

COURSE SYLLABUS



COURSE TITLE: Systemic Treatment 1

CLASS SECTION: Mass 161

TERM: S2024

COURSE CREDITS: 3

DELIVERY METHOD(S): Lecture/Lab

Camosun College campuses are located on the traditional territories of the Lək̓ʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.

Learn more about Camosun's [Territorial Acknowledgement](#).

For COVID-19 information please visit <https://camosun.ca/about/covid-19-updates>

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.

INSTRUCTOR DETAILS

NAME: Sheri Griffiths

EMAIL: griffithss@camosun.ca

HOURS: By appointment

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

Students will explore methods for the appropriate treatment of systemic conditions, including vascular headaches, peripheral vascular conditions, digestive system pathologies, and respiratory dysfunctions. Students will apply theoretical knowledge and practical application of various treatment techniques with and emphasis on safe and effective treatment. Students will utilize clinical reasoning skills and problem solving in adapting treatment techniques.

PREREQUISITE(S): One of : C in Mass 121/122, Biol 143/144/150/151/152/153

CO-REQUISITE(S): None

EXCLUSION(S): Open to Massage Therapy students only

COURSE LEARNING OUTCOMES / OBJECTIVES

- Demonstrate appropriate therapeutic techniques for the treatment of systemic conditions.
- Safely and effectively adapt massage techniques and other modalities for a variety of systemic conditions

- Utilize clinical reasoning, research, and problem solving skills in the development of a safe and effective, client-directed treatment plan
- Describe the holistic approach to treatment using the Four Directions Medicine Wheel

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

Andrade, C. Outcome Based Massage 2nd Ed.

Merck Manual Web-Based Edition

Kisner, C. Therapeutic Exercise: Foundations and Techniques 7th Ed.

Salvo, S. Mosby's Pathology for Massage Therapists. 4th Ed.

COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

WEEK or DATE RANGE	ACTIVITY or TOPIC	OTHER NOTES
1: May 6-10	Module 1: Intro to Systemic Treatments	
2: May 13- 17	Module 2: Headaches	
3: May 20-24	Module 2: Headaches	
4: May 27-31	Module 2: Headaches	
5: June 3-7	Module 3: GI Conditions	
6: June 10-14	Module 3: GI Conditions	
7: June 17-21	Mid term	
8: June 24-28	Module 4: Cardiovascular Conditions	
9: July 1-5	Module 4: Cardiovascular Conditions	
10: July 8-12	Module 4: Cardiovascular Conditions	
11: July 15-19	Module 5: Respiratory Conditions	
12: July 22-26	Module 5: Respiratory Conditions	
13: July 29-Aug 2	integration	

WEEK or DATE RANGE	ACTIVITY or TOPIC	OTHER NOTES
14: Aug 5 –9	Practical Exam	
15: Aug 12-16	Written Exam	

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced notice is required. Deadlines can be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

EVALUATION OF LEARNING

DESCRIPTION	WEIGHTING
Module Assignments (5)	20%
Professionalism/Engagement	5%
Midterm Written	15%
Midterm Practical	15%
Final Written	20%
Final Practical	25%
TOTAL	100%

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information. <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

COURSE GUIDELINES & EXPECTATIONS

There will be several assignments throughout the course. It is the student's responsibility to be informed of any assigned work and due dates. When submitting your own individual assignment, be sure that it is your own work (keeping in mind academic honesty requirements). This applies even if you are studying with other students - the work you submit must still be your own. Please submit assignments in the format requested by the instructor. Incorrect formatting will result in late penalties and delayed grading. Students are expected to attend the lectures on time prepared to discuss the materials from the related worksheets.

SCHOOL OR DEPARTMENTAL INFORMATION

The Diploma in Massage Therapy prepares graduates to become independent, successful, and professional health care providers in the area of massage therapy.

The program includes advanced theoretical knowledge and the practical application of the skills necessary to provide safe, effective and ethical massage therapy that meets entry to practice requirements of the College of Massage Therapists of BC. Students learn to apply principles of physical, health and social sciences as they relate to massage therapy in the classroom, simulated environments, and through clinical placements in the community.

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	http://camosun.ca/advising
Accessible Learning	http://camosun.ca/accessible-learning
Counselling	http://camosun.ca/counselling
Career Services	http://camosun.ca/coop
Financial Aid and Awards	http://camosun.ca/financialaid
Help Centres (Math/English/Science)	http://camosun.ca/help-centres
Indigenous Student Support	http://camosun.ca/indigenous
International Student Support	http://camosun.ca/international/
Learning Skills	http://camosun.ca/learningskills
Library	http://camosun.ca/services/library/
Office of Student Support	http://camosun.ca/oss
Ombudsperson	http://camosun.ca/ombuds
Registration	http://camosun.ca/registration
Technology Support	http://camosun.ca/its
Writing Centre	http://camosun.ca/writing-centre

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

Academic Integrity

Students are expected to comply with all College policy regarding academic integrity; which is about honest and ethical behaviour in your education journey. The following guide is designed to help you understand your responsibilities: <https://camosun.libguides.com/academicintegrity/welcome>

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.13.pdf> for Camosun's Academic Integrity policy and details for addressing and resolving matters of academic misconduct.

Academic Accommodations for Students with Disabilities

Camosun College is committed to achieving full accessibility for persons with disabilities. Part of this commitment includes arranging appropriate academic accommodations for students with disabilities to ensure they have an equitable opportunity to participate in all of their academic activities. If you are a student with a documented disability and think you may need accommodations, you are strongly encouraged to contact the Centre for Accessible Learning (CAL) and register as early as possible. Please visit the CAL website for more information about the process of registering with CAL, including important deadlines:

<https://camosun.ca/cal>

Academic Progress

Please visit <https://camosun.ca/sites/default/files/2023-02/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <https://camosun.ca/registration-records/tuition-fees#deadlines>.

Grading Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal (see [Medical/Compassionate Withdrawals policy](#)). Please visit <https://camosun.ca/services/forms#medical> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of

when or where the sexual violence occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence Policy:

<https://camosun.ca/sites/default/files/2021-05/e-2.9.pdf> and camosun.ca/services/sexual-violence-support-and-education.

To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-370-3841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <https://camosun.ca/sites/default/files/2021-05/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

Looking for other policies?

The full suite of college policies and directives can be found here: <https://camosun.ca/about/camosun-college-policies-and-directives>

Changes to this Syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.