

# COURSE SYLLABUS



COURSE TITLE: KIN 115 Leadership & Communication in Kinesiology

CLASS SECTION: 001

TERM: Winter 2025

COURSE CREDITS: 3

DELIVERY METHOD(S): Lecture

Camosun College campuses are located on the traditional territories of the Lək̓ʷəŋən and W̓SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.

Learn more about Camosun's [Territorial Acknowledgement](#).

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## INSTRUCTOR DETAILS

NAME: Simon Cass

EMAIL: [CassS@camosun.ca](mailto:CassS@camosun.ca)

OFFICE: PISE 306I

HOURS: By appointment. Please email.

*As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.*

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## CALENDAR DESCRIPTION

Students study the theory and application of leadership and communication skills as they apply to managing and leading as a professional in the field of kinesiology. By exploring career possibilities and their own philosophy, students begin to develop/identify their personal leadership style. Students have the opportunity to communicate their leadership skills and style with a variety of individuals and groups.

PREREQUISITE(S): *One of:* C+ in English 12; C+ in English 12 First Peoples; C+ in English Studies 12; C in [ENGL 091](#) and [ENGL 093](#); C in [ENGL 092](#) and [ENGL 094](#); C in [ENGL 092](#) and [ENGL 096](#); C in [ENGL 103](#) and [ENGL 104](#); C in [ENGL 142](#); C in [ELD 092](#) and [ELD 094](#); C in [ELD 097](#); C in [ELD 103](#) and [ELD 104](#)

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## COURSE LEARNING OUTCOMES / OBJECTIVES

Upon successful completion of this course students will be able to:

- Distinguish between a variety of leadership theories and characteristics of leaders.
- Articulate a personal philosophy statement and a personal mission statement.
- Describe the career opportunities in the field of kinesiology including in the areas of Indigenous physical activity and sport.
- Define the basic elements, functions and principles of effective communication in a wide range of activities that relate to individual, small group and large group situations.
- Demonstrate appropriate techniques associated with effective written and oral communication skills in individual, small, and large group situations.

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## REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

- Course materials will be provided on D2L.

- It is recommended that students bring a device capable of connecting to the internet (laptop, tablet, smartphone) for class. It will enhance your participation in the class.

#### COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

**Please be aware** that the Kinesiology Department requires mandatory attendance for the **first class** of each Kinesiology (KIN) course. If you do not attend, and do not contact your instructor to provide a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student

<b>Week</b>	<b>Lecture Mondays, 8:30- 10:00. 329A</b>	<b>Topic</b>	<b>Lecture Thursdays 8:30-10:00. 329A</b>	<b>Lecture Topic</b>
1	Jan. 6	Course Introduction	Jan. 9	Leadership Primer
2	Jan. 13	Leadership Theories & Styles Part 1	Jan 16	Leadership Theories & Styles Part 2
3	Jan. 20	Developing a Personal Mission Statement	Jan. 23	Introduction to Communication
4	Jan. 27	Communication Skills in Leadership	Jan. 30	Team Leadership and Group Dynamics
5	Feb. 3	Ethical Leadership	Feb 6	Motivational Basis for Leading
6	Feb. 10	Mid-Term Test	Feb. 13	Academic Integrity Course (Online)
7	Feb. 17	NO CLASS – FAMILY DAY	Feb. 20	NO CLASS – READING BREAK
8	Feb. 24	Building an Academic & Career Development Plan	Feb. 27	Facilitation Activity
9	March 3	Skills for Facilitating Groups	March 6	Facilitation Activity
10	March 10	AI / Writing / Presentation Skills & APA	March 13	Facilitation Activity
11	March 17	Professional Communication in a Modern World	March 20	AI Research and Writing Day
12	March 24	AI Research and Writing Reflection Day	March 27	Presentations
13	March 31	Presentations	April 3	Presentations
14	April 7	Presentations	April 10	Presentations

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced notice is required. Deadlines can be reviewed on the [CAL exams page](https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams). <https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams>

## EVALUATION OF LEARNING

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DESCRIPTION	WEIGHTING
Career Development Journal Part 1	10%
Mid-Term Test	25%
Academic Integrity Course (Online)	5%
Group Facilitation Activity	15%
Career Development Journal Part 2	10%
AI Written Assignment	20%
Presentation	15%
<b>Total</b>	<b>100%</b>

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf) policy for more information.  
<https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf>

## COURSE GUIDELINES & EXPECTATIONS

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- All assessments will be submitted or completed on D2L.
  - If you have technical difficulties, email me as soon as possible (must be before the due date).
- Missed or late presentations will result in an automatic zero unless there are extenuating circumstances.
- Missed tests will result in an automatic zero unless there are extenuating circumstances and supporting documentation.

