

COURSE SYLLABUS



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| COURSE TITLE: | NURS 260: Relational Caring |
| CLASS SECTION: | X01 |
| TERM: | 2023F |
| COURSE CREDITS: | 3 |
| DELIVERY METHOD(S): | Synchronous |

Camosun College campuses are located on the traditional territories of the Lək̓ʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here. Learn more about Camosun's [Territorial Acknowledgement](#).

INSTRUCTOR DETAILS

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| NAME: | Danielle Youngson |
| EMAIL: | YoungsonD@camosun.ca |
| OFFICE: | By Appointment via email, Mondays & Thursdays |
| HOURS: | 0900-1330 Mondays & Thursdays |

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

Learners will focus on developing therapeutic relationships with diverse clients, families, and other health care professionals. Learners will explore the evolution of various conceptualizations of therapeutic nurse-patient relationships. Key concepts include therapeutic communication, cultural competence, relational ethics, and patient and family-centered care. Interprofessional relationships, working on teams and in groups, are a focus across modules. Relational ethics concepts and approaches are applied to everyday nursing practice situations. Moral responsibility and moral imagination are emphasized as necessary to professional nursing practice. These topics are examined from health promotion, evidence-informed, and phenomenological perspectives.

PREREQUISITE(S): COM in NURS 190

COURSE LEARNING OUTCOMES / OBJECTIVES

Upon successful completion of this course a student will be able to:

- validate the therapeutic nurse-client relationship for patient-centered care across the lifespan.
- develop knowledge and skill related to cultural competence for culturally safe health care.
- integrate Indigenous values of holism with planning for culturally competent care.
- demonstrate health-promoting communication with clients and families.
- describe the principles of team dynamics and group processes to enable effective interprofessional team collaboration.
- describe the importance of sharing information, listening attentively, and respecting other opinions in an interprofessional setting.

- g) describe motivational interviewing principles.
- h) Integrate knowledge and skills for effective interprofessional and intraprofessional practice.
- i) participate effectively in class groups.
- j) apply relational ethics as a foundation for nursing practice in the complex health care environment.
- k) generate ethical responses to 'everyday nursing ethics' challenges in the health care setting.
- l) engage in family-centered nursing practice, across the lifespan.

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7th ed.). <https://doi.org/10.1037/0000165-000>

Astle, B.J., Duggleby, W., Potter, P.A., Stockert, P.A., Perry, A.G., & Hall, A.M. (Eds) (2024). *Canadian fundamentals of nursing* (7th ed.). Elsevier.

Kunyk, D., Peternelj-Taylor, P., & Austin, W. (Eds.). (2023). *Psychiatric & mental health nursing for Canadian practice* (5th ed.). Wolters Kluwer.

Selected articles for required reading are outlined in weekly modules.

Additional readings may be provided by individual teachers throughout the term.

COURSE SCHEDULE

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

| DATE/ CLASS | TOPIC | Focus of the Week | Assignments |
|--------------------------------|---|--|---|
| Week 1 Sept 2nd off | Introduction and Group Dynamics | Relational Practice II: Relational Caring Course overview and assignments | |
| Week 2 | Module 1: Relational Practice and Patient-Centred Care | Intro to RP II: Relational Caring Course concepts and N160 review Anti-racism in nursing | In-class reflective summary based on the week's readings or N160 material (Instructor's choice for due date) |
| Week 3 | Module 1: Relational Practice and Patient-Centred Care | Introduction to Relational Practice II Relational Practice and PCC, trauma informed care, social position and personal/professional identity | |
| Week 4 | Module 2: Relational Practice in Groups | Group Development Therapeutic Communication in Groups | |
| Week 5 Sept 30th off | Module 3: Health Promoting Communication | Health teaching and learning Health-promoting relationships Health-promoting Communication Motivation Interviewing | |
| Week 6 | Review | Learning Activity | Take home midterm opens Sunday October 6 th |

