

# CLASS SYLLABUS



COURSE TITLE: PNUR 136 Variations in Health 3  
CLASS SECTION: X01  
TERM: S2024  
COURSE CREDITS: 3

Camosun College campuses are located on the traditional territories of the Ləkʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here. Learn more about Camosun's [Territorial Acknowledgement](#).

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*Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.*

## INSTRUCTOR DETAILS

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NAME: Caitlan Gau  
EMAIL: [GauC@camosun.ca](mailto:GauC@camosun.ca)  
OFFICE: CHW 317  
HOURS: By Appointment

*As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.*

## CALENDAR DESCRIPTION

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This course focuses on the continuum of care and the development of knowledge related to health challenges managed in the community setting. Pathophysiology and nursing care of clients requiring home health care, rehabilitation, and supportive services in the community are explored. As well, cultural diversity in healing approaches is explored along with the incorporation of evidence-informed research and practice.

PREREQUISITE(S): COM in PNUR 182  
CO-REQUISITE(S): PNUR 134, PNUR 135, PNUR 137, PNUR 138

## COURSE DELIVERY

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ACTIVITY	HOURS / WEEK	# OF WEEKS	ACTIVITY HOURS
Lecture	4.5	11	
		<b>TOTAL HOURS</b>	<b>49.5</b>

## COURSE LEARNING OUTCOMES / OBJECTIVES

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Upon successful completion of this course a student will be able to:

- a) describe the use of the DSM in classification of mental illness.
- b) explain several models of psychosocial rehabilitation and recovery.
- c) describe physiologic alterations expected in the post partum client.
- d) describe the pathophysiology and nursing management of selected childhood illnesses and disabilities.
- e) describe the pathophysiology and nursing management of clients with selected mental illness across the lifespan.
- f) analyze how culture and cultural safety impact health and healing.
- g) describe resources for evidence informed research and practice in delivering care in the context of clients accessing care in community settings.
- h) discuss the stigma associated with living with mental illness or physical and/or developmental disability.
- i) describe the continuity of care for clients experiencing addiction/s and or concurrent disorders.
- j) identify holistic healing practice associated with chronic illness.
- k) discuss interprofessional collaboration roles when working with mental health teams.

## REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

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**Canadian Fundamentals of Nursing**, 7<sup>th</sup> Edition (2024) by Potter, Perry, Stockert & Hall. Elsevier Canada  
**Medical-Surgical Nursing in Canada**, 5<sup>th</sup> Canadian Edition (2023) by Lewis, Bucher, Heitkemper, Harding, Barry, Lok, Tyerman & Goldsworthy. Elsevier Canada

**Pharmacology for Nurses: A Pathophysiological Approach**, 3<sup>rd</sup> Canadian Edition (2020) by Adams, Urban et al. Pearson Canada

**Davis's Canadian Drug Guide for Nurses**, 18<sup>th</sup> Edition (2023). Vallerand & Sanoski. F. A. Davis

**Introduction to Maternity & Pediatric Nursing in Canada**, 2<sup>nd</sup> Edition (2024) by Leifer. Elsevier: Keenan-Lindsay

**Introductory Mental Health Nursing**, 4<sup>th</sup> Edition, (2019) by Womble. Wolters Kluwer

## COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

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The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

CLASS	ACTIVITY or TOPIC	OTHER NOTES
1	Intro to Course, Intro to Mental Health, Mood Disorders	
2	Anxiety Disorders	
3	Eating Disorders: Anorexia Nervosa, Bulimia, Binge Eating	

CLASS	ACTIVITY or TOPIC	OTHER NOTES
4	Substance Related Disorders	
5	Psychotic Disorders, Schizophrenia, Suicide	
6	Exam 1	
7	Intro to Maternal Child Health: Pathophysiology of Pregnancy, Labour & Delivery	
8	Placenta Previa, Placental Abruption, Postpartum Hemorrhage	
9	Gestational Diabetes, Gestational Hypertension, Blood Incompatibility	
10	Post-Partum Blues, Depression & Psychosis	
11	High Risk Pregnancy & Neonate	
12	Exam 2	
13	Childhood Related Disorders: Meningitis, Epilepsy, Head Injury	
14	Down Syndrome, Fetal Alcohol Syndrome (FAS), Autism Spectrum Disorders	
15	Childhood Respiratory System Disorders	
16	Childhood Cardiovascular System Defects and Diseases	
17	Childhood Communicable Diseases	
18	Final Exam	

