

# COURSE SYLLABUS



COURSE TITLE:	NURS 242: Foundational Nursing Skills
CLASS SECTION:	X04
TERM:	2024F
COURSE CREDITS:	3
DELIVERY METHOD(S):	Synchronous

Camosun College campuses are located on the traditional territories of the Ləkʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here. Learn more about Camosun's [Territorial Acknowledgement](#).

---

## INSTRUCTOR DETAILS

NAME: Jennifer Pluta  
EMAIL: [plutaj@camosun.ca](mailto:plutaj@camosun.ca)  
OFFICE: 312  
HOURS: Tuesday & Wednesday 1130-1230 or by appointment. Please email to confirm.

*As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.*

---

## CALENDAR DESCRIPTION

Learners gain knowledge and skill for select nursing interventions related to nursing care in the context of acute and chronic illnesses. Through experiential learning, accessing evidence and best practice guidelines, simulation, and demonstration, participants will gain knowledge, skills, and abilities for nursing practice. Learners demonstrate select psychomotor skills with appropriate assessments, clinical judgement, prioritization, technologies, and documentation. Learners will apply course concepts, principles, and decision making while performing the psychomotor skills. Learners will engage with peers and instructors to seek and provide feedback.

PREREQUISITE(S): COM in NURS 190

CO-REQUISITE(S): NURS 280

PRE/CO-REQUISITE(S): C in BIOL 252, C in NURS 232, C in NURS 260

---

## COURSE LEARNING OUTCOMES / OBJECTIVES

Upon successful completion of this course a student will be able to:

- demonstrate select foundational psychomotor skills safely and competently.
- select and effectively use appropriate technologies and equipment for each foundational psychomotor skill.
- explain the purpose, principles, and rationale related to select psychomotor skills.
- demonstrate organization, dexterity, and prioritization at a foundational level.
- demonstrate clinical judgment and decision-making.

- f) evaluate self and others in relation to nursing interventions.
- g) engage with evidence and best practice through accessing, interpreting, and explaining current research findings related to foundational psychomotor skills.
- h) document nursing intervention, psychomotor skill, and related assessment findings using appropriate terminology and format, integrating nursing informatics.

#### REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

Astle, B.J., Duggleby, W., Potter, P.A., Stockert, P.A., Perry, A.G., & Hall, A.M. (Eds) (2024). *Canadian fundamentals of nursing* (7th ed.). Elsevier.

Burchum, J. & Rosenthal, L.D. (2024). *Lehne's pharmacology for nursing care* (12th ed.) Elsevier.

Cobbett, S. L., Griffin Perry, A., Potter, P. A., & Ostendorf, W. R. (Eds.). (2020). *Canadian clinical nursing skills and techniques* (1st ed.). Elsevier.

Keenan-Lindsay, L., Sams, C., O'Connor, C. L., Perry, S. E., Hockenberry, M. J., Lowdermilk, D. L., & Wilson, D. (2022) *Maternal child nursing care in Canada*, (3<sup>rd</sup> Cdn ed.) Elsevier.

Additional readings and resources at the discretion of faculty

#### COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

WEEK	MODULE	FOCUS OF THE WEEK	ASSIGNMENTS AND ACTIVITIES	LIFESPAN FOCUS
Week 1 (Labour Day: Sept 2 <sup>nd</sup> off)	Module 1	Assessment Review Oxygen Therapy & Airway Management	Weekly quizzes pre-class except week 5 & 11	Infant
Week 2	Module 2	Asepsis and Specimen Collection		
Week 3	Module 3	Parenteral Medications Part A: Preparing Medications for Injection Part B: Subcutaneous Injections		Pre-schooler
Week 4	Module 3	Part C: Insertion and Maintenance of Subcutaneous Butterfly Part D: Intradermal Injections Part E: Intramuscular Injections		Geriatric
Week 5 (Sept 30 <sup>th</sup> Day for Truth & Reconciliation)	Module 3	Skill recording	Skill recording in class  No Quiz	All
Week 6	Module 4	Introduction to Peripheral Venous Access Devices (PVADs) and Infusion Therapy Part A: PVAD Indications & Assessment	Midterm on Monday, Oct 7 @ 1600 room tba  Skill recording and evaluation due	
Week 7 (Thanksgiving: Oct 14 <sup>th</sup> off)	Module 4	Part B: Infusion Therapy & Electronic Infusion Devices (Pumps)	Sigma Pump LMS due	Preschooler

Week 8	Module 4	Part B: Infusion Therapy & Electronic Infusion Devices (Pumps) continued Part C: PVAD Care & Removal		School-age
Week 9	Module 5	Subcutaneous Insulin Administration	Nova Stat Strip Glucose Monitor LMS due before class	Teen
Week 10	Module 5	Subcutaneous Insulin Administration continued		
Week 11 ( <i>Remembrance Day: Nov 11<sup>th</sup> off</i> )	Module 6	Skill recording in class	Skill recording in class  No Quiz	
Week 12	Module 6	Wound Care Part A: Wound Assessment & Surgical Asepsis (Focus on Simple Sterile Dressing Change)	Skill recording and evaluation due	Toddler
Week 13	Module 6	Part B: Wound Closures & Drains (Focus on Removal of Sutures and Staples)		
Week 14		Part B continued: Wound Closures & Drains (Focus on Management and Removal of Drains)		

