



Course Syllabus

Course title: Postsurgical Treatment Considerations

Class section: MASS - 276 - X01B

Term: 2025S

Course credits: 3

Total hours: 45

Delivery method: In-Person

Territorial acknowledgment

Camosun College respectfully acknowledges that our campuses are situated on the territories of the Lək'wəŋən (Songhees and Kosapsum) and W̱SÁNEĆ peoples. We honour their knowledge and welcome to all students who seek education here.

Instructor details

Name: Iain Little

Email: littlei@camosun.ca, Office: PISE 203, Hours: By appointment via Email on Mondays and Thursdays

Course description

Course Description:

Students will study common surgical procedures and postsurgical complications within the context of massage therapy, with an emphasis on the identification of postsurgical contraindications to massage treatment.

Prerequisites:

All of:

- C in MASS 115
- C in MASS 117

Or all of:

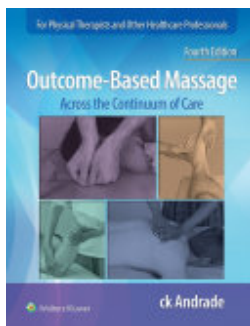
- C in AET 310
- C in AET 381
- C in AET 481
- C in KIN 400

Learning outcomes

Upon successful completion of this course students will be able to:

- Identify and describe the purpose for various surgical procedures relevant to the practice of massage therapy, including orthopedic and cardiovascular procedures.
- Identify common complications to massage therapy treatment for recent or long-term history of postsurgical care.
- Obtain and document a postsurgical patient history.
- Differentiate the uses of absolute and relative contraindications and precautions in the treatment of postsurgical patients.
- Identify limitations of scope of practice in treatment of the postsurgical patient.

Course reading materials



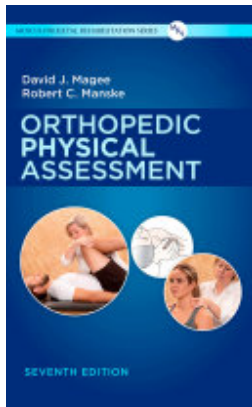
Title: Outcome-Based Massage

Authors: Carla-Krystin Andrade

Publisher: Lippincott Williams & Wilkins

Publication Date: 2022-03-28

Required/Optional: Required



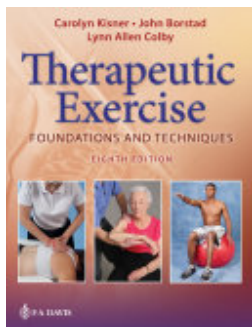
Title: Orthopedic Physical Assessment - E-Book

Authors: David J. Magee, Robert C. Manske

Publisher: Elsevier Health Sciences

Publication Date: 2020-12-11

Required/Optional: Required



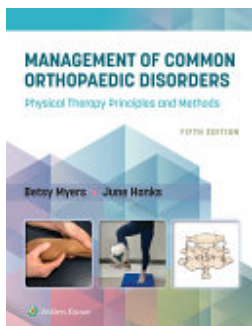
Title: Therapeutic Exercise

Authors: Carolyn Kisner, Lynn Allen Colby, John Borstad

Publisher: F.A. Davis

Publication Date: 2022-10-17

Required/Optional: Required



Title: Management of Common Orthopaedic Disorders

Authors: Betsy Myers, June Hanks

Publisher: Lippincott Williams & Wilkins

Publication Date: 2022-01-31

Required/Optional: Optional

image
not
available

Title: Evidence-Based Massage Therapy \

Authors: Richard Lebert

Publication Date: 2018-01-01

Additional Information

[https://open.bccampus.ca/browse-our-collection/find-open-textbooks/?
uuid=f50db397-871f-40bb-861f-
35fd1e74b980&contributor=&keyword=&subject=](https://open.bccampus.ca/browse-our-collection/find-open-textbooks/?uuid=f50db397-871f-40bb-861f-35fd1e74b980&contributor=&keyword=&subject=)

Required/Optional: Optional

Course schedule

MASS-276-X01A-X01B: Postsurgical Treatment

2025 Summer, Interurban Campus

M 12:30 PM - 2:20 PM

2025/05/05 - 2025/08/09

Liz Ashton Campus Centre, 121 Lecture

Th 1:30 PM - 3:20 PM

2025/05/05 - 2025/08/09

Liz Ashton Campus Centre, 121 Laboratory

X01A and X01B alternate Laboratory weeks, Each week will be hands on with a focus on surgery in different areas of the body.

