

COURSE SYLLABUS



COURSE TITLE: **KIN 115 Leadership & Communication in Kinesiology**

CLASS SECTION: 001

TERM: Winter 2024

COURSE CREDITS: 3.0

DELIVERY METHOD(S): Lecture

Camosun College campuses are located on the traditional territories of the Ləkʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.

Learn more about Camosun's [Territorial Acknowledgement](#).

INSTRUCTOR DETAILS

NAME: Brianna Waldman (she/her)

EMAIL: Waldmanb@camosun.ca

OFFICE: PISE 306F

HOURS: By appointment

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

Students study the theory and application of leadership and communication skills as they apply to managing and leading as a professional in the field of kinesiology. By exploring career possibilities and their own philosophy, students begin to develop/identify their personal leadership style. Students have the opportunity to communicate their leadership skills and style with a variety of individuals and groups.

PREREQUISITE(S): *One of:* C+ in English 12; C+ in English 12 First Peoples; C+ in English Studies 12; C in [ENGL 091](#) and [ENGL 093](#); C in [ENGL 092](#) and [ENGL 094](#); C in [ENGL 092](#) and [ENGL 096](#); C in [ENGL 103](#) and [ENGL 104](#); C in [ENGL 142](#); C in [ELD 092](#) and [ELD 094](#); C in [ELD 097](#); C in [ELD 103](#) and [ELD 104](#)

COURSE LEARNING OUTCOMES / OBJECTIVES

Upon successful completion of this course students will be able to:

- Distinguish between a variety of leadership theories and characteristics of leaders.
- Articulate a personal philosophy statement and a personal mission statement.
- Describe the career opportunities in the field of kinesiology including in the areas of Indigenous physical activity and sport.
- Define the basic elements, functions and principles of effective communication in a wide range of activities that relate to individual, small group and large group situations.
- Demonstrate appropriate techniques associated with effective written and oral communication skills in individual, small, and large group situations.

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

- Course materials will be provided on D2L.
- It is recommended that students bring a device capable of connecting to the internet (laptop, tablet, smartphone) for class. It will enhance your participation in the class.

COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the Instructor.

Week	Monday 2:30pm - 3:50pm in PISE 329B	Lecture Topic	Thursday 4:00pm – 5:20pm in PA 102	Lecture Topic	Notes
1	Jan 8	Course Introduction & Agreements	Jan 11	Leadership Primer	
2	Jan 15	Get to know D2L, APA, Library system and more with Margie Clarke	Jan 18	Academic Integrity Course (Online)	Academic Integrity Course (Online) (10%) Jan 19
3	Jan 22	Leadership Theories / Styles Hand out Career Development Journal Part 1	Jan 25	Leadership Theories / Styles – personal values	
4	Jan 29	Mission Statements & Communication Theory/Types of communication	Feb 1	Communication Theory/Types on Leadership Hand out Group Facilitation Activity	Career Development Journal Part 1 (10%) Feb 4
5	Feb 5	Communication and Emotional Intelligence, Empathy, Giving/Receiving Feedback Hand out Career Journal Part 2	Feb 8	Team Leadership and Group Dynamics	Submit Group Facilitation activity idea Due Feb 11
6	Feb 12	Skills for Facilitating Groups Hand out final presentation and written assignment	Feb 15	Facilitation Activity	Group Facilitation Activity (15%) Feb 15 – Mar 7 Career Development Journal Part 2 (10%) Feb 18
7	Feb 19	Family Day – College Closed	Feb 22	Reading Break – College Closed	

8	Feb 26	Building an Academic & Career Development Plan Hand out Career Journal Part 3	Feb 29	Facilitation Activity	
9	Mar 4	Building an Academic & Career Development Plan (Elevator Pitch) Group sign up with Topics for final assignment	Mar 7	Facilitation Activity	Career Development Journal Part 3 (15%) Mar 10
10	Mar 11	Presentation and Writing Skills	Mar 14	Critical Thinking, APA and Power point Skills	
11	Mar 18	Critical Thinking, APA and Power point Skills Working Day	Mar 21	Presentations	Presentation (20%) Mar 21-Apr 4
12	Mar 25	Presentations	Mar 28	Presentations	
13	Apr 1	Easter Monday – College Closed	Apr 4	Presentations	
14	Apr 8	Feedback peer review for final papers (1st Draft of Newspaper Article COMPLETE)	Apr 11	Course Wrap Up	Written Assignment (20%) Apr 12

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required. Deadlines can be reviewed on the [CAL exams page](https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams). <https://camosun.ca/services/academic-supports/accessible-learning/academic-accommodations-exams>

EVALUATION OF LEARNING

DESCRIPTION	WEIGHTING	DUE
Academic Integrity Course (Online)	10%	Jan 19
Career Development Journal Part 1	10%	Feb 4
Career Development Journal Part 2	10%	Feb 18
Group Facilitation Activity	15%	Feb 15 – Mar 7
Career Development Journal Part 3	15%	Mar 10
Research Presentation	20%	Mar 21 – Apr 1
Written Assignment	20%	Apr 12
TOTAL	100%	

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](#) policy for more information.

COURSE GUIDELINES & EXPECTATIONS

- All assessments will be submitted or completed on D2L.
 - If you have technical difficulties, email waldmanb@camosun.ca as soon as possible (must be before the due date).
- Missed or late presentations will result an automatic zero unless there are extenuating circumstances.
- Missed tests will result in an automatic zero unless there are extenuating circumstances and supporting documentation.
 - For example, if a student is sick, they must notify the instructor before the test.

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit camosun.ca/services.

Support Service	Website
Academic Advising	camosun.ca/services/academic-supports/academic-advising
Accessible Learning	camosun.ca/services/academic-supports/accessible-learning
Counselling	camosun.ca/services/health-and-wellness/counselling-centre
Career Services	camosun.ca/services/co-operative-education-and-career-services
Financial Aid and Awards	camosun.ca/registration-records/financial-aid-awards
Help Centres (Math/English/Science)	camosun.ca/services/academic-supports/help-centres
Indigenous Student Support	camosun.ca/programs-courses/iecc/indigenous-student-services
International Student Support	camosun.ca/international
Learning Skills	camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills
Library	camosun.ca/services/library
Office of Student Support	camosun.ca/services/office-student-support
Ombudsperson	camosun.ca/services/ombudsperson
Registration	camosun.ca/registration-records/registration
Technology Support	camosun.ca/services/its
Writing Centre	camosun.ca/services/academic-supports/help-centres/writing-centre-learning-skills

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

Academic Integrity

Students are expected to comply with all College policy regarding academic integrity; which is about honest and ethical behaviour in your education journey. The following guide is designed to help you understand your responsibilities: <https://camosun.libguides.com/academicintegrity/welcome>
Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.13.pdf> for Camosun's Academic Integrity policy and details for addressing and resolving matters of academic misconduct.

Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc.). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:
<https://camosun.ca/services/academic-supports/accessible-learning>

Academic Progress

Please visit <https://camosun.ca/sites/default/files/2023-02/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <https://camosun.ca/registration-records/tuition-fees#deadlines>.

Grading Policy

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <https://camosun.ca/sites/default/files/2021-05/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <https://camosun.ca/sites/default/files/2021-07/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of

Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <https://camosun.ca/sites/default/files/2021-05/e-2.9.pdf> and camosun.ca/services/sexual-violence-support-and-education. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-370-3841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <https://camosun.ca/sites/default/files/2021-05/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

Looking for other policies?

The full suite of College policies and directives can be found here: <https://camosun.ca/about/camosun-college-policies-and-directives>

Changes to this Syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.