

# COURSE SYLLABUS



COURSE TITLE: **KIN 115 Leadership & Communication in Kinesiology**

CLASS SECTION: 001

TERM: Fall 2022

COURSE CREDITS: 3.0

DELIVERY METHOD(S): In person

Camosun College campuses are located on the traditional territories of the Lək'wəḡən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.

Learn more about Camosun's [Territorial Acknowledgement](#).

For COVID-19 information please visit <https://legacy.camosun.ca/covid19/index.html>.

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*Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.*

## INSTRUCTOR DETAILS

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NAME: Brianna Waldman (she/her)

EMAIL: [Waldmanb@camosun.ca](mailto:Waldmanb@camosun.ca)

OFFICE: PISE 306F

HOURS: By appointment

*As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.*

## CALENDAR DESCRIPTION

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Students study the theory and application of leadership and communication skills as they apply to managing and leading as a professional in the field of kinesiology. By exploring career possibilities and their own philosophy, students begin to develop/identify their personal leadership style. Students have the opportunity to communicate their leadership skills and style with a variety of individuals and groups.

PREREQUISITE(S): *One of:* **C+** in English 12; **C+** in English 12 First Peoples; **C+** in English Studies 12; **C** in [ENGL 091](#) and [ENGL 093](#); **C** in [ENGL 092](#) and [ENGL 094](#); **C** in [ENGL 092](#) and [ENGL 096](#); **C** in [ENGL 103](#) and [ENGL 104](#); **C** in [ENGL 142](#); **C** in [ELD 092](#) and [ELD 094](#); **C** in [ELD 097](#); **C** in [ELD 103](#) and [ELD 104](#)

CO-REQUISITE(S): N/A

EXCLUSION(S): N/A

## COURSE LEARNING OUTCOMES / OBJECTIVES

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At the completion of this course, students will be able to:

- Distinguish between a variety of leadership theories and characteristics of leaders.
- Articulate a personal philosophy statement and a personal mission statement.
- Describe the career opportunities in the field of kinesiology including in the areas of Indigenous physical activity and sport.
- Define the basic elements, functions and principles of effective communication in a wide range of activities that relate to individual, small group and large group situations.
- Demonstrate appropriate techniques associated with effective written and oral communication skills in individual, small, and large group situations.

## REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

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There is no required textbook for the course. Required and recommended readings will be posted regularly on D2L.

## COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

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The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

Week	Tuesday 12:00 – 1:20pm PISE 330	Lecture Topic	Friday 10:30-11:50am PISE 330	Lecture Topic	Notes
1	Sept 6	Course Introduction & Agreements	Sept 9	Introduction to Leadership Theory & Approaches	Chair Intro in class (Sept 9 <sup>th</sup> )
2	Sept 13	Volunteer for +55 BC Games/Observe	Sept 16	Volunteer for +55 BC Games/Observe (Complete assignment)	Opinion Leader Discussion Post Due Sun Sept 18 <sup>th</sup>
3	Sept 20	Leadership Approaches Cont'd; Personal Values	Sept 23	Get to know D2L, APA, Library system and more with <b>Margie Clarke!</b>	Opinion Leader Discussion Responses Due Sun Sept 25 <sup>th</sup>
4	Sept 27	Mission Statements & Communication Theory/Types of communication  <b>Hand out Leadership #1 assignment</b>	Sept 30	<b>CLOSED – National Day for Truth and Reconciliation</b>	Leadership Assign Post #1 Due Sun Oct 2
5	Oct 4	Leadership and communication through Emotional Intelligence, Empathy, Giving/Receiving Feedback  <b>Hand out Group Facilitation Activity</b>	Oct. 7	Communications/Leadership working with Indigenous Communities in Kinesiology - <b>Guest Speaker (Kolby Koschack)</b>  <b>Work on Group Facilitation Activity</b>	Submit Group Facilitation activity idea Due Oct 9th

6	Oct 11	Communication: Writing and presentation Skills <b>Hand out Leadership Assign Post #2</b>	Oct 14	Skills for Facilitating Groups  Skills for Facilitating Groups (Icebreaker day)	Leadership Assign Post #2 & Final Submission of Facilitation Activity Due Sun Oct 16th
7	Oct 18	<b>Facilitation Activity</b> <b>Final Presentation Assignment Hand Out</b>	Oct. 21	<b>Facilitation Activity</b>	
8	Oct 25	<b>Facilitation Activity</b> <b>Hand out Leadership Assign #3</b>	Oct. 28	Building an Academic & Career Development Plan	
9	Nov. 1	Building an Academic & Career Development Plan (Elevator Pitch) <b>Hand out final Newspaper Article Assignment outline</b>	Nov. 4	All things Interviewing and more - <b>Guest Speaker (Jenna Q)</b>	Leadership Assign Post #3 Due Sun Nov 6th
10	Nov. 8	Choosing Topics for final Assignment (S) and working day <b>Hand out Leadership Assign #4</b>	Nov. 11	<b>CLOSED – Remembrance Day</b>	
11	Nov. 15	Critical Thinking, APA and Power point Skills	Nov. 18	Critical Thinking, APA and Power point Skills  Working Day! Articles/Presentations	Leadership Assign Post & Final Presentation #4 Due Sun Nov 19th
12	Nov. 22	<b>Presentations</b>	Nov. 25	<b>Presentations</b>	
13	Nov. 29	<b>Presentations</b>	Dec. 2	<b>Presentations</b>	
14	Dec. 6	Feedback peer review for final papers (1 <sup>st</sup> Draft of Newspaper Article COMPLETE)	Dec. 9	Course Wrap-up <b>Final Newspaper Article Assignment Due</b>	Final Newspaper Article Assignment Due Fri Dec 9 <sup>th</sup>

