

Course Syllabus

Course title: Intermediate Psychomotor Nursing Skills

Class section: NURS - 243 - X04

Term: 2025W

Course credits: 3

Total hours: 45

Delivery method: In-Person

Territorial Acknowledgement

Camosun College respectfully acknowledges that our campuses are situated on the territories of the Likilingin (Songhees and Kosapsum) and Wisáneć peoples. We honour their knowledge and welcome to all students who seek education here.

Instructor Details

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Instructor Statement

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

Instructor Office Hours

Office:	Hours:
Per instructor	Hours:

Course Description

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Learners gain knowledge and skill for select nursing interventions, integrating related competence in nursing assessment and foundational skills. Through experiential learning, accessing evidence and best practice guidelines, simulation, and demonstration, participants will gain knowledge, skills, and abilities for nursing practice. Learners demonstrate select psychomotor skills with appropriate assessments, clinical judgement, prioritization, technologies, and documentation. Learners will apply course concepts, principles, and decision making while performing the psychomotor skills. Learners will engage with peers and instructors to seek and provide feedback.

Prerequisites:

All of:

- C in BIOL 252
- C in NURS 232
- C in NURS 242
- C in NURS 260
- COM in NURS 280

Co-requsites:

All of:

NURS 281

Pre or Co-requisites:

All of:

- C in BIOL 253
- C in NURS 233

Course Learning Outcomes / Objectives

Upon successful completion of this course a student will be able to:

- 1. Demonstrate select intermediate psychomotor skills safely
- 2. Select and effectively use appropriate technologies and equipment for intermediate psychomotor skills
- 3. Explain the purpose, principles, knowledge, and rationale related to select intermediate psychomotor skills
- 4. Demonstrate organization, dexterity, and prioritization in intermediate psychomotor skills
- 5. Demonstrate proficiency in advanced medication math
- 6. Demonstrate clinical judgment and decision-making of fundamental and intermediate skills for complex and unstable situations
- 7. Evaluate self and others in relation to intermediate nursing interventions
- 8. Engage with evidence and best practice through accessing, interpreting and explaining current research findings related to psychomotor skills
- 9. Document nursing interventions, psychomotor skill, and related assessment findings using appropriate terminology and format, integrating nursing informatics
- 10. Contribute to quality improvement through evidence-informed and best practice in the health care setting

Course Materials - Required

Astle, B. J., Duggleby, W., Potter, P.A., Stockert, P. A., Perry, A. G., & Hall, A.M. (2024). Canadian fundamentals of nursing (7th ed.). Elsevier.

Cobbett, S. L., Perry, A. G., Potter, P. A., & Ostendorf, W. R. (2020). Canadian clinical nursing skills & techniques (1st ed.). Elsevier.

El Hussein, M., & Osuji, J. (2020). Brunner & Suddarth's textbook of Canadian medical-surgical nursing

(4th ed). Wolters Kluwer.

Keenan-Lindsay, L., Sams, C. A., & O'Connor, C. (2022). Perry's maternal child nursing care in Canada

(3rd ed.). Elsevier.

Course Schedule, Topics, and Associated Preparation / Activity

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

Week	Module	Content	Evaluation
1	1	Part A Central Venous Access Devices (CVADs) Peripherally Inserted Central Catheter PICC	
2	1	Part B Central Venous Catheter (Non-Tunneled) CVC	
3	2	Part A Administering Intravenous Medications Continuous infusion via the primary bag	Self-Study PCA/Epidural
4	2	Part B Bolus/Direct IV medication administration	
5	2	Part C Intermittent IV medication administration	
6	2	Skill Filming	Skills video filmed in class
7		Reading Break	Skills video and self- assessment due

Week	Module	Content	Evaluation
8	2	Part D and E	Midterm
		Intravenous Insulin and Heparin Administration	
9	3	Part A	
		Insertion and Maintenance of a Nasogastric Tube	
		Insertion and Maintenance of a Nasogastric Tube	
		for Decompression and Enteral Feeding	
10	3	Part B	
		Maintenance of a Nasogastric tube for Feeding	
		Part C	
		Gastrostomy Tubes Care and Maintenance	
11	4	Part A	
		Advanced Wound and Ostomy Care	
		Chronic Wound Care	
12	4	Part B	
		Wound Irrigation and Packing	
13	4	Part C	
		Ostomy Care	
14		Wrap-up and Make-up	Final in exam week

Evaluation of Learning: Weighted

Assignments, due dates, criteria for evaluation, and weighting of assignments will be discussed during the first two weeks of the semester. All students are provided a Class Syllabus at the beginning of the semester with student assessment information provided.