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| | | | @0900. Due the following Sunday covers modules 1-3 |
| Week 7 Oct 14th off | Module 4: Cultural Competence in Communication | Exploring culture as context Examining barriers to culturally safe care Exploring culture and client needs Cultural Safety | Take home midterm due Sunday, Oct 13 th @ 2359 |
| Week 8 | Module 5: Relational Ethics Part 1: | Understanding the Relational Ethics Model Relationships, ethics, and everyday nursing | |
| Week 9 | Module 5: Relational Ethics cont'd: Part 2: | Using relational ethics Moral agency, moral courage, and moral imagination | |
| Week 10 | Module 6: Interprofessional Communication Part 1: | Interprofessional practice, collaboration, and negotiating power. Professional identity in interprofessional practice | |
| Week 11 Monday, Nov 11th off | Module 6: Interprofessional Communication Part 2: | Collaboration, conflict, and communication across differences Healthy workplace: standards & elements of interprofessional communication | |
| Week 12 | Module 7: Relational Practice Across the Lifespan Part 1: | Family-centred Care Across the Lifespan | Scholarly Paper Due |
| Week 13 | Module 7: Relational Practice Across the Lifespan Part 2: | The nurse-child Therapeutic Relationship | |
| Week 14 | Module 7: Relational Practice Across the Lifespan Part 3: | Caring for Clients and Their Families in the context of Life-limiting illness and end-of-life | |

Basis of Student Assessment (Updated September 13, 2024)

Assignments, due dates, criteria for evaluation, and weighting of assignments will be discussed during the first two weeks of the semester. All students are provided a Class Syllabus at the beginning of the term with student assessment information provided. All assignments submitted late will be deducted 5% a day on their assignment mark.

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced notice is required. Deadlines can be reviewed on the [CAL exams page](https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams). <https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams>

EVALUATION OF LEARNING

Assignments, due dates, criteria for evaluation, and weighting of assignments will be discussed during the first two weeks of the semester. All students are provided a Class Syllabus at the beginning of the semester with student assessment information provided.

| Description | | Weighting |
|---|---|-----------|
| In-class reflective summary | 3 total, timeframe at the instructors' discretion | 15% |
| Take home test | Opens: Sunday, October 6th @ 0900 Due: End of Week 6 Sunday, October 13 @ 1159 | 25% |
| Scholarly Paper | Due: Sunday, Nov 17 @ 1159 | 35% |
| Final exam: in exam week, cumulative but with greater emphasis on modules 4-7 | Exam week | 25% |
| | TOTAL | 100% |

This course is graded by the [Standard Grading System](#).

SCHOOL OR DEPARTMENTAL INFORMATION

Students are required to read and are accountable for following College policies and practicum guidelines as described in the BSN and HHS Student Handbooks.

[BSN Student Handbook](#)

[HHS Student Handbook](#)

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit camosun.ca/services.

| Support Service | Website |
|---------------------|---|
| Academic Advising | camosun.ca/services/academic-supports/academic-advising |
| Accessible Learning | camosun.ca/services/academic-supports/accessible-learning |
| Counselling | camosun.ca/services/health-and-wellness/counselling-centre |

| Support Service | Website |
|-------------------------------------|---|
| Career Services | camosun.ca/services/co-operative-education-and-career-services |
| Financial Aid and Awards | camosun.ca/registration-records/financial-aid-awards |
| Help Centres (Math/English/Science) | camosun.ca/services/academic-supports/help-centres |
| Indigenous Student Support | camosun.ca/programs-courses/iecc/indigenous-student-services |
| International Student Support | camosun.ca/international |
| Learning Skills | camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills |
| Library | camosun.ca/services/library |
| Office of Student Support | camosun.ca/services/office-student-support |
| Ombudsperson | camosun.ca/services/ombudsperson |
| Registration | camosun.ca/registration-records/registration |
| Technology Support | camosun.ca/services/its |
| Writing Centre | camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills |

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

Academic Integrity

Students are expected to comply with all College policy regarding academic integrity; which is about honest and ethical behaviour in your education journey. The following guide is designed to help you understand your responsibilities: <https://camosun.libguides.com/academicintegrity/welcome>

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.13.pdf> for Camosun's Academic Integrity policy and details for addressing and resolving matters of academic misconduct.

Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc.). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<https://camosun.ca/services/academic-supports/accessible-learning>

Academic Progress

Please visit <https://camosun.ca/sites/default/files/2023-02/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <https://camosun.ca/registration-records/tuition-fees#deadlines>.

Grading Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <https://camosun.ca/sites/default/files/2021-07/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <https://camosun.ca/sites/default/files/2021-05/e-2.9.pdf> and camosun.ca/services/sexual-violence-support-and-education. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-370-3841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <https://camosun.ca/sites/default/files/2021-05/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

Looking for other policies?

The full suite of College policies and directives can be found here: <https://camosun.ca/about/camosun-college-policies-and-directives>

Changes to this Syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.