

CLASS SYLLABUS



COURSE TITLE: MHA 120 – Support Strategies
CLASS SECTION: BX01
TERM: W2022
COURSE CREDITS: 3
DELIVERY METHOD(S): Blended

Camosun College campuses are located on the traditional territories of the Ləkʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.
Learn more about Camosun's [Territorial Acknowledgement](#).

<https://camosun.ca/about/covid-19-updates>

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.

INSTRUCTOR DETAILS

NAME: Kristin Ross
EMAIL: Ross@camosun.ca
OFFICE: CHW 312 – door by north windows
HOURS: as posted and/or arranged

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

This course introduces students to strategies to support individuals in home, school, work, and community settings. Students will design and implement practical plans to facilitate positive change.

NOTE: Open to MHA Students only.

PREREQUISITE(S): n/a
CO-REQUISITE(S): n/a
PRE/CO-REQUISITE(S): n/a

COURSE DELIVERY

ACTIVITY	HOURS / WEEK	# OF WEEKS	ACTIVITY HOURS
Lecture			
Seminar			
Lab / Collaborative Learning			

Supervised Field Practice
 Workplace Integrated Learning
 Online

4		60
TOTAL HOURS		60

COURSE LEARNING OUTCOMES

Upon successful completion of this course a student will be able to:

- a) Use strength based teaching supports and engagement strategies to meet the personal learning needs of individuals and families.
- b) Use effective and respectful approaches with individuals who demonstrate challenging behavior.
- c) Apply knowledge of health maintenance and promotion to support individuals in meaningful participation in daily life activities
- d) Apply knowledge of group process to support individuals and families.

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

Camosun College (2021). MHA 120 Course package

Corey, G., & Corey, M. S. (2016/21). *Becoming a Helper* (7th/8th ed.). Belmont, CA: Brooks/Cole.
 Morrison-Valfre, M. (2021). *Foundations of Mental Health Care* (7th ed.). St. Louis, MO: Mosby, Inc.
 REES Program (2014). *Resource Guide for Partners in Mental Health, Resources, Education, Employment & Supports* (9th ed.). Victoria, BC: Victoria Cool Aid Society.

Technology-related: USB flashdrive, integrated computer Web-cam, headset/microphone, scan & upload software (e.g., <https://support.apple.com/en-ca/HT210336>)

COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

Schedule provided by instructor.

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required. Deadlines can be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

STUDENT EVALUATION

DESCRIPTION		WEIGHTING
D2L Content:	Reflections (Dropbox) Discussion Posts (Discussion Forums)	30%
Teaching & Learning Exchange:	Activity Plan, Video, Feedback, Self Critique	35%
In Class:	Case Scenario	5%
	Group Facilitation Skill Development	10%
Group Process & Facilitation Reflection		20%

DESCRIPTION		WEIGHTING
Other Activities	In-Class Assignment & D2L Follow-up	COM
TOTAL		100%

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information.
<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

COURSE GUIDELINES & EXPECTATIONS

The following course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

This course is a blended delivery (on-campus and online); both aspects are equally valued and developed to enhance student skills and knowledge acquisition. A full-time program of study is typically 25 hours/week of instruction (D2L & campus time) plus 15 hrs/wk for reading and assignments = 40 hrs/wk total.

Learning formats in Mental Health & Addiction (MHA) Program courses include discussions, peer interactions, student-directed research, in-person and video skill development, role-play, and critical thinking activities. Performance indicators of outcomes include team/group collaboration, task-sharing, and presentations.

Expectations of Learners

Students are to arrive on-time to campus and online classes, as well as asynchronous activities with instructors and peers, ready to contribute their knowledge and insights, having completed preparation activities to create a positive and effective learning environment. Please show respect to peers by submitting assignments by due dates to contribute to activities based on assignments and readings as indicated in course Schedule.

Because the MHA Program prepares graduates for professional roles in the community, students are to demonstrate positive interpersonal behavior in campus and online environments with peers and faculty (e.g., informing others if arriving late to a meeting).

