectively requires expertise to critically evaluate the quality and accuracy of their results. The responsibility that comes with using these tools is significant and often overlooked. It's crucial to use them thoughtfully and ethically.

If you believe that GenAI tools could support your learning in this course (e.g., Grammarly, Quillbot, ChatGPT, Co-pilot, Notebook.ai, etc.), I encourage you to reach out to me and to review [Artificial Intelligence: A Guide for Students](#). We can discuss how to integrate these tools into your coursework in a way that supports your learning and aligns with the [Acceptable Technology Use Policy](#) and [Academic Integrity Policy](#). *Prior approval is required* for using these tools in this course, and I am here to help ensure that their use is both beneficial and appropriate.



This section of the course syllabus was thoughtfully adapted from [Introduction to Interdisciplinary Studies by Dr. Matthew Cheney](#) licensed under a [Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International License](#).

SCHOOL OR DEPARTMENTAL INFORMATION

Associate of Arts Degree in Psychology

Interested in pursuing a career in psychology. You may be interested in the Associate of Arts Degree in Psychology: <https://camosun.ca/programs-courses/find-program/psychology-associate-arts-degree>

Camosun Psychology Club Information

All students are welcome to join the Camosun Psychology Club. Please contact the Student Society's Club Coordinator, Tagg Kelt (keltt@camosun.ca) for more information.

Co-operative Education & Career Services

Access information about exciting co-op and internships: <https://camosun.ca/services/co-operative-education-and-career-services/contact-co-operative-education-and-career>

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit camosun.ca/services.

Support Service	Website
Academic Advising	camosun.ca/services/academic-supports/academic-advising
Accessible Learning	camosun.ca/services/academic-supports/accessible-learning
Counselling	camosun.ca/services/health-and-wellness/counselling-centre
Career Services	camosun.ca/services/co-operative-education-and-career-services
Financial Aid and Awards	camosun.ca/registration-records/financial-aid-awards
Help Centres (Math/English/Science)	camosun.ca/services/academic-supports/help-centres
Indigenous Student Support	camosun.ca/programs-courses/iecc/indigenous-student-services
International Student Support	camosun.ca/international
Learning Skills	camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills
Library	camosun.ca/services/library
Office of Student Support	camosun.ca/services/office-student-support
Ombudsperson	camosun.ca/services/ombudsperson

Support Service	Website
Registration	camosun.ca/registration-records/registration
Technology Support	camosun.ca/services/its
Writing Centre	camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

Academic Integrity

Students are expected to comply with all College policy regarding academic integrity; which is about honest and ethical behaviour in your education journey. The following guide is designed to help you understand your responsibilities: <https://camosun.libguides.com/academicintegrity/welcome>
Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.13.pdf> for Camosun's Academic Integrity policy and details for addressing and resolving matters of academic misconduct.

Academic Accommodations for Students with Disabilities

Camosun College is committed to achieving full accessibility for persons with disabilities. Part of this commitment includes arranging appropriate academic accommodations for students with disabilities to ensure they have an equitable opportunity to participate in all of their academic activities. If you are a student with a documented disability and think you may need accommodations, you are strongly encouraged to contact the Centre for Accessible Learning (CAL) and register as early as possible. Please visit the CAL website for more information about the process of registering with CAL, including important deadlines: <https://camosun.ca/cal>

Academic Progress

Please visit <https://camosun.ca/sites/default/files/2023-02/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <https://camosun.ca/registration-records/tuition-fees#deadlines>.

Grading Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal (see [Medical/Compassionate Withdrawals policy](#)). Please visit <https://camosun.ca/services/forms#medical> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence Policy: <https://camosun.ca/sites/default/files/2021-05/e-2.9.pdf> and camosun.ca/services/sexual-violence-support-and-education.

To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-370-3841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <https://camosun.ca/sites/default/files/2021-05/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

Looking for other policies?

The full suite of College policies and directives can be found here: <https://camosun.ca/about/camosun-college-policies-and-directives>

Changes to this Syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.