

COURSE SYLLABUS



COURSE TITLE: Professional Practice

CLASS SECTION: Mass 105

TERM: F2023

COURSE CREDITS: 3

DELIVERY METHOD(S): Standard

Camosun College campuses are located on the traditional territories of the Lək̓ʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.

Learn more about Camosun's [Territorial Acknowledgement](#).

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.

INSTRUCTOR DETAILS

NAME: Upma Rai

EMAIL: raiu@camosun.ca

OFFICE: PISE 203

HOURS: By appointment

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

Course is restricted to students in the Massage Therapy program.

Students will learn the functional areas of professional practice of a massage therapist, which includes communication, ethics, and therapeutic relationships. Students will study non-verbal and verbal communications, therapeutic boundaries, ethical issues, and conflict resolution strategies.

PREREQUISITE(S): None

CO-REQUISITE(S): None

EXCLUSION(S): None

COURSE LEARNING OUTCOMES / OBJECTIVES

At the completion of this course, students will be able to:

- Demonstrate professional communication skills in the therapist-patient relationship.
- Demonstrate effective verbal and nonverbal communication and use empathetic responses in the therapeutic relationship.
- Communicate orally, electronically, and in writing in a manner that respects diversity and is suitable to the recipients of diverse cultures, values, and beliefs, and is suitable to the recipient's understanding.
- Utilize effective verbal, written and non-verbal communication strategies to develop and maintain positive working relationships.
- Utilize accurate and commonly accepted medical terminology in maintaining comprehensive practice records.
- Utilize electronic modes of communication effectively and professionally.
- Utilize effective communication and problem solving strategies to resolve conflict.
- Conduct oneself in accordance to ethical and professional codes and guidelines.
- Create a safe and comfortable environment, consistent with patient/client needs.
- Identify the importance of establishing and maintaining professional collaboration.
- Identify resources with current evidence based practice guidelines.
- Identify the characteristics of power differentials in the patient/client-therapist relationship and describe strategies to manage problems arising from power differentials.
- Identify the characteristics of transference and countertransference and describe strategies to manage problems arising from transference and countertransference.

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

- Outcome Based Massage, Andrade, 3e, 2014.
- Talking Bodies, Listening Hands, Fitch P. 2e, 2014

COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

Lecture: Wednesday 2:00- 3:30 PA 102

Friday 9:30-11:00 PA 101

WEEK or DATE RANGE	ACTIVITY or TOPIC	OTHER NOTES
1	Introduction	Practice Quiz due
2	Professionalism	Reflection 1 due
3	Professionalism	
4	Therapeutic relationship	Quiz 1 due
5	Therapeutic relationship	Reflection 2 due
6	Communication	Quiz 2 due
7	Communication	
8	Midterm Exams	Reflection 3 due
9	Boundaries	
10	Boundaries	
11	Ethical conduct	Quiz 3 due, Reflection 4 due
12	Ethical conduct	
13	Legislation	Reflection 5 due
14	Legislation	Quiz 4 due
15	Final Exams	Exams Reflection 6 due

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required. Deadlines scan be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

EVALUATION OF LEARNING

DESCRIPTION	WEIGHTING
12 (10 graded) In-class discussions	20%
6 Reflections	30%
4 Quizzes	20%
6 Assignments	30%
	TOTAL
If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the Grade Review and Appeals policy for more information. http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf	
	100%

COURSE GUIDELINES & EXPECTATIONS

Students are expected to attend lectures prepared to discuss materials from related readings. There will be several assignments throughout the course. It is the student's responsibility to be informed of any assigned work and due dates. Late assignments are not accepted. Extensions will be granted if they are submitted PRIOR to the deadline.

In-class performance is crucial for success in this course and program. Though attendance itself is not graded, activities and assignments completed in class are. Missing class means you forfeit the mark for that activity. No make-up opportunities will be available for these in-class activities. However, you may discard your 2 lowest graded assignments. If you miss class and receive 0 for these assignments, they can count as your "throw-away" grades. Some assignments may be self-graded by students. Your learning is your responsibility and the grade you give yourself is the most reflective of how you are doing.

SCHOOL OR DEPARTMENTAL INFORMATION

The Diploma in Massage Therapy prepares graduates to become independent, successful, and professional health care providers in the area of massage therapy. The program includes advanced theoretical knowledge and the practical application of the skills necessary to provide safe, effective, and ethical massage therapy that meets entry to practice requirements of the College of Massage Therapists of BC. Students learn to apply principles of physical, health, and social sciences as they relate to massage therapy in the classroom, simulated environments, and through clinical placements in the community.

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

Late assignments will not be accepted. Extensions will be granted if the request is submitted PRIOR to the deadline.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	http://camosun.ca/advising
Accessible Learning	http://camosun.ca/accessible-learning
Counselling	http://camosun.ca/counselling
Career Services	http://camosun.ca/coop
Financial Aid and Awards	http://camosun.ca/financialaid
Help Centres (Math/English/Science)	http://camosun.ca/help-centres
Indigenous Student Support	http://camosun.ca/indigenous
International Student Support	http://camosun.ca/international/
Learning Skills	http://camosun.ca/learningskills
Library	http://camosun.ca/services/library/
Office of Student Support	http://camosun.ca/oss
Ombudsperson	http://camosun.ca/ombuds
Registration	http://camosun.ca/registration
Technology Support	http://camosun.ca/its
Writing Centre	http://camosun.ca/writing-centre

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started: <http://camosun.ca/services/accessible-learning/>

Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the "Attendance" section under "Registration Policies and Procedures" (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit

<http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and camosun.ca/sexual-violence. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-3703841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

Changes to this Syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.