

# COURSE SYLLABUS



COURSE TITLE: PSYC-164: Behavior Management

CLASS SECTION: 001

TERM: Summer 2022

COURSE CREDITS: 3

DELIVERY METHOD(S): Face-to-face lecture supported by D2L

COURSE MEETING INFO: Tuesdays and Thursdays from 9:30 to 12:20 PM in Fisher 338

Camosun College campuses are located on the traditional territories of the Lək̓ʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.

Learn more about Camosun's [Territorial Acknowledgement](#).

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For COVID-19 information please visit <https://legacy.camosun.ca/covid19/index.html>.

*Camosun College requires mandatory attendance for the first-class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.*

## INSTRUCTOR DETAILS

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NAME: Kristina Andrew, M.Sc.

EMAIL: [andrew@camosun.ca](mailto:andrew@camosun.ca)

PHONE: 250-415-2709

OFFICE: Fisher 312

OFFICE HOURS: Tuesdays and Thursdays 12:30-1:30PM. If this time conflicts with your schedule, please contact me to arrange an alternative time to meet. I'm more than happy to setup a time to meet online (in Collaborate) or on the phone.

*As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.*

## CALENDAR DESCRIPTION

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Basic learning principles are applied to everyday problems. How to deal effectively with such diverse situations as bed-wetting, tantrums, noncompliance, stealing and lying in children; adult problems such as obesity, smoking, incompatibility in marriage, headaches and phobias are considered. Learning is achieved through group discussion and creative role-play situations.

### PREREQUISITE(S):

One of:

- C in English 12
- C in Camosun Alternative

### CO-REQUISITE(S):

See Pre-requisites

### EXCLUSION(S):

Not Applicable

## COURSE LEARNING OUTCOMES / OBJECTIVES

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Upon completion of this course a student will be able to:

1. Define and diagram procedures used in behaviour analysis.
2. Explain the advantages and/or disadvantages of choosing a specific behavioural modification procedure when given a case example of behaviour.
3. Describe ethical considerations when choosing to use any behaviour modification procedure.
4. Explain single-subject research design and how the various methodologies meet or fail to meet the rules of scientific inquiry.
5. Analyze and describe the behavioural procedures used in a variety of research and applied examples.
6. Write an APA style research paper reviewing current research in behaviour analysis.

## REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

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1. Recommended Text:  
Miltenberger, R. G. (2016). *Behaviour modification: Principles and procedures* (6th ed.) Cengage.
2. Supplemental information will be posted on D2L.

## COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

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The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

MODULE # & LECTURE DATE	LECTURE TOPIC	ASSIGNMENTS AND QUIZZES (Due Dates)
Module 1: July 5 <sup>th</sup>	Course Introduction and <b>Lecture 1-Part I:</b> Intro to Behaviour Modification (Optional reading: Chapter 1)	<ul style="list-style-type: none"><li>• <b>Getting to Know You Activity</b> submitted via D2L Assignment tool Due: July 9<sup>th</sup> at 11:59 PM</li><li>• <b>Introduction and Course Syllabus Quiz</b> completed using D2L Quizzes tool Due: July 9<sup>th</sup> at 11:59 PM</li><li>• <b>Welcome Checklist</b> completed using D2L Checklist tool No Due Date - Recommended activity</li></ul>
Module 2: July 7 <sup>th</sup>	<b>Lecture 1-Part II:</b> Intro to Behaviour Modification Continued (Optional reading: Chapter 1)	
Module 3: July 12 <sup>th</sup>	<b>Lecture 2:</b> Observing, Recording, and Graphing Behaviour (Optional reading: Chapters 2 and 3)	<ul style="list-style-type: none"><li>• <b>Assignment 1</b> Due: July 16<sup>th</sup> at 11:59 PM</li></ul>
Module 4: July 14 <sup>th</sup>	<b>Lecture 3:</b> Functional Assessments (Optional reading: Chapter 13)	<ul style="list-style-type: none"><li>• <b>Comprehension Quiz 1</b> Due: July 16<sup>th</sup> at 11:59 PM Covers <b>Lectures 1, 2, and 3</b></li></ul>