Description	Weighting
Weekly Pre-Class Quizzes	10%
Skill video- Competency and Self assessment	30%
Midterm examination	25%
Final examination	35%

Description	weighting
Successful demonstration of ALL skills: Students must successfully	Pass/Fail
demonstrate all skills contained within the course prior to the final day of	
exam week.	
*This includes completion of the Mandatory Self-Study: Patient	
Controlled Analgesia (PCA) and Epidurals modules and submission of	
your certificate of completion to the appropriate assignment drop box*	
TOTAL	100%

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Assignments

Should there be written assignments, unless otherwise noted, they must be typewritten and adhere to APA 7th edition writing and referencing format. Please refer to your Course Manual, Camosun College grading policy, and the Department of Nursing Handbook. Note that the grading policy incorporates APA format, spelling, grammar, and quality of critical thinking in the assigned grades.

Late assignments will be deducted 5% per day, weekend and holiday days included. Assignment details will be provided in the first two weeks of the course.

NOTE: Min passing grade for this course C

Camosun's Grading Systems

https://camosun.ca/registration-records/student-records/camosun-grading-systems

Grade Reviews and Appeals

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the **Grade Review and Appeals policy** for more information. https://camosun.ca/sites/default/files/2021-08/e-1.14.pdf

The Centre for Accessible Learning (CAL) is part of Camosun's Student Affairs unit. CAL coordinates academic accommodations and provides related programs and services to students with documented disabilities.

Students who require academic accommodations are expected to request and arrange accommodations through CAL in a timely fashion. While we understand that not all accommodation needs are known to students at the beginning of a course, accommodations cannot be provided unless the proper process is followed through CAL and an accommodation letter has been released to the instructor. Students are responsible for providing CAL with the proper documentation prior to the beginning of a course.

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required.

Deadlines can be reviewed on the CAL exams page

https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams

Please consult the CAL webpage for more information:

https://camosun.ca/services/academic-supports/accessible-learning

Artificial Intelligence: A Guide for Students

Generative Artificial Intelligence (GenAI) is an evolving technology that brings potential benefits but also substantial risks. While GenAI tools have the ability to transform how we work and learn, it is essential for the college community to adapt to these changes in a thoughtful and secure way.

When using GenAl tools, students should ensure proper citation and attribution guidelines are followed. This includes acknowledging Al assistance in reports ,presentations, or any external communications. Clear citation helps build trust, ensures ethical use, and reduces the risk of misinformation or copyright issues.

For citation support visit the college's citation style guide.

https://camosun.libguides.com/cite

Artificial Intelligence: A Guide for Students

Visit the following website to learn about AI use in academic settings.

https://camosun.libguides.com/artificialintelligence/home

Course Guidelines & Expectations

Lab Expectations and Rules

The labs are heavily used. The listed expectations and rules will make the labs run smoother for everyone.

- 1. The lab must be treated and maintained like a hospital nursing unit.
- 2. Students must adhere to the clinical attire and dress codes identified in the <u>HHS</u> and the program <u>Handbooks</u>.
- 3. Dolls, beds, bedside tables, and medication carts must be left clean, tidy, and free of garbage at the end of each lab.
- 4. At the end of each lab, the teacher basket will only contain items for reuse. Do not place garbage in the teacher baskets.

- 5. Do not "borrow" materials from other teacher baskets. Extra supplies are primarily located on the marked cart and secondarily on the room storage shelves. Instructors can alert lab staff if supplies are needed.
- 6. Please re-use and recycle when possible. Lab staff will advise what materials can be recycled or returned for reuse. Place **All SHARPS** in the sharps containers.
- 7. Items intended for sharing across lab groups are to be replaced neatly on the appropriate shelves.
- 8. Absolutely **NO Food or Drink** is permitted in the labs, with the exception of water in a sealed container. Water containers must be kept in the center of the room, **away from the bedside**.
- 9. When supplies are running low, please notify the instructor who can then notify the lab staff.

Thank you for your cooperation in the above listed rules and expectations.

Open Lab

Learners are encouraged to access Open Lab throughout the semester to practice psychomotor skills. Recommended practice time is twice a week, with a duration of fifteen-sixty minutes. Repetitive focused practiced is essential to prevent skill decay. Research has demonstrated that most skills appear to fall below the competency level in 2-4 months (Gonzalez and Sole, 2014).