WK	Lecture	Lab
1	Intro, wound healing, scars, history taking - yellow and red flags	A-1
2	Lifts, transfers, surgical interventions, postoperative management	B-1
3	No Lecture	A-2
4	Terminology, plates, screws, postoperative interventions and complications	B-2
5	ACL	A-3
6	Knee & Hip Arthroplasty	B-3
7	Midterm Week	
8	Cancer	A-4
9	Biopsies	B-4
10	Chest surgeries	A-5
11	C-sections	B-5
12	Ectomies & ostomies	A-6

WK	Lecture	Lab
13	Cardiac	B-6
14	No lecture	No lab (OP?)

Assessment and evaluation

Type	Description	Weight
Exams (Midterms and finals)	Final Written	30
Exams (Midterms and finals)	Midterm Written	30
Exams (Midterms and finals)	Oral Exam	30
Projects / Research	Final Oral Exam Preparation	10

Course guidelines and expectations

Lecture Attendance

Classes are always better with more student input. Life can make attendance to all the classes unrealistic. I would ask that you advocate for yourself to acquire all information given during a class missed, including notes, hand-outs, changed exam dates etc.

Laboratory Attendance

Laboratory participation prioritizes exchanges with post surgery implications in mind. This may be the last time I get to work in depth with you as you treat.

Due Dates and Late Assignments

I view due dates as helpful structure in a busy student life. Try to use them to map out your semester and spread out your workload. Students who have an approved academic accommodation through CAL will discuss their due dates with me before the assignment is due. Assignment marks will be returned to students in a timely manner, usually within 1-2 weeks, depending on the length of the assignment.

Sometimes life makes it hard to get assignments in on time. If you contact me before the assignment is due, we can discuss strategies for you. If I do not hear from you before the assignment is due, the assignment deductions will be 10% a day for the first portion of a day late for up to 3 days (up to 30%). Assignments will not be marked if more than three days late inclusive of weekends. This policy has been developed over time and prioritizes communication. If the assignment sneaks up on you and it is a day late, I will take the 10% off with no judgement and no need to contact me. If you are sick with Covid 2 days before the due date, contact me to discuss a reasonable extension.

Exam Procedures

All exams must be written at the scheduled times except for students requiring an accommodation by CAL. It is understood that emergency circumstances do occur (e.g., illness or family emergency); for such circumstances accommodation may be offered at the discretion of the instructor, provided the student:

- a) notifies the instructor in advance of the exam (not after), and
- b) provides documented evidence of the circumstance (e.g., medical certificate).

If an exam is missed with an excused absence, it is up to the instructor's discretion as to how the mark will be made up.

Be sure not to make travel plans for the end of semester until the final exam schedules are finalized and posted. Please ask any family members who might make travel plans on your behalf to consult you before booking tickets.

Please note: the use of cell phones during a test or quiz is not allowed and may result in a zero for that assessment.

College policies and student responsibilities

The college expects students to be responsible, respectful members of the college community. Responsible students meet expectations about attendance, assignments, deadlines, and appointments. They become familiar with academic policies and regulations, and their rights and responsibilities.

College policies are available online at the [Policies and Directives](#) page. Academic regulations are detailed on the [Academic Policies and Procedures for Students](#) page.

Policies all students should be familiar with include the [Academic Integrity Policy](#). This policy expects students to be honest and ethical in all aspects of their studies. It defines plagiarism, cheating, and other forms of academic dishonesty. Infractions of this policy can result in loss of marks or a failing

grade. To learn more about plagiarism and cheating, including the use of artificial intelligence, review the [Academic Integrity Guide](#).