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced notice is required. Deadlines can be reviewed on the [CAL exams page](https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams). <https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams>

## EVALUATION OF LEARNING

---

DESCRIPTION	WEIGHTING	DATE
Weekly quizzes pre-class	10%	Weekly except Week 5&11
Midterm Exam	20%	Week 6
Skill Video with self-evaluation (filmed week 5 & 11)	40%	Due Week 6 & 12
Final Exam	30%	Exam Week
Successful demonstration of ALL skills: Students must successfully demonstrate all skills contained within the course prior to the final day of exam week. Students must also submit the required LMS module(s) to complete this course.	Pass/Fail	
<b>TOTAL</b>	100%	

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](#) policy for more information.  
<https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf>

This course is graded by the [Standard Grading System](#).

### COURSE GUIDELINES & EXPECTATIONS

---

Learners must demonstrate competence and be approved by the lab instructor for each skill before being able to perform the skill in nursing practice. If a learner misses a lab class, it is the learner's responsibility to study the theory and to practice the missed skill. Students who miss a lab (skill) are required to arrange a time to demonstrate competence in the skill and be approved by the lab instructor before performing the skill in nursing practice. Students have until the end of the exam period to demonstrate the skill, otherwise their grade for the lab course will be an F.

To honour BCCNM professional standards, the Health Professions Act, and our legal affiliation agreements with health authorities, students cannot practice skills and assessments in the nursing practice areas until they have learned the theory and practiced that skill or assessment in the nursing lab.

### SCHOOL OR DEPARTMENTAL INFORMATION

---

Students are required to read and are accountable for following College policies and practicum guidelines as described in the BSN and HHS Student Handbooks.

[BSN Student Handbook](#)

[HHS Student Handbook](#)

### STUDENT RESPONSIBILITY

---

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

## SUPPORTS AND SERVICES FOR STUDENTS

---

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit [camosun.ca/services](https://camosun.ca/services).

Support Service	Website
Academic Advising	<a href="https://camosun.ca/services/academic-supports/academic-advising">camosun.ca/services/academic-supports/academic-advising</a>
Accessible Learning	<a href="https://camosun.ca/services/academic-supports/accessible-learning">camosun.ca/services/academic-supports/accessible-learning</a>
Counselling	<a href="https://camosun.ca/services/health-and-wellness/counselling-centre">camosun.ca/services/health-and-wellness/counselling-centre</a>
Career Services	<a href="https://camosun.ca/services/co-operative-education-and-career-services">camosun.ca/services/co-operative-education-and-career-services</a>
Financial Aid and Awards	<a href="https://camosun.ca/registration-records/financial-aid-awards">camosun.ca/registration-records/financial-aid-awards</a>
Help Centres (Math/English/Science)	<a href="https://camosun.ca/services/academic-supports/help-centres">camosun.ca/services/academic-supports/help-centres</a>
Indigenous Student Support	<a href="https://camosun.ca/programs-courses/iecc/indigenous-student-services">camosun.ca/programs-courses/iecc/indigenous-student-services</a>
International Student Support	<a href="https://camosun.ca/international">camosun.ca/international</a>
Learning Skills	<a href="https://camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills">camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills</a>
Library	<a href="https://camosun.ca/services/library">camosun.ca/services/library</a>
Office of Student Support	<a href="https://camosun.ca/services/office-student-support">camosun.ca/services/office-student-support</a>
Ombudsperson	<a href="https://camosun.ca/services/ombudsperson">camosun.ca/services/ombudsperson</a>
Registration	<a href="https://camosun.ca/registration-records/registration">camosun.ca/registration-records/registration</a>
Technology Support	<a href="https://camosun.ca/services/its">camosun.ca/services/its</a>
Writing Centre	<a href="https://camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills">camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills</a>

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

## COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

---

### Academic Integrity

Students are expected to comply with all College policy regarding academic integrity; which is about honest and ethical behaviour in your education journey. The following guide is designed to help you understand your responsibilities: <https://camosun.libguides.com/academicintegrity/welcome>  
Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.13.pdf> for Camosun's Academic Integrity policy and details for addressing and resolving matters of academic misconduct.

### Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc.). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<https://camosun.ca/services/academic-supports/accessible-learning>

### Academic Progress

Please visit <https://camosun.ca/sites/default/files/2023-02/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

### Course Withdrawals Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <https://camosun.ca/registration-records/tuition-fees#deadlines>.

### Grading Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.5.pdf> for further details about grading.

### Grade Review and Appeals

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

### Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <https://camosun.ca/sites/default/files/2021-07/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

### Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <https://camosun.ca/sites/default/files/2021-05/e-2.9.pdf> and [camosun.ca/services/sexual-violence-support-and-education](https://camosun.ca/services/sexual-violence-support-and-education). To contact the Office of Student Support: [oss@camosun.ca](mailto:oss@camosun.ca) or by phone: 250-370-3046 or 250-370-3841

### Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <https://camosun.ca/sites/default/files/2021-05/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

### Looking for other policies?

The full suite of College policies and directives can be found here: <https://camosun.ca/about/camosun-college-policies-and-directives>

**Changes to this Syllabus:** Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.