

COURSE SYLLABUS



COURSE TITLE: NURS 142: Nursing Skills and Assessment
CLASS SECTION:
TERM: 2024F
COURSE CREDITS: 3
DELIVERY METHOD(S): Synchronous

Camosun College campuses are located on the traditional territories of the Ləkʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here. Learn more about Camosun's [Territorial Acknowledgement](#).

INSTRUCTOR DETAILS

NAME: Selena Hebig
EMAIL: hebigs@camosun.ca
OFFICE: CHW 312-73
HOURS: Monday 1230-1330, Thursday 1230-1330

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

Learners are introduced to evidence-informed health assessment across the lifespan. Through experiential learning, simulation, and demonstration of skills, participants will gain knowledge, skills, and abilities foundational to nursing practice. Content includes physical, mental, spiritual, nutritional, and social assessment skills, and technologies and nursing interventions for the promotion of health and healing. Learners will develop effective communication and documentation skills for an interprofessional team. Key course concepts and principles inform nursing decision making.

CO-REQUISITE(S): C in BIOL 152, C in NURS 132, COM in NURS 180

COURSE LEARNING OUTCOMES / OBJECTIVES

Upon successful completion of this course a student will be able to:

- a) demonstrate competency and safety in performing foundational psychomotor skills across the lifespan.
- b) demonstrate infection prevention and control in simulated nursing practice settings.
- c) conduct a general survey and priority assessment in diverse contexts.
- d) demonstrate a proficiency with vital signs assessment.
- e) demonstrate proficiency in nutritional assessment.
- f) demonstrate prioritization skills, when performing assessments and nursing skills.
- g) demonstrate safe patient handling, when performing relevant assessments and nursing skills.
- h) demonstrate personal care with respect, dignity, and professionalism.
- i) document assessment findings using appropriate terminology and format, integrating nursing informatics.

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

Astle, B. J., Duggleby, W., Potter, P. A., Griffin Perry, A., Stockert, P. A., & Hall, A. M. (Eds.). (2024). *Canadian Fundamentals of Nursing* (7th ed.). Elsevier.

Keenan-Lindsay, L., Sams, C., O'Connor, C. L., Perry, S. E., Hockenberry, M. J., Lowdermilk, D.L., & Wilson, D. (2022). *Perry's Maternal Child Nursing Care in Canada* (3rd Cdn ed.). Elsevier.

Cobbett, S. L., Perry, A. G., Potter, P. A., & Ostendorf, W. R. (2025). *Canadian clinical nursing skills & techniques* (2nd ed.). Elsevier.

Required readings and videos are subject to change. Please refer to the content module page on D2L for up to date information.

COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

WEEK	MODULE
Week 1	Introduction to N142 Module 1 – Introduction to Foundational Nursing Skills & Assessments
Week 2	Module 2 – Part A Chain of Infection Module 2 – Part B Routine Practices & Personal Protective Equipment Module 3 – Health Record & Documentation
Week 3	Module 4 – Body Mechanics & Principles of Safe Patient Handling Module 5 – Part A Body Alignment & Positioning Module 5 – Part B Transfers & Ambulation
Week 4	Module 5 – Part B Transfers & Ambulation Module 6 – Part A Bed Making
Week 5	Module 6 – Part B Bathing
Week 6	Module 6 – Part B Bathing Module 6 – Part C Elimination
Week 7	Skills Testing (week 7 or 8) <i>Rest of Class for catching up</i> <i>Thursday, October 17th – Shakeout at 10:20</i>
Week 8	Module 6 – Part C Elimination

Week 9	Module 6 – Part D Oral Care Module 7 – Assisting with Oral Nutrition Midterm exam
Week 10	Module 8 – Vital Signs
Week 11	Module 8 – Vital Signs
Week 12	Module 9 – Functional Assessment Module 10 – Newborn Bath
Week 13	
Week 14	Skills Testing

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced notice is required. Deadlines can be reviewed on the [CAL exams page](https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams). <https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams>

EVALUATION OF LEARNING

Assessment	Percent of final grade	Date
Midterm exam	20%	Week 9
Final exam	35%	Final exam period
Video skills exam	20%	Week 7 or 8
Practical Skills Exam	25%	Week 14/final exam period
Demonstration of all psychomotor skills	Pass/Fail	Last day of the term

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf) policy for more information.
<https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf>

This course is graded by the [Standard Grading System](#).