MODULE # & LECTURE DATE	LECTURE TOPIC	ASSIGNMENTS AND QUIZZES (Due Dates)
Module 5: July 19 <sup>th</sup>	<b>Lecture 4:</b> Reinforcement (Optional reading: Chapter 4)	<ul style="list-style-type: none"> <li>• <b>Assignment 2</b> Due: July 23<sup>rd</sup> at 11:59 PM</li> </ul>
Module 6: July 21 <sup>st</sup>	<b>Lecture 5:</b> Punishment, Extinction, and Differential Reinforcement (Optional reading: Chapters 5, 6, 14, 15, and 17)	<ul style="list-style-type: none"> <li>• <b>Comprehension Quiz 2</b> Due: July 23<sup>rd</sup> at 11:59 PM Covers <b>Lectures 4 and 5</b></li> </ul>
Module 7: July 26 <sup>th</sup>	Research Paper Overview (Important to attend)	
Module 8: July 28 <sup>th</sup>	<b>Lecture 6:</b> Stimulus Control, Prompting, and Fading (Optional reading: Chapters 7 and 10)	<ul style="list-style-type: none"> <li>• <b>Comprehension Quiz 3</b> Due: July 30<sup>th</sup> at 11:59 PM Covers <b>Lecture 6</b></li> </ul>
Module 9: Aug 2 <sup>nd</sup>	<b>Lecture 7:</b> Shaping and Chaining (Optional reading: Chapter 9 and 11)	<ul style="list-style-type: none"> <li>• <b>Assignment 3</b> Due: Aug 6<sup>th</sup> at 11:59 PM</li> </ul>
Module 10: Aug 4 <sup>th</sup>	<b>Lecture 8:</b> Antecedent Control Procedures (Optional reading: Chapter 16)	
Module 11: Aug 9 <sup>th</sup>	<b>Lecture 9:</b> Respondent Conditioning, and Fear and Anxiety Reduction Procedures (Optional reading: Chapter 8 and 24)	<ul style="list-style-type: none"> <li>• <b>Comprehension Quiz 4</b> Due: Aug 13<sup>th</sup> at 11:59 PM Covers <b>Lectures 7, 8, and 9</b></li> </ul>
Module 12: Aug 11 <sup>th</sup>	<b>Lecture 10:</b> Self-Management, Habit Reversals, Token Economy, and Behavioural Contracts (Optional reading: Chapter 20, 21, 22, and 23)	
Module 13: Aug 16 <sup>th</sup>	<b>Lecture 11:</b> Introduction to Cognitive Behaviour Modification (Optional reading: Chapter 25)	
Module 14: Aug 18 <sup>th</sup>	Paper Review and Course Wrap-up	<ul style="list-style-type: none"> <li>• <b>Research Paper</b> Due: FRIDAY, August 19<sup>th</sup></li> <li>• <b>Comprehension Quiz 5</b> Due: TBA – During Final Exam Period Covers <b>Lectures 10 and 11</b></li> </ul>

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced notice is required. Deadlines can be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html) (link: <http://camosun.ca/services/accessible-learning/exams.html>)

EVALUATION OF LEARNING

DESCRIPTION	WEIGHTING
<p><b>Course Introduction and Orientation Module Activities</b> – The Start Here module includes two activities (1.5% each): Getting to Know You Activity and Introduction and Course Syllabus Quiz (includes PowerPoint Activity). These activities will be completed on D2L using the Assignment tool and Quizzes tool, respectively. Both activities are due Saturday, July 9<sup>th</sup> at 11:59 PM.</p>	3%
<p><b>Comprehension Quizzes</b> – Five quizzes (10 % each) will assess your understanding of the lecture material, assignments, and class activities. The quizzes will be completed using the Quizzes Tool in D2L. See course schedule for due dates and topics covered on each quiz.</p>	50%
<p><b>Assignments</b> – Three learning assignments will assess your understanding of the course material and your ability to apply course concepts to novel examples. Instructions will be provided in class and posted on D2L.</p>	27%
<p><b>Final Paper</b> – This paper will assess your ability to integrate, analyze, and apply concepts presented throughout the course. Portions of this paper will be completed throughout the semester both during class time and outside of class time. Instructions will be provided in class and posted on D2L. The paper is due Friday, August 19<sup>th</sup> at 11:59 PM.</p>	15%
<p><b>Values Activity</b> – This reflection activity reinforces concepts covered in the cognitive behaviour modification lecture on Acceptance and Commitment Theory. A description of the activity and requirements are posted in the assignment submission folder instructions. This activity is due Friday, August 19<sup>th</sup> at 11:59 PM (submissions accepted without late penalty until Saturday, August 20<sup>th</sup> at 11:59 PM).</p>	5%
<p><b>TOTAL</b></p>	100%

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information (link: <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>).

