

**MHA 115 Therapeutic Relationships Schedule** Fall 2023 (subject to change)

| Week  | Date   | Topic  | Activities & Assignments Due Prior to the Date   |
|-------|--|--|--|
| 1     | Sep. 4 <sup>th</sup>                                       | <b>NO CLASS (Labor Day)</b>  |  |
| 2     | Sep. 11 <sup>th</sup>                                      | Introduction   | Week 1 Module Activities<br><b>Due every Saturday:</b> Chapter responses for <i>The Lost Art of Listening</i> (1 <sup>st</sup> responses due Saturday September 16 <sup>th</sup> ) |
| 3     | Sep. 18 <sup>th</sup>                                      | Intrapersonal Communication  | Week 2 Module Activities   |
| 4     | Sep. 25 <sup>th</sup>                                      | Diversity & Communication<br>Introduce Micro skill<br>Assignmt (put in groups/assign skill)<br><br>In class activity#1 | Week 3 Module Activities   |
| 5     | Oct. 2 <sup>nd</sup><br><b>NO CLASS (College Closed)</b>   | Content online   | Week 4 Module Activities   |
| 6     | Oct. 9 <sup>th</sup><br><b>NO CLASS (Thanksgiving)</b>     | Conflict (online content)  | Week 5 Module Activities   |
| 7     | Oct. 16 <sup>th</sup>                                      | Class time for Micro Skill Assignment (All groups must attend in person)   | Week 6 Module activities   |
| 8 & 9 | Oct. 23 <sup>rd</sup><br>Oct. 30 <sup>th</sup>             | Micro Skills Assignment Parts 1 & 2  | <b>Due Oct. 22<sup>nd</sup> :</b> Week 7 Module Activities<br><b>Due Oct. 29<sup>th</sup>:</b> Week 8 Module Activities  |
| 10    | Nov. 6 <sup>th</sup>                                       | Micro skills Cont.<br>Motivation interviewing<br>Review  | Week 9 Module Activites  |
| 11    | Nov. 13 <sup>th</sup><br><br><b>NO CLASS (Remembrance)</b> |  | 10 Module Activities   |

|    | Day)                  |   |  |
|----|-----------------------|---|--|
| 12 | Nov. 20 <sup>st</sup> | Crisis Intervention and Aggression                  | Week 11 Module Activities  |
| 13 | Nov. 27 <sup>th</sup> | Suicide And Intervention                            | Week 12 Module Activities  |
| 14 | Dec. 4 <sup>th</sup>  | Bringing It All Together<br>In class<br>Activity #2 | Week 13 Module Activities<br>Micro Skills Assignment Parts 3 & 4 |