COURSE GUIDELINES & EXPECTATIONS

To honour BCCNM professional standards, the Health Professions Act, and our legal affiliation agreements with health authorities, students cannot practice skills and assessments in the nursing practice areas until they have learned the theory and practiced that skill or assessment in the nursing lab.

Lab Expectations and Rules:

The labs are heavily used. The listed expectations and rules will make the labs run smoother for everyone.

1. The lab must be treated and maintained like a hospital nursing unit.
2. Students must adhere to the clinical attire and dress codes identified in the [HHS](#) and [the program Handbooks](#).
3. Dolls, beds, bedside tables, and medication carts must be left clean, tidy, and free of garbage at the end of each lab.
4. At the end of each lab, the teacher basket will only contain items for reuse. Do not place garbage in the teacher baskets.
5. Do not “borrow” materials from other teacher baskets. Extra supplies are primarily located on the marked cart and secondarily on the room storage shelves. Instructors can alert lab staff if supplies are needed.
6. Please re-use and recycle when possible. Lab staff will advise what materials can be recycled or returned for reuse. Place All SHARPS in the sharps containers.
7. Items intended for sharing across lab groups are to be replaced neatly on the appropriate shelves.
8. Absolutely NO Food or Drink is permitted in the labs, with the exception of water in a sealed container. Water containers must be kept in the center of the room, away from the bedside.
9. When supplies are running low, please notify the instructor who can then notify the lab staff.

Thank you for your cooperation in the above listed rules and expectations.

SCHOOL OR DEPARTMENTAL INFORMATION

Students are required to read and are accountable for following College policies and practicum guidelines as described in the BSN and HHS Student Handbooks.

[BSN Student Handbook](#)

[HHS Student Handbook](#)

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit camosun.ca/services.

Support Service	Website
Academic Advising	camosun.ca/services/academic-supports/academic-advising
Accessible Learning	camosun.ca/services/academic-supports/accessible-learning
Counselling	camosun.ca/services/health-and-wellness/counselling-centre

Support Service	Website
Career Services	camosun.ca/services/co-operative-education-and-career-services
Financial Aid and Awards	camosun.ca/registration-records/financial-aid-awards
Help Centres (Math/English/Science)	camosun.ca/services/academic-supports/help-centres
Indigenous Student Support	camosun.ca/programs-courses/iecc/indigenous-student-services
International Student Support	camosun.ca/international
Learning Skills	camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills
Library	camosun.ca/services/library
Office of Student Support	camosun.ca/services/office-student-support
Ombudsperson	camosun.ca/services/ombudsperson
Registration	camosun.ca/registration-records/registration
Technology Support	camosun.ca/services/its
Writing Centre	camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

Academic Integrity

Students are expected to comply with all College policy regarding academic integrity; which is about honest and ethical behaviour in your education journey. The following guide is designed to help you understand your responsibilities: <https://camosun.libguides.com/academicintegrity/welcome>

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.13.pdf> for Camosun's Academic Integrity policy and details for addressing and resolving matters of academic misconduct.

Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc.). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<https://camosun.ca/services/academic-supports/accessible-learning>

Academic Progress

Please visit <https://camosun.ca/sites/default/files/2023-02/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <https://camosun.ca/registration-records/tuition-fees#deadlines>.

Grading Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <https://camosun.ca/sites/default/files/2021-07/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <https://camosun.ca/sites/default/files/2021-05/e-2.9.pdf> and camosun.ca/services/sexual-violence-support-and-education. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-370-3841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <https://camosun.ca/sites/default/files/2021-05/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

Looking for other policies?

The full suite of College policies and directives can be found here: <https://camosun.ca/about/camosun-college-policies-and-directives>

Changes to this Syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.