



Course Syllabus

Course title: Variations in Health 3

Class section: PNUR - 136 - X01

Term: 2025S

Course credits: 3

Total hours: 49.5

Delivery method: In-Person

Territorial acknowledgment

Camosun College respectfully acknowledges that our campuses are situated on the territories of the Ləkʷəŋən (Songhees and Kosapsum) and W̱SÁNEĆ peoples. We honour their knowledge and welcome to all students who seek education here.

Instructor details

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Course description

Course Description:

This course focuses on the continuum of care and the development of knowledge related to health challenges managed in the community setting. Pathophysiology and nursing care of clients requiring home health care, rehabilitation, and supportive services in the community are explored. As well, cultural diversity in healing approaches is explored along with the incorporation of evidence-informed research and practice.

Prerequisites:

- COM in PNUR 182

Co-requisites:

All of:

- PNUR 134
- PNUR 135
- PNUR 137
- PNUR 138

Learning outcomes

Upon successful completion of this course a student will be able to:

- Describe the use of the DSM in classification of mental illness.
- Explain several models of psychosocial rehabilitation and recovery.
- Describe physiologic alterations expected in the post partum client.
- Describe the pathophysiology and nursing management of selected childhood illnesses and disabilities.
- Describe the pathophysiology and nursing management of clients with selected mental illness across the lifespan.
- Analyze how culture and cultural safety impact health and healing.
- Describe resources for evidence informed research and practice in delivering care in the context of clients accessing care in community settings.
- Discuss the stigma associated with living with mental illness or physical and/or developmental disability.
- Describe the continuity of care for clients experiencing addiction/s and or concurrent disorders.

- Identify holistic healing practice associated with chronic illness.
- Discuss interprofessional collaboration roles when working with mental health teams.

Course materials

- Canadian Fundamentals of Nursing, 7th Edition (2024) by Astle & Duggleby. Elsevier Canada
- Introduction to Maternity & Pediatric Nursing in Canada, 2nd Edition (2024) by Leifer. Elsevier: Keenan-Lindsay
- Introductory Mental Health Nursing, 5th Edition (2024) by Womble. Wolters Kluwer
- Medical-Surgical Nursing in Canada, 5th Canadian Edition (2023) by Lewis, Bucher, Heitkemper, Harding, Barry, Lok, Tyerman & Goldsworthy. Elsevier Canada
- Pharmacology for Nurses: A pathophysiological Approach, 3rd Canadian Edition (2020) by Adams, Urban et al. Pearson Canada
- Davis's Canadian Drug Guide for Nurses, 19th Edition (2024). Vallerand & Sanoski.
- Canadian Fundamentals of Nursing, 7th Edition (2024) by Astle & Duggleby. Elsevier Canada

Additional resources may be required throughout the term and will be communicated by the course instructor.

Course schedule

| Class | Topic |
|-------|--|
| 1 | Course introduction; Mental Health; Mood Disorders |
| 2 | Anxiety Disorders |
| 3 | Eating Disorders |
| 4 | Substance-related Disorders |
| 5 | Psychotic Disorders and Suicide |
| 6 | Exam #1 |
| 7 | Pathophysiology of Pregnancy, Labour & Delivery |
| 8 | Maternal Health Complications: Placenta Problems and PPH |
| 9 | Maternal Health Complications: Gestational Diabetes & Hypertension |
| 10 | Maternal Health Complications: Post-partum Depression |
| 11 | High-risk Pregnancy & Neonate |
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|----|---|
| 12 | Exam #2 |
| 13 | Childhood Health Disorders: Meningitis, Epilepsy & Brain Injury |
| 14 | Childhood Health Disorders: Down Syndrome, FAS, Autism |
| 15 | Childhood Respiratory Disorders |
| 16 | Childhood Cardiovascular Disorders |
| 17 | Childhood Communicable Diseases |
| 18 | Final Exam |

Assessment and evaluation

| Type | Description | Weight |
|-----------------------------|---|--------|
| Exams (Midterms and finals) | Exam #1 - Content from classes 1-5 inclusive | 30% |
| Exams (Midterms and finals) | Exam #2 - Content from classes 7-11 inclusive | 30% |
| Exams (Midterms and finals) | Final Exam - Includes content from the entire course with a focus on classes not previously tested. | 40% |

Course guidelines and expectations

All evaluation criteria must be met. Students must achieve a minimum final grade of 65% (C+) to pass PNUR 136.

Test and Examination Procedures

There are policies regarding written tests and examination procedures including late arrivals and missed tests. Please see the Health and Human Services Student Manual (Section 5.4) for Test and Examination Procedures: <https://camosun.ca/hshs/student-info/hshs-student-handbook#evaluations>

Written Assignments

Assignments are due before 2400 hours (midnight) on the assigned day unless otherwise specified. Assignments about patients or clients must be completed using the individual's initials only. Unless otherwise directed by individual course outlines, assignments must meet APA 7th edition requirements with

a title page and a reference list. Students requiring an extension for an assignment's due date must negotiate with the instructor at least 48 hours before the due date. Assignments submitted late without an approved extension will result in a 5% mark deduction for each day late. Assignments submitted more than 3 days late may not be accepted without previous approval by the instructor

The use of Generative AI, unless explicitly stated by the instructor, is prohibited for any assignment and will be considered academic misconduct if used.

