

COURSE SYLLABUS



COURSE TITLE: KIN 470 – Social Processes in Sport and Fitness

CLASS SECTION: 001

TERM: F24

COURSE CREDITS: 3

DELIVERY METHOD(S): In person, Tues and Fri

Camosun College campuses are located on the traditional territories of the Lək̓ʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here. Learn more about Camosun's [Territorial Acknowledgement](#).

For COVID-19 information please visit <https://camosun.ca/about/covid-19-updates>

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.

INSTRUCTOR DETAILS

NAME: Brianna Waldman

EMAIL: waldmanb@camosun.ca

OFFICE: PISE 306F

HOURS: Mon – Fri by appt in person or virtual (to set up appt, please email me).

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

Students will examine a range of social issues within the sport and fitness industry in Canada and internationally. This course focuses on the themes of creating social change in sport and health / fitness fields.

COURSE LEARNING OUTCOMES / OBJECTIVES

Upon successful completion of this course students will be able to:

- Describe common social issues relevant to sport and/or fitness management in the Canadian context.
- Explain theories and models of behavioral change and the process for impacting change in fields of sport or fitness.
- Describe demographic differences and the impact of these differences on programming for sport and fitness in Canada in particular to Indigenous Peoples of Turtle Island or marginalized/underserved populations.
- Analyze and present sport and/or fitness related social change topics in Canadian society.

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

(a) A notebook, computer, assigned readings or handouts, smart device and access to D2L are required for this course.

- Movie: A League of Their Own (1992 version)

COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

Week	Tues 10:30am – 11:50am PISE 329A	Lecture Topic	Fri 2:30pm – 3:50pm PISE 329B	Lecture Topic	Notes
1	Sept 3	Course Overview and Introduction to Social Issues in Sport and Fitness	Sept 6	The Power of Sport: Concepts, Definitions, and Theories	Hand out Final Exam: Sept 3 rd Hand out League of their Own Assignment – Sept 6 th
2	Sept 10	Cultural Comparisons – Understanding Social Change Processes	Sept 13	The Role of Sport and Fitness in Society: Historical and Contemporary Perspectives	Hand out Case Study or Journal – Due Dec. 1 (30%) – Sept 10 th
3	Sept 17	Theories and Models of Behavioral Change in Sport and Fitness	Sept 20	Philosophy in Sport and Fitness: Developing a Critical Lens	
4	Sept 24	Critical and Intentional Thinking: Tools for Analyzing Social Issues	Sept 27	Social-Cultural Impacts in Sport and Fitness: Spheres of Influence / General International Perspectives on Sport	League of their Own Assignment Due – Sept 29 th (20%)
5	Oct 1	Introduction to Social Change: Theories and Models	Oct 4	Indigenous Peoples and Sport in Canada: Challenges and Opportunities	Hand out Social Change Project
6	Oct 8	Case Study / Journal Time	Oct 11	Case Study / Journal Time	
7	Oct 15	Social Change Theories: Canadian Sport/Health Policy Framework & Social Change Processes in Action	Oct 18	Racial and Ethnic Diversity in Canadian Sport & Fitness	
8	Oct 22	Gender and Sexuality in Sport and Fitness – Guest Speaker Flo	Oct 25	Disability and Adaptive Activity in Canada and Internationally	

9	Oct 29	Sport and Fitness as Tools for Public Health / Fitness for Marginalized Populations	Nov 1	Socio-Economic Status and Perceptions	
10	Nov 5	Community-Based Sport and Fitness Programs:	Nov 8	The Impact of Media on Sport and Fitness Perceptions	
11	Nov 12	Social Issues – Current Issues – Religion Movie: Life without Basketball https://tubitv.com/movies/519976/life-without-basketball	Nov 15	Social Issues – Current Issues – Religion Movie: Life without Basketball https://tubitv.com/movies/519976/life-without-basketball	
12	Nov 19	Emerging Trends in Sport and Fitness for Social Change Presentations	Nov 22	Presentations	Social Change Project Presentation Due Nov 22 nd - 29 th (25%)
13	Nov 26	Presentations	Nov 29	Presentations	
14	Dec 3	Exam Prep	Dec 6	Final Exam	

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced notice is required. Deadlines can be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

EVALUATION OF LEARNING

DESCRIPTION	DUE DATE	WEIGHTING
A League of Their Own Assignment	Week 4 Sept 29th	20%
Social Change Project	Week 12 Nov. 22nd	25%
Case Study or Reflective Journal	Week 3 Dec. 1st	30%
Final Exam	Week 14 Dec. 6th	25%
	TOTAL	100%

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information.
<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

COURSE GUIDELINES & EXPECTATIONS

Please note: In order to satisfy the Learning Outcomes for the course, **all assignments and presentations** must be completed to receive a final grade.

Attendance: Students are expected to attend all classes, labs, and exams. Students are responsible for getting

their own notes from class as well as information pertaining to changes in the course outline, readings, assignments, and information pertaining to any tests or exams. Lab attendance is mandatory unless you have a medical reason for missing it, in which case you should email the instructor ahead of time to make note of your reason for missing class. Failure to attend the laboratory component could result in failure of the course.

An **excused** absence includes:

- a) a medical certificate
- b) an intercollegiate trip
- c) permission of instructor prior to absence
- d) compassionate reasons
- e) signs & symptoms of COVID-19

Absences from Campus due to COVID-19:

If a student is feeling unwell, they should inform their instructor that they will be unable to participate in any in-person classes. Where possible, alternative means of participating in the learning will be arranged. Students will not be academically penalized for such absences.

Late Assignments: Late assignments will receive a deduction of 20% per day.

Missed Exams: Exams must be written on the date scheduled. If a student is unable to write an exam through no fault of their own for medical or other reasons, valid documentation must be provided and discussed with the instructor. If a student who is absent has not made arrangements with the instructor in advance, he or she will receive a zero. Final Exams may be scheduled at any time during the final exam block; therefore, students should avoid making travel plans, professional or personal commitments for the duration of the exam period.

Office hours: While office hours are noted on the course outline, students are free to make an appointment with their instructor at a time that is mutually convenient. Another option is to email your question. Questions sent by email must be brief (think the length of a tweet). If it is impossible to reply with a brief response (due to the nature of the question) then you will be asked to make an appointment. Your instructor will respond to emails as quickly as possible, however, please keep in mind that this reply may be delayed when the instructor is tied up with other courses or if it is outside of work hours.

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	http://camosun.ca/advising
Accessible Learning	http://camosun.ca/accessible-learning

Support Service	Website
Counselling	http://camosun.ca/counselling
Career Services	http://camosun.ca/coop
Financial Aid and Awards	http://camosun.ca/financialaid
Help Centres (Math/English/Science)	http://camosun.ca/help-centres
Indigenous Student Support	http://camosun.ca/indigenous
International Student Support	http://camosun.ca/international/
Learning Skills	http://camosun.ca/learningskills
Library	http://camosun.ca/services/library/
Office of Student Support	http://camosun.ca/oss
Ombudsperson	http://camosun.ca/ombuds
Registration	http://camosun.ca/registration
Technology Support	http://camosun.ca/its
Writing Centre	http://camosun.ca/writing-centre

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

APA for AI: In-house citation rules will be used on all written assignments. Specifically, all sources must have an in-text citation with a direct permalink to source. e.g. (Camosun, 2023)

Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the "Attendance" section under "Registration Policies and Procedures" (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services->

and-support/e-2.9.pdf and camosun.ca/sexual-violence. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-3703841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

Changes to this Syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.
