

COURSE SYLLABUS



COURSE TITLE: NURS 132: Nurses Promoting Health
CLASS SECTION: X03 (Mondays)
TERM: 2023F
COURSE CREDITS: 3
DELIVERY METHOD(S): Synchronous

Camosun College campuses are located on the traditional territories of the Ləkʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here. Learn more about Camosun's [Territorial Acknowledgement](#).

INSTRUCTOR DETAILS

NAME: Shea Page
EMAIL: Hansen@@camosun.ca
OFFICE: 207-12
HOURS: 11:30-12:30 pm Mondays virtually by appointment only. Please email instructor at the above email address to book an appointment

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

Learners will be introduced to health promotion. They will explore how health is conceptualized and examine their own personal beliefs relating to health. They will evaluate the health of diverse Canadians using a variety of health information sources in order to understand the individual and macro level conditions that impact health. Learners will critically evaluate the Canadian health care system, its effect on health status, and factors that contribute to health inequity, including gender and exigencies that impact Indigenous health. Learners will be introduced to the concept of primary health care. Learners explore the contributions of professional nursing to the health of individuals, families, and communities.

CO-REQUISITE(S): C in NURS 110

COURSE LEARNING OUTCOMES / OBJECTIVES

Upon successful completion of this course a student will be able to:

- a) describe the role and responsibilities of registered nurses to ensure individual, family, and community centred care through interprofessional practice.
- b) describe the theory and history of health, health promotion and primary health care.
- c) compare and contrast perspectives of health that informed key health promotion documents.
- d) demonstrate a foundational knowledge of epidemiology.

- e) use the tools of epidemiology to analyze the health status of Canadians.
- f) demonstrate an understanding of the concept of health literacy.
- g) describe the social determinants as the context for health and well-being.
- h) identify factors contributing to health inequity in Canada and globally.
- i) identify the key principles of primary health care.
- j) begin to explore the impact professional nurses have on the health status of Canadians.
- k) recognize the relationship between colonization, the social determinants of health, and health inequities for Indigenous peoples.

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

Astle, B. J., Duggleby, W., Potter, P. A., Stockert, P. A., Griffin Perry, A., & Hall, A. M. (Eds.). (2024). *Canadian Fundamentals of Nursing* (7th Ed.). Elsevier.

Resources May Include:

There are many important on-line resources recommended for this course. When you are asked to access and read these resources, you may find it helpful to first browse the websites to educate yourself about the organization or source, the context, and then focus on reading the recommended resource.

- Canadian Institute for Health Information: www.cihi.ca
- Health Canada: www.hc-sc.gc.ca
- Public Health Agency of Canada: <http://www.phac-aspc.gc.ca/chn-rcc/index-eng.php>
- International Union for Health Promotion and Education: <http://www.iuhpe.org/>
- Network Environments for Aboriginal Research BC (NEARBC). Aboriginal Health Resource Site: <https://www.uvic.ca/research/centres/circle/?uri=/nearbc/>
- Stats Canada: <https://statcan.gc.ca/>
- World Health Organization: www.who.int/en
- World Health Organization Global Health Promotion: https://www.who.int/health-topics/health-promotion#tab=tab_1

COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced notice is required. Deadlines can be reviewed on the [CAL exams page](https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams). <https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams>

WEEK	DESCRIPTION
Week 1 Sep. 2-6	Labour Day Statutory Holiday September. 2nd- NO CLASSES
Week 2 Sep. 9-13	Course Introduction and Module 1: Investigating the Spectrum of Health and Well-being. Notions of “healthy” and “unhealthy”.
Week 3 Sep. 16-20	Module 2: Analyzing the Health of Canadians: Statistical Literacy and Health Literacy RAP Quiz #1 TBA
Week 4	Module 3: Part A: The Evolution of Health Promotion