Professional behavior demonstrates readiness for practicum and graduate roles, including contributing to a respectful atmosphere in all settings. This document contains policies to facilitate professional practice, including punctuality, accountability, effectual interpersonal behaviors (e.g., listening, acknowledging others, and emotional maturity), and demonstration of knowledge, skills, congenial teamwork, and decorum.

Please review the Academic Integrity policy linked on p. 6 of this document; it includes definitions and processes for plagiarism and cheating (i.e., sharing your own work).

Technology:

- Cellphones and electronic devices are to be out-of-sight with alerts and ringers turned off while the class is in-session. The only exception is computers for purposes of notetaking, pre-arranged with the Center for Accessible Learning (CAL) accommodation.
- Some students have difficulty disengaging and the continuous checking or distraction of the sounds and screen light deter from the classroom experience for the student and those in the vicinity. In practice, workers who use their phones for personal use are not present and engaged with their

client; we discourage this and expect professional behavior of students as they prepare for practicum and graduate roles. We encourage and expect a respectful atmosphere for all in the learning environment.

- During online synchronous class times, cameras are to be on unless instructor indicates otherwise. Please mute microphones at start of sessions; instructors will guide the use of technology as the class progresses. Close and turn off Apps (e.g., WhatsApp, Skype), phones, and webpages other than D2L.
- Students are not to communicate (or start pages) on social media platforms due to their exclusionary nature, in addition to reasons covered in orientation. Demonstration of course outcomes include group work and communication in discussion forums; instructors must be able to assess participation content.

Participation:

Due to the short and intense nature of the MHA program, classes are planned as a continuum for building skills and knowledge required to meet competencies for working in community mental health & addiction services. Assignments, D2L activities, and class sessions are integrated and necessary for meeting learning outcomes.

Participation in campus and D2L settings includes:

- Pre-class preparation completion, including reading materials as indicated in course Schedule
- Arriving to classes and activities on time with regular attendance; as professional etiquette, late arrivals and absences are to be communicated to the instructor prior to class start time
- Effective interpersonal communication and engagement skills including active listening, respectful dialogue, attentiveness during presentations, and constructive and appropriate comments in class

Missed class time (on-campus or online at scheduled times):

- If a student is absent from all or part of a scheduled class, they are expected to complete learning activities to demonstrate outcomes for missed content (due before start of next class). Activities reflect knowledge and skills aligned with the course (e.g., viewing a video, collaborative groupwork). This ensures all learners experience the same content. Instructors must be confident that skills and knowledge meet competencies and learning outcomes for the field; every class is relevant.
- All missed content activities must be submitted for a final grade to be posted on myCamosun; delay may impact a student's ability to register in post-requisite courses (e.g., MHA 140 Practicum).
- Repeated absence from class times will be discussed with the student. Successful course completion will be jeopardized if more than 15% of class time is missed (3-credit/45 hr. course = 6.75 hours).

SCHOOL OR DEPARTMENTAL INFORMATION

[INSERT TEXT HERE]

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies;

demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	http://camosun.ca/advising
Accessible Learning	http://camosun.ca/accessible-learning
Counselling	http://camosun.ca/counselling
Career Services	http://camosun.ca/coop
Financial Aid and Awards	http://camosun.ca/financialaid
Help Centres (Math/English/Science)	http://camosun.ca/help-centres
Indigenous Student Support	http://camosun.ca/indigenous
International Student Support	http://camosun.ca/international/
Learning Skills	http://camosun.ca/learningskills
Library	http://camosun.ca/services/library/
Office of Student Support	http://camosun.ca/oss
Ombudsperson	http://camosun.ca/ombuds
Registration	http://camosun.ca/registration
Technology Support	http://camosun.ca/its
Writing Centre	http://camosun.ca/writing-centre

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the

appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the "Attendance" section under "Registration Policies and Procedures"

(<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at

<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The

Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and camosun.ca/sexual-violence. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-370-3841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

Changes to this Syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.