The [Academic Accommodations for Students with Disabilities Policy](#) defines how Camosun provides appropriate and reasonable academic accommodations. The Centre for Accessible Learning (CAL) coordinates academic accommodations. Students requiring academic accommodations should request and arrange accommodations through CAL. Contact CAL at least one month before classes start to ensure accommodations can be put in place in time. Accommodations for quizzes, tests, and exams must follow CAL's booking procedures and deadlines. More information is available on the [CAL website](#).

Students must meet the grading and promotion standards to progress academically. More information is available in the [Grading Policy](#).

The college uses two grading systems. A course will either use the standard letter grade system (A+ to F) or a competency-based approach with grades of complete, completed with distinction or not completed. Visit the [Grades/GPA page](#) for more information.

Students must meet the college's academic progress standards to continue their studies. A student is not meeting the standards of progress when a GPA falls below 2.0. The college offers academic supports for students at risk of not progressing. The [Academic Progress Policy](#) provides more details.

If you have a concern about a grade, contact your instructor as soon as possible. The process to request a review of grades is outlined in the [Grade Review and Appeals Policy](#).

The [Course Withdrawals Policy](#) outlines the college's requirements for withdrawing from a course. Consult the [current schedule](#) of deadlines for fees, course drop dates, and tuition refunds.

If students experience a serious health or personal issue, they may be eligible for a [medical or compassionate withdrawal](#). The [Medical/Compassionate Withdrawal Request Form](#) outlines what is required.

The [Acceptable Technology Use](#) policy ensures the use of the college network and computers contribute to a safe learning environment. This policy also applies to the use of personal devices with the college network.

Students experiencing sexual violence can get support from the Office of Student Support. This Office of Student support is a safe and private place to discuss supports and options. More information is available on the [sexual violence support and education site](#). Students can email oss@camosun.ca or phone 250-370-3046 or 250-370-3841.

The [Student Misconduct Policy](#) outlines the college's expectations of conduct. Students should behave to contribute to a positive, supportive, and safe learning environment.

The [Ombudsperson](#) provides an impartial, independent service to help students understand college policies.

Services for students

Successful students seek help and access college services. These services are recommended to make the most of your time at college.

Services for Academic Success

- [Career Lab](#): Connects students with work-integrated learning experiences, including co-op placements and career fairs.
- [English, Math, and Science Help Centres](#): Get one-on-one help with homework.
- [Library](#): Get help with research, borrow materials, and access e-journals and e-books. Libraries at both campuses provide computers, individual and group study spaces.
- [Makerspace](#): A place to innovate, collaborate, and learn new skills and technology in a fun, dynamic, inclusive environment.
- [Writing Centre & Learning Skills](#): Get assistance with academic writing or meet with a learning skills specialist for help with time management, preparing for exams, and study skills.

Enrolment, Registration, and Records

- [Academic Advising](#): Talk to an academic advisor for help with program planning.
- [Financial Aid and Awards](#): Learn about student loans, bursaries, awards, and scholarships.
- [Registration](#): Get information about Camosun systems, including myCamosun, and college policies and procedures.
- [Student Records](#): Get verification of enrolment to access funding, request a transcript, or credential.

Wellness and Cultural Supports

- [Counselling](#): It's normal to feel overwhelmed or unsure of how to deal with life's challenges. The college's team of professional counsellors are available to support you to stay healthy. Counselling is free and available on both campuses. If you need urgent support after-hours, contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.
- [Centre for Indigenous Education and Community Connections](#): Provides cultural and academic supports for Indigenous students.
- [Camosun International](#): Provides cultural and academic supports for international students.
- [Fitness and Recreation](#): Free fitness centres are located at both campuses.

For a complete list of college services, see the [Student Services](#) page.

Changes to this syllabus

Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change the course content or schedule. When changes are necessary the instructor will give clear and timely notice.