School or departmental information

Students are required to read and are accountable for the College policies (outlined below) and practicum guidelines as described in the School of Health and Human Services (HHS) and program handbooks.

[PN Program Handbook](#)

[School of Health and Human Services \(HHS\)](#)

[HHS Handbook](#)

College policies and student responsibilities

The college expects students to be responsible, respectful members of the college community. Responsible students meet expectations about attendance, assignments, deadlines, and appointments. They become familiar with academic policies and regulations, and their rights and responsibilities.

College policies are available online at the [Policies and Directives](#) page. Academic regulations are detailed on the [Academic Policies and Procedures for Students](#) page.

Policies all students should be familiar with include the [Academic Integrity Policy](#). This policy expects students to be honest and ethical in all aspects of their studies. It defines plagiarism, cheating, and other forms of academic dishonesty. Infractions of this policy can result in loss of marks or a failing grade. To learn more about plagiarism and cheating, including the use of artificial intelligence, review the [Academic Integrity Guide](#).

The [Academic Accommodations for Students with Disabilities Policy](#) defines how Camosun provides appropriate and reasonable academic accommodations. The Centre for Accessible Learning (CAL) coordinates academic accommodations. Students requiring academic accommodations should

request and arrange accommodations through CAL. Contact CAL at least one month before classes start to ensure accommodations can be put in place in time. Accommodations for quizzes, tests, and exams must follow CAL's booking procedures and deadlines. More information is available on the [CAL website](#).

Students must meet the grading and promotion standards to progress academically. More information is available in the [Grading Policy](#).

The college uses two grading systems. A course will either use the standard letter grade system (A+ to F) or a competency-based approach with grades of complete, completed with distinction or not completed. Visit the [Grades/GPA page](#) for more information.

Students must meet the college's academic progress standards to continue their studies. A student is not meeting the standards of progress when a GPA falls below 2.0. The college offers academic supports for students at risk of not progressing. The [Academic Progress Policy](#) provides more details.

If you have a concern about a grade, contact your instructor as soon as possible. The process to request a review of grades is outlined in the [Grade Review and Appeals Policy](#).

The [Course Withdrawals Policy](#) outlines the college's requirements for withdrawing from a course. Consult the [current schedule](#) of deadlines for fees, course drop dates, and tuition refunds.

If students experience a serious health or personal issue, they may be eligible for a [medical or compassionate withdrawal](#). The [Medical/Compassionate Withdrawal Request Form](#) outlines what is required.

The [Acceptable Technology Use](#) policy ensures the use of the college network and computers contribute to a safe learning environment. This policy also applies to the use of personal devices with the college network.

Students experiencing sexual violence can get support from the Office of Student Support. This Office of Student support is a safe and private place to discuss supports and options. More information is available on the [sexual violence support and education site](#). Students can email oss@camosun.ca or phone 250-370-3046 or 250-370-3841.

The [Student Misconduct Policy](#) outlines the college's expectations of conduct. Students should behave to contribute to a positive, supportive, and safe learning environment.

The [Ombudsperson](#) provides an impartial, independent service to help students understand college policies.

Services for students

Successful students seek help and access college services. These services are recommended to make the most of your time at college.

Services for Academic Success

- [Career Lab](#): Connects students with work-integrated learning experiences, including co-op placements and career fairs.
- [English, Math, and Science Help Centres](#): Get one-on-one help with homework.
- [Library](#): Get help with research, borrow materials, and access e-journals and e-books. Libraries at both campuses provide computers, individual and group study spaces.
- [Makerspace](#): A place to innovate, collaborate, and learn new skills and technology in a fun, dynamic, inclusive environment.
- [Writing Centre & Learning Skills](#): Get assistance with academic writing or meet with a learning skills specialist for help with time management, preparing for exams, and study skills.

Enrolment, Registration, and Records

- [Academic Advising](#): Talk to an academic advisor for help with program planning.
- [Financial Aid and Awards](#): Learn about student loans, bursaries, awards, and scholarships.
- [Registration](#): Get information about Camosun systems, including myCamosun, and college policies and procedures.
- [Student Records](#): Get verification of enrolment to access funding, request a transcript, or credential.

Wellness and Cultural Supports

- [Counselling](#): It's normal to feel overwhelmed or unsure of how to deal with life's challenges. The college's team of professional counsellors are available to support you to stay healthy. Counselling is free and available on both campuses. If you need urgent support after-hours, contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.
- [Centre for Indigenous Education and Community Connections](#): Provides cultural and academic supports for Indigenous students.
- [Camosun International](#): Provides cultural and academic supports for international students.
- [Fitness and Recreation](#): Free fitness centres are located at both campuses.

For a complete list of college services, see the [Student Services](#) page.

Changes to this syllabus

Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change the course content or schedule. When changes are necessary the instructor will give clear and timely notice.