# **COURSE SYLLABUS**



COURSE TITLE: NURS 242: Foundational Nursing Skills

CLASS SECTION: X02

TERM: 2024F

COURSE CREDITS: 3

DELIVERY METHOD(S): Synchronous

Camosun College campuses are located on the traditional territories of the Ləkwəŋən and WSÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek

Learn more about Camosun's Territorial Acknowledgement.

knowledge here.

## **INSTRUCTOR DETAILS**

NAME:

**EMAIL:** 

**OFFICE:** 

**HOURS:** 

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

#### CALENDAR DESCRIPTION

Learners gain knowledge and skill for select nursing interventions related to nursing care in the context of acute and chronic illnesses. Through experiential learning, accessing evidence and best practice guidelines, simulation, and demonstration, participants will gain knowledge, skills, and abilities for nursing practice. Learners demonstrate select psychomotor skills with appropriate assessments, clinical judgement, prioritization, technologies, and documentation. Learners will apply course concepts, principles, and decision making while performing the psychomotor skills. Learners will engage with peers and instructors to seek and provide feedback.

PREREQUISITE(S): COM in NURS 190

CO-REQUISITE(S): NURS 280

PRE/CO-REQUISITE(S): C in BIOL 252, C in NURS 232, C in NURS 260

# COURSE LEARNING OUTCOMES / OBJECTIVES

Upon successful completion of this course a student will be able to:

- a) demonstrate select foundational psychomotor skills safely and competently.
- b) select and effectively use appropriate technologies and equipment for each foundational psychomotor skill.
- c) explain the purpose, principles, and rationale related to select psychomotor skills.
- d) demonstrate organization, dexterity, and prioritization at a foundational level.
- e) demonstrate clinical judgment and decision-making.

- f) evaluate self and others in relation to nursing interventions.
- g) engage with evidence and best practice through accessing, interpreting, and explaining current research findings related to foundational psychomotor skills.
- h) document nursing intervention, psychomotor skill, and related assessment findings using appropriate terminology and format, integrating nursing informatics.

# REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

Astle, B.J., Duggleby, W., Potter, P.A., Stockert, P.A., Perry, A.G., & Hall, A.M. (Eds) (2024). *Canadian fundamentals of nursing* (7th ed.). Elsevier.

Burchum, J. & Rosenthal, L.D. (2024). *Lehne's pharmacology for nursing care* (12th ed.) Elsevier. Cobbett, S. L., Griffin Perry, A., Potter, P. A., & Ostendorf, W. R. (Eds.). (2020). *Canadian clinical nursing skills and techniques* (1st ed.). Elsevier.

Keenan-Lindsay, L., Sams, C., O'Connor, C. L., Perry, S. E., Hockenberry, M. J., Lowdermilk, D. L., & Wilson, D. (2022) *Maternal child nursing care in Canada*, (3<sup>rd</sup> Cdn ed.) Elsevier.

Additional readings and resources at the discretion of faculty

# COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

WEEK	MODULE	FOCUS OF THE WEEK	ASSIGNMENTS AND ACTIVITIES	LIFESPAN FOCUS
Week 1	Module 1	Assessment Review	Weekly quizzes pre-class	Infant
(Labour Day: Sept		, , , , , ,	except week 5 & 11	
2 <sup>nd</sup> off)		Management		
Week 2	Module 2	Asepsis and Specimen Collection		
Week 3	Module 3	Parenteral Medications		Pre-schooler
		Part A: Preparing Medications for		
		Injection		
		Part B: Subcutaneous Injections		
Week 4	Module 3	Part C: Insertion and Maintenance		Geriatric
		of Subcutaneous Butterfly		
		Part D: Intradermal Injections		
		Part E: Intramuscular Injections		
Week 5	Module 3	Skill recording	Skill recording in class	All
(Sept 30th Day				
for			No Quiz	
Truth &				
Reconciliation)				
Week 6	Module 4	Introduction to Peripheral Venous		
		Access Devices (PVADs) and	@ 1600 room tba	
		Infusion Therapy		
			Skill recording and	
		Assessment	evaluation due	
Week 7	Module 4	· ·	Sigma Pump LMS due	Preschooler
(Thanksgiving:		Electronic Infusion Devices		
Oct 14 <sup>th</sup> off)		(Pumps)		

Week 8	Module 4	Part B: Infusion Therapy & Electronic Infusion Devices		School-age
		(Pumps) continued		
		Part C: PVAD Care & Removal		
Week 9	Module 5	Subcutaneous Insulin	Nova Stat Strip Glucose	Teen
		Administration	Monitor LMS due before	
			class	
Week 10	Module 5	Subcutaneous Insulin		
		Administration continued		
Week 11	Module 6	Skill recording in class	Skill recording in class	
(Remembrance				
Day: Nov 11 <sup>th</sup> off)			No Quiz	
Week 12	Module 6	Wound Care Part A: Wound	Skill recording and	Toddler
		Assessment & Surgical Asepsis	evaluation due	
		(Focus on Simple Sterile Dressing		
		Change)		
Week 13	Module 6	Part B: Wound Closures & Drains		
		(Focus on Removal of Sutures and		
		Staples)		
Week 14		Part B continued: Wound Closures		
		& Drains		
		(Focus on Management and		
		Removal of Drains)		

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required. Deadlines can be reviewed on the <u>CAL exams page</u>. <a href="https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams">https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams</a>

#### **EVALUATION OF LEARNING**

DESCRIPTION	WEIGHTING	DATE
Weekly quizzes pre-class	10%	Weekly except Week 5&11
Midterm Exam	20%	Week 6
Skill Video with self-evaluation (filmed week 5 & 11)	40%	Due Week 6 & 12
Final Exam	30%	Exam Week
Successful demonstration of ALL skills: Students must successfully demonstrate all skills contained within the course prior to the final day of exam week. Students must also submit the required LMS module(s) to complete this course.	Pass/Fail	
TOTAL	100%	

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the <u>Grade Review and Appeals</u> policy for more information. https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf

This course is graded by the <u>Standard Grading System</u>.

