

# CLASS SYLLABUS



COURSE TITLE: NURS 143 Holistic Assessment and Skills  
CLASS SECTION:  
TERM: 2023W  
COURSE CREDITS: 3  
DELIVERY METHOD(S): Synchronous

Camosun College campuses are located on the traditional territories of the Lək̓ʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.  
Learn more about Camosun's [Territorial Acknowledgement](#).

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<https://camosun.ca/about/covid-19-updates>

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*Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.*

## INSTRUCTOR DETAILS

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NAME: Click or tap here to enter text.  
EMAIL: Click or tap here to enter text.  
OFFICE: Click or tap here to enter text.  
HOURS: Click or tap here to enter text.

*As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.*

## CALENDAR DESCRIPTION

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Learners continue to learn evidence-informed health assessment across the lifespan, with a focus on professional, holistic nursing practice. Through experiential learning, simulation, and demonstration of skills, participants will continue to gain knowledge, skills, and abilities foundational to nursing practice. Learners expand understanding of physical, mental, spiritual, and social assessment skills, technologies, and nursing interventions for the promotion of health and healing. Skills include medication administration, oxygen administration, and newborn assessment. Learners will develop effective communication and documentation of assessment and nursing interventions for an interprofessional team is expanded. Learners will apply course concepts, principles, and nursing decision making while performing psychomotor skills.

PREREQUISITE(S): All of: C in BIOL 152, C in NURS 110, C in NURS 132, C in NURS 142, C in NURS 160, COM in NURS 180. And one of: C in ENGL 151, C in ENGL 161, C in ENGL 163, C in ENGL 164  
CO-REQUISITE(S): none  
PRE/CO-REQUISITE(S): All of: C in BIOL 153, NURS 111, C in NURS 133

## COURSE LEARNING OUTCOMES

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- a) describe and perform all components of holistic health assessments, across the lifespan.
- b) describe and perform all components of a newborn's assessment.
- c) demonstrate skills in taking a health history, with cultural sensitivity.
- d) demonstrate competency and safety in performing select nursing interventions.
- e) demonstrate safe, evidence-informed medication administration through a variety of routes.

- f) demonstrates safe oxygen administration, including related assessments and evaluation.
- g) document general survey, assessments and psychomotor skills using appropriate terminology and format.

#### REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

Astle, B.J., Duggleby, W., Potter, P.A., Perry, A.G., Stockert, P.A., & Hall, A.M. (2019.) *Canadian fundamentals of nursing* (6th ed.). Elsevier.

Cobbett, S. L., Perry, A. G., Potter, P. A., & Ostendorf, W. R. (2020). *Canadian clinical nursing skills & techniques* (1st ed.). Elsevier.

Jarvis, C., Browne, A. J., MacDonald-Jenkins, J., & Luctkar-Flude, M. (2019). *Physical examination and health assessment* (3rd Cdn ed.). Elsevier.

Keenan-Lindsay, L., Sams, C., O'Connor, C. L., Perry, S.E., Hockenberry, M.J., Lowdermilk, D.L., & Wilson, D. (2022). *Perry's maternal child nursing care in Canada* (3rd Cdn ed.) Elsevier.

Kunyk, D., Peternelj-Taylor, C., Austin, W., & Boyd, M. A. (2023). *Psychiatric & mental health nursing for Canadian practice* (5th ed.). Wolters Kluwer.

Pickar, G., Pickar Abernethy, A., Swart, B., Davis, M., & O'Connell, J. (2022). *Dosage calculations* (5th Cdn ed.). Cengage Learning Canada.

#### COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

Week	Content
Week 1	Introduction to Holistic Nursing Assessment and Skills Documentation Primary and General Survey
Week 2	Complete Health History and Assessment Focused Problem Assessment Pain Assessment Principles of Safe Medication Administration
Week 3	The Integumentary System The Musculoskeletal System Application of heat and cold Medication administration: Oral (pills & capsules) and transdermal (creams & ointments) medications
Week 4	Head and Neck Region: Eye, Ear, Nose, & Throat and regional lymphatic system Medication Administration: Ophthalmic, ear, and nasal medications; and liquid formulations
Week 5	Head and Neck Region: Neurological system Medication Administration: Administering to a client with dysphagia and Hazardous medications

Week	Content
Week 6	Mental Health System Mental Health System – Withdrawal Risk Medication Administration: Administration of sublingual and buccal medications Medication Administration: Administration of Controlled Drugs, including Narcotics
Week 7	<b>Reading Break</b>
Week 8	Thoracic Region: The Respiratory system Medication Administration: Inhaled Medications Medication Administration: Introduction to Oxygen therapy
Week 9	Thoracic Region: Cardiovascular system The Extremities: The Peripheral vascular & lymphatic system Medication Administration: Transdermal Patch
Week 10	Abdominal Region: Gastrointestinal system Medication Administration: Rectal medications
Week 11	Abdominal Region: Genitourinary system Medication Administration: Vaginal medications Nutritional Screening and Assessment
Week 12	Integration (Bedside Assessment) Newborn assessment
Week 13	Review week - Section 1 (Friday lab has a holiday – no class)
Week 14	Practical Skills Exam