## STUDENT RESPONSIBILITY

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Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

## SUPPORTS AND SERVICES FOR STUDENTS

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Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit [camosun.ca/services](https://camosun.ca/services).

Support Service	Website
Academic Advising	<a href="https://camosun.ca/services/academic-supports/academic-advising">camosun.ca/services/academic-supports/academic-advising</a>
Accessible Learning	<a href="https://camosun.ca/services/academic-supports/accessible-learning">camosun.ca/services/academic-supports/accessible-learning</a>
Counselling	<a href="https://camosun.ca/services/health-and-wellness/counselling-centre">camosun.ca/services/health-and-wellness/counselling-centre</a>
Career Services	<a href="https://camosun.ca/services/co-operative-education-and-career-services">camosun.ca/services/co-operative-education-and-career-services</a>

Support Service	Website
Financial Aid and Awards	<a href="https://camosun.ca/registration-records/financial-aid-awards">camosun.ca/registration-records/financial-aid-awards</a>
Help Centres (Math/English/Science)	<a href="https://camosun.ca/services/academic-supports/help-centres">camosun.ca/services/academic-supports/help-centres</a>
Indigenous Student Support	<a href="https://camosun.ca/programs-courses/iecc/indigenous-student-services">camosun.ca/programs-courses/iecc/indigenous-student-services</a>
International Student Support	<a href="https://camosun.ca/international">camosun.ca/international</a>
Learning Skills	<a href="https://camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills">camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills</a>
Library	<a href="https://camosun.ca/services/library">camosun.ca/services/library</a>
Office of Student Support	<a href="https://camosun.ca/services/office-student-support">camosun.ca/services/office-student-support</a>
Ombudsperson	<a href="https://camosun.ca/services/ombudsperson">camosun.ca/services/ombudsperson</a>
Registration	<a href="https://camosun.ca/registration-records/registration">camosun.ca/registration-records/registration</a>
Technology Support	<a href="https://camosun.ca/services/its">camosun.ca/services/its</a>
Writing Centre	<a href="https://camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills">camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills</a>

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

## COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

### Academic Integrity

Students are expected to comply with all College policy regarding academic integrity; which is about honest and ethical behaviour in your education journey. The following guide is designed to help you understand your responsibilities: <https://camosun.libguides.com/academicintegrity/welcome>  
Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.13.pdf> for Camosun's Academic Integrity policy and details for addressing and resolving matters of academic misconduct.

### Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc.). If you have a disability, the [Centre for Accessible Learning](https://camosun.ca/services/academic-supports/accessible-learning) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started: <https://camosun.ca/services/academic-supports/accessible-learning>

### Academic Progress

Please visit <https://camosun.ca/sites/default/files/2023-02/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

### Course Withdrawals Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <https://camosun.ca/registration-records/tuition-fees#deadlines>.

### Grading Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.5.pdf> for further details about grading.

### Grade Review and Appeals

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

### Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <https://camosun.ca/sites/default/files/2021-07/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

### Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <https://camosun.ca/sites/default/files/2021-05/e-2.9.pdf> and [camosun.ca/services/sexual-violence-support-and-education](https://camosun.ca/services/sexual-violence-support-and-education). To contact the Office of Student Support: [oss@camosun.ca](mailto:oss@camosun.ca) or by phone: 250-370-3046 or 250-370-3841

### Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <https://camosun.ca/sites/default/files/2021-05/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

### Looking for other policies?

The full suite of College policies and directives can be found here: <https://camosun.ca/about/camosun-college-policies-and-directives>

**Changes to this Syllabus:** Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.