## **COURSE GUIDELINES & EXPECTATIONS**

Learners must demonstrate competence and be approved by the lab instructor for each skill before being able to perform the skill in nursing practice. If a learner misses a lab class, it is the learner's responsibility to study the theory and to practice the missed skill. Students who miss a lab (skill) are required to arrange a time to demonstrate competence in the skill and be approved by the lab instructor before performing the skill in nursing practice. Students have until the end of the exam period to demonstrate the skill, otherwise their grade for the lab course will be an F.

To honour BCCNM professional standards, the Health Professions Act, and our legal affiliation agreements with health authorities, students cannot practice skills and assessments in the nursing practice areas until they have learned the theory and practiced that skill or assessment in the nursing lab.

## SCHOOL OR DEPARTMENTAL INFORMATION

Students are required to read and are accountable for following College policies and practicum guidelines as described in the BSN and HHS Student Handbooks.

BSN Student Handbook HHS Student Handbook

## STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

#### SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit camosun.ca/services.

Support Service	Website
Academic Advising	camosun.ca/services/academic-supports/academic-advising
Accessible Learning	camosun.ca/services/academic-supports/accessible-learning
Counselling	camosun.ca/services/health-and-wellness/counselling-centre
Career Services	camosun.ca/services/co-operative-education-and-career- services
Financial Aid and Awards	camosun.ca/registration-records/financial-aid-awards
Help Centres (Math/English/Science)	camosun.ca/services/academic-supports/help-centres
Indigenous Student Support	camosun.ca/programs-courses/iecc/indigenous-student- services
International Student Support	<u>camosun.ca/international</u>
Learning Skills	camosun.ca/services/academic-supports/help- centres/writing-centre-learning-skills
Library	camosun.ca/services/library
Office of Student Support	<u>camosun.ca/services/office-student-support</u>
Ombudsperson	camosun.ca/services/ombudsperson
Registration	camosun.ca/registration-records/registration
Technology Support	<u>camosun.ca/services/its</u>
Writing Centre	camosun.ca/services/academic-supports/help- centres/writing-centre-learning-skills

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

# COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

# Academic Integrity

Students are expected to comply with all College policy regarding academic integrity; which is about honest and ethical behaviour in your education journey. The following guide is designed to help you understand your responsibilities: <a href="https://camosun.libguides.com/academicintegrity/welcome">https://camosun.libguides.com/academicintegrity/welcome</a>
Please visit <a href="https://camosun.ca/sites/default/files/2021-05/e-1.13.pdf">https://camosun.ca/sites/default/files/2021-05/e-1.13.pdf</a> for Camosun's Academic Integrity policy and details for addressing and resolving matters of academic misconduct.

## Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc.). If you have a disability, the <a href="Centre for Accessible">Centre for Accessible</a> Learning (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started: <a href="https://camosun.ca/services/academic-supports/accessible-learning">https://camosun.ca/services/academic-supports/accessible-learning">https://camosun.ca/services/academic-supports/accessible-learning</a>

## **Academic Progress**

Please visit <a href="https://camosun.ca/sites/default/files/2023-02/e-1.1.pdf">https://camosun.ca/sites/default/files/2023-02/e-1.1.pdf</a> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

# Course Withdrawals Policy

Please visit <a href="https://camosun.ca/sites/default/files/2021-05/e-2.2.pdf">https://camosun.ca/sites/default/files/2021-05/e-2.2.pdf</a> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <a href="https://camosun.ca/registration-records/tuition-fees#deadlines">https://camosun.ca/registration-records/tuition-fees#deadlines</a>.

# **Grading Policy**

Please visit https://camosun.ca/sites/default/files/2021-05/e-1.5.pdf for further details about grading.

## Grade Review and Appeals

Please visit <a href="https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf">https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf</a> for policy relating to requests for review and appeal of grades.

## Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <a href="https://camosun.ca/sites/default/files/2021-07/e-2.8.pdf">https://camosun.ca/sites/default/files/2021-07/e-2.8.pdf</a> to learn more about the process involved in a medical/compassionate withdrawal.

## Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <a href="https://camosun.ca/sites/default/files/2021-05/e-2.9.pdf">https://camosun.ca/sites/default/files/2021-05/e-2.9.pdf</a> and <a href="mailto:camosun.ca/services/sexual-violence-support-and-education">camosun.ca/services/sexual-violence-support-and-education</a>. To contact the Office of Student Support: <a href="mailto:oss@camosun.ca">oss@camosun.ca</a> or by phone: 250-370-3046 or 250-370-3841

## Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <a href="https://camosun.ca/sites/default/files/2021-05/e-2.5.pdf">https://camosun.ca/sites/default/files/2021-05/e-2.5.pdf</a> to understand the College's expectations of academic integrity and student behavioural conduct.

# Looking for other policies?

The full suite of College policies and directives can be found here: <a href="https://camosun.ca/about/camosun-college-policies-and-directives">https://camosun.ca/about/camosun-college-policies-and-directives</a>

**Changes to this Syllabus:** Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.