## STUDENT EVALUATION

**All evaluation criteria must be met. Students must achieve a minimum final grade of 65% (C+) to pass PNUR 136 .**

DESCRIPTION		WEIGHTING	
Exam 1	Will include content covered in classes 1-5	30	
Exam 2	Will include content covered in classes 7-11	30	
Exam 3	Comprehensive with emphasis on classes 13-17	40	
		<b>TOTAL</b>	100%

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](#) policy for more information.

## CLASS GUIDELINES & EXPECTATIONS

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### TEST AND EXAMINATION PROCEDURES

There are policies regarding written test and examination procedures including late arrivals and missed tests. Please see the Health and Human Services Student Manual for Test and Examination Procedures:

<https://legacy.camosun.ca/learn/school/health-human-services/student-info/index.html>

### WRITTEN ASSIGNMENTS

Assignments are due before 2400 hours (midnight) on the assigned day unless otherwise specified.

Assignments about patients, residents or clients must be completed using the individual's initials only. Unless otherwise directed by individual course outlines, assignments must be: word processed, double spaced, 12 font, Times New Roman font, with a title page and a reference list. Students requiring an extension for the due date of an assignment must negotiate with the instructor, at least 48 hours before the due date. Assignments submitted late without an approved extension will result in a 5% deduction in mark for each day late. All assignments must adhere to Camosun College student conduct and academic integrity policies. Any use of AI tools for assignments is prohibited.

## STUDENT RESPONSIBILITY

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Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

## SUPPORTS AND SERVICES FOR STUDENTS

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Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	<a href="http://camosun.ca/advising">http://camosun.ca/advising</a>
Accessible Learning	<a href="http://camosun.ca/accessible-learning">http://camosun.ca/accessible-learning</a>
Counselling	<a href="http://camosun.ca/counselling">http://camosun.ca/counselling</a>
Career Services	<a href="http://camosun.ca/coop">http://camosun.ca/coop</a>
Financial Aid and Awards	<a href="http://camosun.ca/financialaid">http://camosun.ca/financialaid</a>
Help Centres (Math/English/Science)	<a href="http://camosun.ca/help-centres">http://camosun.ca/help-centres</a>
Indigenous Student Support	<a href="http://camosun.ca/indigenous">http://camosun.ca/indigenous</a>
International Student Support	<a href="http://camosun.ca/international/">http://camosun.ca/international/</a>

Support Service	Website
Learning Skills	<a href="http://camosun.ca/learningskills">http://camosun.ca/learningskills</a>
Library	<a href="http://camosun.ca/services/library/">http://camosun.ca/services/library/</a>
Office of Student Support	<a href="http://camosun.ca/oss">http://camosun.ca/oss</a>
Ombudsperson	<a href="http://camosun.ca/ombuds">http://camosun.ca/ombuds</a>
Registration	<a href="http://camosun.ca/registration">http://camosun.ca/registration</a>
Technology Support	<a href="http://camosun.ca/its">http://camosun.ca/its</a>
Writing Centre	<a href="http://camosun.ca/writing-centre">http://camosun.ca/writing-centre</a>

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

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## COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

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### Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

### Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

### Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

### Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

### Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

### Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

### Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the “Attendance” section under “Registration Policies and Procedures” (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

### Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

### Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun’s Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student’s right to choose what is right for them. For more information see Camosun’s Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and [camosun.ca/sexual-violence](http://camosun.ca/sexual-violence). To contact the Office of Student Support: [oss@camosun.ca](mailto:oss@camosun.ca) or by phone: 250-370-3046 or 250-370-3841

### Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College’s Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College’s expectations of academic integrity and student behavioural conduct.

**Changes to this Syllabus:** Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that

course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.