# **COURSE SYLLABUS**



COURSE TITLE: Clinical Placement 3

CLASS SECTION: Mass 293

TERM: W2024

**COURSE CREDITS: 3** 

DELIVERY METHOD(S): Standard

Camosun College campuses are located on the traditional territories of the Ləkʿwəŋən and WSÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.

Learn more about Camosun's Territorial Acknowledgement.

The COVID-19 pandemic has presented many challenges, and Camosun College is committed to helping you safely complete your education. Following guidelines from the Provincial Health Officer, WorkSafe BC, and the B.C. Government to ensure the health and wellbeing of students and employees, Camosun College is providing you with every possible protection to keep you safe. Our measures include COVID Training for students and employees, health checks, infection control protocols including sanitization of spaces, PPE and ensuring physical distancing. For details on these precautions please follow this

link: <a href="http://camosun.ca/covid19/faq/covid-faqs-students.html">http://camosun.ca/covid19/faq/covid-faqs-students.html</a>. However, if you're at all uncomfortable being on campus, please share your concerns with your Instructor. If needed, alternatives will be discussed.

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.

# **INSTRUCTOR DETAILS**

NAME: Emah Christiansen

EMAIL: Christiansene@camosun.bc.ca

OFFICE: PISE 203

**HOURS:** By appointment

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

#### **CALENDAR DESCRIPTION**

Students will integrate knowledge and skills into clinical practice through experiential learning opportunities at community placements. Students will apply massage techniques, manual methods, and therapeutic exercise for the treatment of general and soft tissue pathologies, with an emphasis on safe, effective, and ethical treatment. Students will present and discuss clinical cases in circle to foster an open and inclusive sharing environment.

PREREQUISITE(S): C in Mass 112, C in AET 482

CO-REQUISITE(S): COM in Mass 192

EXCLUSION(S): None

## COURSE LEARNING OUTCOMES / OBJECTIVES

- Demonstrate respectful and professional behavior and develop rapport with patients of diverse cultural, ethnic, functional, gender, or age differences.
- Utilize written, oral, and electronic communication effectively in the clinical setting and demonstrate the ability to chart assessments and treatments using medical terminology.
- Apply knowledge of anatomy, physiology, and pathology into assessment practices.
- Perform assessments of soft tissue pathologies and formulate a clinical impression/differential diagnosis.
- Apply appropriate massage techniques, manual therapy, and therapeutic exercise for the treatment of commonly occurring soft tissue conditions or impairments across a variety of populations.
- Utilize clinical reasoning and problem-solving skills to determine appropriate treatment plans for commonly occurring clinical conditions in massage therapy.
- Develop strategies for personal growth and professional development.

# REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

(a) Outcome Based Massage, Andrade, 3e, 2014.

# COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

Seminar: X01 Tu 9:30-11:20, X02 Tu 2:30-4:20 LACC 121

WEEK or DATE RANGE	ACTIVITY or TOPIC	OTHER NOTES
1	Introduction & Capstone Timelines	
2	MSAK Review UE Bones/Joints	
3	MSAK Review UE Muscles/Testing	
4	MSAK Review LE Bones/Joints	
5	MSAK Review LE Muscles/Testing	
6	MSAK Review Palpation & Case scenarios	
7	Reading Break NO CLASSES	
8	Midterm Week NO CLASS	
9	MSAK Review T/S Bones/Joints	
10	MSAK Review T/S Muscles/Testing	

WEEK or DATE RANGE	ACTIVITY or TOPIC	OTHER NOTES
11	MSAK Review L/S Coxal Bones/Joints	
12	MSAK Review L/S Coxal Muscles/Testing	
13	MSAK Review C/S Bones/Joints	
14	MSAK Review C/S Muscles/Testing	
15	Final Exam Week	

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required. Deadlines scan be reviewed on the <a href="CAL exams page">CAL exams page</a>. <a href="http://camosun.ca/services/accessible-learning/exams.html">http://camosun.ca/services/accessible-learning/exams.html</a>

#### **EVALUATION OF LEARNING**

DESCRIPTION		WEIGHTING
Clinical Evaluations		45%
Assignments 11 review checklists @ 5%		55%
If you have a concern about a grade you have received for an evaluation, please come and see	TOTAL	100%

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the <u>Grade Review and Appeals</u> policy for more information. <a href="http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf">http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf</a>

## **COURSE GUIDELINES & EXPECATIONS**

There will be several assignments throughout the course. It is the student's responsibility to be informed of any assigned work and due dates. When submitting your own individual assignment, be sure that it is your own work (keeping in mind academic honesty requirements). This applies even if you are studying with other students - the work you submit must still be your own. Please submit assignments in the format requested by the instructor. Incorrect formatting will result in late penalties and delayed grading.

Students are expected to attend the seminars prepared to discuss the materials from the related material.

## SCHOOL OR DEPARTMENTAL INFORMATION

The Diploma in Massage Therapy prepares graduates to become independent, successful, and professional health care providers in the area of massage therapy.

The program includes advanced theoretical knowledge and the practical application of the skills necessary to provide safe, effective, and ethical massage therapy that meets entry to practice requirements of the College of Massage Therapists of BC. Students learn to apply principles of physical, health, and social sciences as they relate to massage therapy in the classroom, simulated environments, and through clinical placements in the community.

#### STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

#### SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <a href="http://camosun.ca/students/">http://camosun.ca/students/</a>.

advising
accessible-learning
counselling
coop
<u>financialaid</u>
help-centres
indigenous
international/
learningskills
services/library/
oss
<u>ombuds</u>
/registration
i <u>ts</u>
writing-centre

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

#### Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the <a href="Centre for Accessible Learning">Centre for Accessible Learning</a> (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started: <a href="http://camosun.ca/services/accessible-learning/">http://camosun.ca/services/accessible-learning/</a>

# Academic Integrity

Please visit <a href="http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf">http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf</a> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

## **Academic Progress**

Please visit <a href="http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf">http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf</a> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

#### Course Withdrawals Policy

Please visit <a href="http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf">http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf</a> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <a href="http://camosun.ca/learn/fees/#deadlines">http://camosun.ca/learn/fees/#deadlines</a>.

# **Grading Policy**

Please visit <a href="http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf">http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf</a> for further details about grading.

## **Grade Review and Appeals**

Please visit <a href="http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf">http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf</a> for policy relating to requests for review and appeal of grades.

#### Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <a href="http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf">http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf</a> to learn more about the process involved in a medical/compassionate withdrawal.

### Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them

understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf and camosun.ca/sexual-violence. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-3703841

## Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <a href="http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf">http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf</a> to understand the College's expectations of academic integrity and student behavioural conduct.

**Changes to this Syllabus:** Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.