## COURSE GUIDELINES & EXPECTATIONS

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1. Academic Integrity: You are responsible for following the College's Student Academic Integrity policy as outlined on the Camosun College website: <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf>
2. Missed Lecture: I believe participation and attendance in lecture are very important. If you need to miss a lecture, please ensure you check the News section of our D2L course within 24 hours of the missed lecture for important notifications. Also, it is a good idea to check-in with your "Cool Classmate" if you miss a lecture.
3. Due Dates: You are expected to submit all assignments and complete all quizzes before the posted due dates. Please schedule your time accordingly. Despite your best intentions, I appreciate that unforeseen events can happen that may be outside your control. If you anticipate that you will need an extension for a quiz or assignment, please contact me by email at least 24 hours before the posted due date. Extensions are only approved once you have received email confirmation from me. If you miss a quiz or assignment due to an extenuating circumstance (e.g., illness, family emergency) you must contact me by email within 24 hours of the due date to be eligible for a makeup assignment or quiz without penalty (I reserve the right to request documentation verifying your excused absence).
4. Make-ups: Please think of every quiz and lab activity as your best opportunity to improve your grade. There are no additional activities offered to increase grades in this course. Students are responsible for ensuring that their academic goals are reached as they move through the course.
5. Grades: You are responsible for regularly monitoring your grades on D2L throughout the semester. If there is a discrepancy in one of your grades, you are concerned about your course standing, or you have a question about the grading of an assignment or quiz, please email me to setup a meeting as soon as possible to discuss your concern.
6. Original Independent Work: For individual assignments and quizzes, only submit work that was completed entirely by yourself. If you want to work cooperatively with someone else, please ask for permission ahead of time. For approved group work, it is expected that all students will contribute evenly to the final product.
7. Quizzes: You are not allowed to share or discuss quiz questions and answers with other individuals. If you have a question about a quiz or want to review your quiz, I invite you to call me or to setup a meeting. I'm happy to answer your questions.
8. Recordings: You may not use recording devices in the classroom without prior permission of the instructor. Approved recordings made in class are for the student's personal use only and distribution of recorded material is prohibited.
9. Emails: To facilitate a timely response, please include your *course number* (PSYC 164), *section number* (001), and *topic of your question* in the subject line of your email. In the body of your email, please include your first and last names (preferred name if applicable). If you send an email and do not receive a reply within 24 hours, I encourage you to follow-up with a second email or phone call.
10. Communication: You are responsible for regularly checking the News items on the course D2L homepage (every one to two days), ensuring D2L email forwarding is setup so you receive course emails (instructions are included in the Welcome Checklist), responding to emails in a timely fashion, and contacting me if you are struggling or need additional support.

*I am here to support your learning and to facilitate your success in this course. If you have questions or need assistance, please ask! I am more than happy to help.*

## SCHOOL OR DEPARTMENTAL INFORMATION

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### Associate of Arts Degree in Psychology

Interested in pursuing a career in psychology. You may be interested in the Associate of Arts Degree in Psychology: <https://camosun.ca/programs-courses/find-program/psychology-associate-arts-degree>

### Camosun Psychology Club Information

All students are welcome to join the Camosun Psychology Club. Please contact Dr. Michael Pollock if you are interested in attending - [PollockM@camosun.ca](mailto:PollockM@camosun.ca)

### Journal of Camosun Psychology Research

Camosun students can submit their research for publication in the Journal of Camosun Psychology Research: <https://cc.arcabc.ca/islandora/object/cc%3Apsycjournal>

### Co-operative Education & Career Services

Access information about exciting co-op and internships: <https://camosun.ca/services/co-operative-education-and-career-services/contact-co-operative-education-and-career>

## STUDENT RESPONSIBILITY

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Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

## SUPPORTS AND SERVICES FOR STUDENTS

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Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Academic Advising	<a href="http://camosun.ca/advising">http://camosun.ca/advising</a>
Accessible Learning	<a href="http://camosun.ca/accessible-learning">http://camosun.ca/accessible-learning</a>
Counselling	<a href="http://camosun.ca/counselling">http://camosun.ca/counselling</a>
Career Services	<a href="http://camosun.ca/coop">http://camosun.ca/coop</a>
Financial Aid and Awards	<a href="http://camosun.ca/financialaid">http://camosun.ca/financialaid</a>
Help Centres (Math/English/Science)	<a href="http://camosun.ca/help-centres">http://camosun.ca/help-centres</a>
Indigenous Student Support	<a href="http://camosun.ca/indigenous">http://camosun.ca/indigenous</a>
International Student Support	<a href="http://camosun.ca/international/">http://camosun.ca/international/</a>

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Learning Skills	<a href="http://camosun.ca/learningskills">http://camosun.ca/learningskills</a>
Library	<a href="http://camosun.ca/services/library/">http://camosun.ca/services/library/</a>
Office of Student Support	<a href="http://camosun.ca/oss">http://camosun.ca/oss</a>
Ombudsperson	<a href="http://camosun.ca/ombuds">http://camosun.ca/ombuds</a>
Registration	<a href="http://camosun.ca/registration">http://camosun.ca/registration</a>
Technology Support	<a href="http://camosun.ca/its">http://camosun.ca/its</a>
Writing Centre	<a href="http://camosun.ca/writing-centre">http://camosun.ca/writing-centre</a>

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If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

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## COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

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### Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, medical, learning, etc). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

### Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

### Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

### Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

### Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

### Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

### Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the “Attendance” section under “Registration Policies and Procedures” (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

### Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

### Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun’s Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student’s right to choose what is right for them. For more information see Camosun’s Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and [camosun.ca/sexual-violence](http://camosun.ca/sexual-violence). To contact the Office of Student Support: [oss@camosun.ca](mailto:oss@camosun.ca) or by phone: 250-370-3046 or 250-3703841

### Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College’s Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College’s expectations of academic integrity and student behavioural conduct.

**Changes to this syllabus:** Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.