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required. Deadlines scan be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

## STUDENT EVALUATION

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Time Frame	Evaluation Component	%	Comments
Week 1-15	Documentation assignments	5%	Individual teachers to determine
Week 5	Quiz: 20 Questions	20%	Includes content up to and including week 4
Week 9	Medication Administration Skills Test in person	20%	Administration of one medication, oral, liquid, inhaler, or nebulized Documentation on Medication Administration Record
Week 14	Skills test in week 14. In person.	20%	One system assessment Symptom assessment Documentation
Week 15	Final Exam	35%	It will be cumulative
Newborn Assessment	Completed prior to April 21st	Pass/Fail	Must submit successful completion of the Knowledge Check
Successful Completion of all Skills	Complete prior to April 21st	Pass/Fail	Must successfully demonstrate all skills contained within the course

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information.  
<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

This course is graded by the [Standard Grading System](#).

### COURSE GUIDELINES & EXPECTATIONS

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Learners must demonstrate competence and be approved by the lab instructor for each skill before being able to perform the skill in nursing practice. If a learner misses a lab class, it is the learner's responsibility to study the theory and to practice the missed skill. Students who miss a lab (skill) are required to arrange a time to demonstrate competence in the skill and be approved by the lab instructor before performing the skill in nursing practice. Students have until the end of the exam period to demonstrate the skill, otherwise their grade for the lab course will be an F.

To honour BCCNM professional standards, the Health Professions Act, and our legal affiliation agreements with health authorities, students cannot practice skills and assessments in the nursing practice areas until they have learned the theory and practiced that skill or assessment in the nursing lab.

## Lab Expectations and Rules

The labs are heavily used. The listed expectations and rules will make the labs run smoother for everyone.

1. The lab must be treated and maintained like a hospital nursing unit.
2. Students must adhere to the clinical attire and dress codes identified in the HHS and the program Handbooks.
3. Dolls, beds, bedside tables, and medication carts must be left clean, tidy, and free of garbage at the end of each lab.
4. At the end of each lab, the teacher basket will only contain items for reuse. Do not place garbage in the teacher baskets.
5. Do not “borrow” materials from other teacher baskets. Extra supplies are primarily located on the marked cart and secondarily on the room storage shelves. Instructors can alert lab staff if supplies are needed.
6. Please re-use and recycle when possible. Lab staff will advise what materials can be recycled or returned for reuse. Place **All SHARPS** in the sharps containers.
7. Items intended for sharing across lab groups are to be replaced neatly on the appropriate shelves.
8. Absolutely **NO Food or Drink** is permitted in the labs, with the exception of water in a sealed container. Water containers must be kept in the center of the room, **away from the bedside**.
9. When supplies are running low, please notify the instructor who can then notify the lab staff.

Thank you for your cooperation in the above listed rules and expectations.

### SCHOOL OR DEPARTMENTAL INFORMATION

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Students are required to read and are accountable for following College policies and practicum guidelines as described in the BSN and HHS Student Handbooks.

[BSN Student Handbook](#)

[HHS Student Handbook](#)

### STUDENT RESPONSIBILITY

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Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

### SUPPORTS AND SERVICES FOR STUDENTS

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Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	<a href="http://camosun.ca/advising">http://camosun.ca/advising</a>
Accessible Learning	<a href="http://camosun.ca/accessible-learning">http://camosun.ca/accessible-learning</a>
Counselling	<a href="http://camosun.ca/counselling">http://camosun.ca/counselling</a>
Career Services	<a href="http://camosun.ca/coop">http://camosun.ca/coop</a>
Financial Aid and Awards	<a href="http://camosun.ca/financialaid">http://camosun.ca/financialaid</a>
Help Centres (Math/English/Science)	<a href="http://camosun.ca/help-centres">http://camosun.ca/help-centres</a>
Indigenous Student Support	<a href="http://camosun.ca/indigenous">http://camosun.ca/indigenous</a>
International Student Support	<a href="http://camosun.ca/international/">http://camosun.ca/international/</a>
Learning Skills	<a href="http://camosun.ca/learningskills">http://camosun.ca/learningskills</a>
Library	<a href="http://camosun.ca/services/library/">http://camosun.ca/services/library/</a>
Office of Student Support	<a href="http://camosun.ca/oss">http://camosun.ca/oss</a>
Ombudsperson	<a href="http://camosun.ca/ombuds">http://camosun.ca/ombuds</a>
Registration	<a href="http://camosun.ca/registration">http://camosun.ca/registration</a>
Technology Support	<a href="http://camosun.ca/its">http://camosun.ca/its</a>
Writing Centre	<a href="http://camosun.ca/writing-centre">http://camosun.ca/writing-centre</a>

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

## COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

### Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](http://camosun.ca/accessible-learning/) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

### Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

### Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

### Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

### Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

### Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

### Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the "Attendance" section under "Registration Policies and Procedures" (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

### Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

### Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and [camosun.ca/sexual-violence](http://camosun.ca/sexual-violence). To contact the Office of Student Support: [oss@camosun.ca](mailto:oss@camosun.ca) or by phone: 250-370-3046 or 250-370-3841

### Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

**Changes to this Syllabus:** Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.