Sep. 23-27	RAP Quiz #2 TBA
Week 5 Sep. 30- Oct. 4	Reconciliation Day Statutory Holiday Monday September. 30th—NO CLASSES Assignment 1 (Health Literacy Initiative Assessment and Paper) TBA
Week 6 Oct. 7-11	Module 3: Part B: The Evolution of Health Promotion (continued) Post #1 and Replies TBA
Week 7 Oct. 14-18	Thanksgiving Statutory Holiday Monday October. 14 th - NO CLASSES
Week 8 Oct. 21-25	Module 4: Part A: Exploring the Determinants of Health- Social Determinants of Health RAP Quiz #3 TBA
Week 9 Oct.28- Nov. 1	Module 4: Part B: Exploring the Determinants of Health (continued)- Determinants of Indigenous People’s Health
Week 10 Nov. 4-8	Module 4: Part C: Exploring the Determinants of Health (continued)- Ecological Determinants of Health
Week 11 Nov. 11-15	Remembrance Day Statutory Holiday Monday November 11 th - NO CLASSES
Week 12 Nov. 18-22	Module 5: Population Health RAP Quiz #4 TBA Assignment 2 (Determinants of Health Pecha Kucha) TBA
Week 13 Nov. 25-29	Module 6: Health Inequality and Health Inequity RAP Quiz #5 TBA
Week 14 Dec. 2-6	Module 7: Investigating the Canadian Health Care System and Understanding Primary Health Care Post #2 and Replies TBA

EVALUATION OF LEARNING

ASSIGNMENT	WEIGHT OF OVERALL GRADE
RAP quizzes	25% (5x5% each) [Individual 2% Group 3% each]
Health Literacy Assignment	20% (Part A 5%, Part B 15%)
Individual Posts	15 % (2x7.5% each)
Class participation	10%
Determinants of Health Pecha Kucha	30%

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf) policy for more information.
<https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf>

This course is graded by the [Standard Grading System](#).

SCHOOL OR DEPARTMENTAL INFORMATION

Students are required to read and are accountable for following College policies and practicum guidelines as described in the BSN and HHS Student Handbooks.

[BSN Student Handbook](#)

[HHS Student Handbook](#)

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit camosun.ca/services.

Support Service	Website
Academic Advising	camosun.ca/services/academic-supports/academic-advising
Accessible Learning	camosun.ca/services/academic-supports/accessible-learning
Counselling	camosun.ca/services/health-and-wellness/counselling-centre
Career Services	camosun.ca/services/co-operative-education-and-career-services
Financial Aid and Awards	camosun.ca/registration-records/financial-aid-awards
Help Centres (Math/English/Science)	camosun.ca/services/academic-supports/help-centres
Indigenous Student Support	camosun.ca/programs-courses/iecc/indigenous-student-services
International Student Support	camosun.ca/international
Learning Skills	camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills
Library	camosun.ca/services/library
Office of Student Support	camosun.ca/services/office-student-support
Ombudsperson	camosun.ca/services/ombudsperson
Registration	camosun.ca/registration-records/registration
Technology Support	camosun.ca/services/its
Writing Centre	camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

Academic Integrity

Students are expected to comply with all College policy regarding academic integrity; which is about honest and ethical behaviour in your education journey. The following guide is designed to help you understand your responsibilities: <https://camosun.libguides.com/academicintegrity/welcome>
Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.13.pdf> for Camosun's Academic Integrity policy and details for addressing and resolving matters of academic misconduct.

Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc.). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:
<https://camosun.ca/services/academic-supports/accessible-learning>

Academic Progress

Please visit <https://camosun.ca/sites/default/files/2023-02/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <https://camosun.ca/registration-records/tuition-fees#deadlines>.

Grading Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <https://camosun.ca/sites/default/files/2021-07/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <https://camosun.ca/sites/default/files/2021-05/e-2.9.pdf> and camosun.ca/services/sexual-violence-support-and-education. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-370-3841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <https://camosun.ca/sites/default/files/2021-05/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

Looking for other policies?

The full suite of College policies and directives can be found here: <https://camosun.ca/about/camosun-college-policies-and-directives>

Changes to this Syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.