Guidelines for Clinical Practice

Learners must demonstrate competence and be approved by the lab instructor for each skill before being able to perform the skill in nursing practice. If a learner misses a lab class, it is the learner's responsibility to study the theory and to practice the missed skill. Students who miss a lab (skill) are required to arrange a time to demonstrate competence in the skill and be approved by the lab instructor. Students who have not successfully demonstrated all course skills by the end of the exam period will be assigned an F letter grade for the course.

To honor BCCNM professional standards, the Health Professions and Occupations Act, and our legal affiliation agreements with health authorities, students cannot practice skills and assessments in the nursing practice areas until they have learned the theory and practiced that skill or assessment in the nursing lab.

Additional Information

Supplies for Lab

Supplies will be provided to students either weekly or at the commencement of a module, in the form of a kit. Kits are to be used during multiple weeks until the module is complete. Learners are responsible for keeping their kits and returning with their kits each class. Forgotten supplies will not be replaced by lab staff, resulting in missed in class practice opportunities.

School or Departmental Information

Students are required to read and are accountable for the College policies (outlined below) and practicum guidelines as described in the School of Health and Human Services (HHS) and program handbooks.

Clinical and Practice Placements in HHS

https://camosun.ca/programs-courses/school-health-and-human-services/hhs-programs/practicums

School of Health and Human Services (HHS)

https://camosun.ca/programs-courses/school-health-and-human-services/information-health-and-human-services-students-1#top

BSN Program Handbook

https://camosun.ca/programs-courses/school-health-and-human-services/information-health-and-human-services-students-5

Student Responsibility

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

College Policies

Academic Integrity

Students are expected to follow the college's <u>Academic Integrity policy</u>, and be honest and ethical in all aspects of their studies. To help you understand these responsibilities review the online <u>Academic Integrity guide</u>.

The college's <u>Academic Integrity policy and supporting documents</u> detail the process for addressing and resolving matters of academic misconduct.

Academic Accommodations for Students with Disabilities

If you have a documented disability and need accommodations contact the Centre for Accessible Learning (CAL). CAL will arrange the appropriate academic accommodations so you can participate in all academic activities. Visit the <u>CAL website</u> for more information

Academic Progress

The <u>Academic Progress policy</u> details how the college monitors students' academic progress and what steps are taken if a student is at risk of not meeting the college's academic progress standards.

Acceptable Technology Use

The <u>Acceptable Technology Use</u> policy outlines how students are expected to use college technology resources, this includes using your own devices on the college's network. The use of the college resources in a way that violates a person's right to study in an environment free of discrimination, harassment or sexual violation is prohibited.

Course Withdrawals Policy

For details about course withdrawal see the <u>Course Withdrawals policy</u>. Be aware of the deadlines for fees, course drop dates, and tuition refunds.

Grading Policy

To learn more about grading see the **Grading Policy**.

Grade Review and Appeals

The process to request a review of grades is outlined in the **Grade Review and Appeals policy**.

Medical / Compassionate Withdrawals

If you have experienced a serious health or personal issue, you may be eligible for a medical/compassionate withdrawal. The Medical/Compassionate Withdrawal Request form outlines what is required.

Sexual Violence

If you have experienced sexual violence on or off campus, you can get support from the Office of Student Support. The Office of Student Support is a safe and private place to talk about what supports are available and your options for next steps. Visit the <u>sexual violence support and</u>

<u>education site</u> to learn more or email <u>oss@camosun.ca</u> or phone: 250-370-3046 or 250-370-3841.

Student Misconduct (Non-Academic)

Camosun expects students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Review the <u>Student Misconduct Policy</u> to understand the college's expectations of conduct.

Looking for other policies? See <u>Camosun College Policies and Directives</u>

Services and Supports

Services are free and available to all students.

Academic Supports	Enrollment Supports	
Centre for Accessible Learning	Academic Advising	
English, Math and Science Help Centres	<u>Financial Aid and Awards</u>	
<u>Library</u>	Registration	
Writing Centre & Learning Skills	<u>Tuition and Fees</u>	
Health and Wellness	Applied learning	
Counseling		
Fitness and Recreation	Co-operative Education and Career Services	
Office of Student Support	<u>Makerspace</u>	

The <u>Centre for Indigenous Education Centre and Community Connections</u> provides cultural and academic supports for Indigenous students.

<u>Camosun International</u> provides supports to international students.

<u>The Ombudsperson</u> provides an impartial, independent service to ensure students are treated fairly. The service is a safe place for students to voice and clarify concerns and complaints.

If you have a mental health concern, contact Counselling. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

Changes to this Syllabus

Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change the course content or schedule. When changes are necessary the instructor will give clear and timely notice.