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required. Deadlines scan be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

## EVALUATION OF LEARNING

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DESCRIPTION	WEIGHTING
Opinion Leader Discussion Post	10%
Group Facilitation Activity	15%
Leadership & Career Development Plan/Journal	25%
Research Presentations	20%
Newspaper Article	25%
Participation	5%
	<b>TOTAL</b>
	100%

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information.  
<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

## COURSE GUIDELINES & EXPECTATIONS

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Please note: **In order to satisfy the Learning Outcomes for the course, all assignments and presentations must be completed to receive a final grade.**

**Attendance:** Students are expected to attend all classes, labs, and exams. Students are responsible for getting their own notes from class as well as information pertaining to changes in the course outline, readings, assignments, and information pertaining to any tests or exams. Lab attendance is mandatory unless you have a medical reason for missing it, in which case you should email the instructor ahead of time to make note of your reason for missing class. Failure to attend the laboratory component could result in failure of the course.

An excused absence includes:

- a medical certificate
- an intercollegiate trip
- permission of instructor prior to absence
- compassionate reasons
- signs & symptoms of COVID-19

*Absences from Campus due to COVID-19:*

If a student is feeling unwell, they should inform their instructor that they will be unable to participate in any in-person classes. Where possible, alternative means of participating in the learning will be arranged. Students will not be academically penalized for such absences.

**Late Assignments:** Late assignments will receive a deduction of 20% per day.

**Missed Exams:** Exams must be written on the date scheduled. If a student is unable to write an exam through no fault of their own for medical or other reasons, valid documentation must be provided and discussed with the instructor. If a student who is absent has not made arrangements with the instructor in advance, he or she will receive a zero. Final Exams may be scheduled at any time during the final exam block; therefore, students should avoid making travel plans, professional or personal commitments for the duration of the exam period.

**Policy on Calculators:** Calculators will be permitted during tests. Permission is restricted to non-programmable calculators only. Cell phone calculators cannot be used during tests.

**Office hours:** While office hours are noted on the course outline, students are free to make an appointment with their instructor at a time that is mutually convenient. Another option is to email your question. Questions sent by email must be brief (think the length of a tweet). If it is impossible to reply with a brief response (due to the nature of the question) then you will be asked to make an appointment. Your instructor will respond to emails as quickly as possible, however, please keep in mind that this reply may be delayed when the instructor is tied up with other courses or if it is outside of work hours.

## STUDENT RESPONSIBILITY

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Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

## SUPPORTS AND SERVICES FOR STUDENTS

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Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	<a href="http://camosun.ca/advising">http://camosun.ca/advising</a>
Accessible Learning	<a href="http://camosun.ca/accessible-learning">http://camosun.ca/accessible-learning</a>
Counselling	<a href="http://camosun.ca/counselling">http://camosun.ca/counselling</a>
Career Services	<a href="http://camosun.ca/coop">http://camosun.ca/coop</a>
Financial Aid and Awards	<a href="http://camosun.ca/financialaid">http://camosun.ca/financialaid</a>
Help Centres (Math/English/Science)	<a href="http://camosun.ca/help-centres">http://camosun.ca/help-centres</a>
Indigenous Student Support	<a href="http://camosun.ca/indigenous">http://camosun.ca/indigenous</a>
International Student Support	<a href="http://camosun.ca/international/">http://camosun.ca/international/</a>
Learning Skills	<a href="http://camosun.ca/learningskills">http://camosun.ca/learningskills</a>
Library	<a href="http://camosun.ca/services/library/">http://camosun.ca/services/library/</a>
Office of Student Support	<a href="http://camosun.ca/oss">http://camosun.ca/oss</a>
Ombudsperson	<a href="http://camosun.ca/ombuds">http://camosun.ca/ombuds</a>
Registration	<a href="http://camosun.ca/registration">http://camosun.ca/registration</a>
Technology Support	<a href="http://camosun.ca/its">http://camosun.ca/its</a>

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Support Service	Website
Writing Centre	<a href="http://camosun.ca/writing-centre">http://camosun.ca/writing-centre</a>

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If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

## COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

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### Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

### Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

### Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

### Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

### Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

### Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

### Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the

course and the space offered to the next waitlisted student. For more information, please see the “Attendance” section under “Registration Policies and Procedures” (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

### Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

### Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun’s Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student’s right to choose what is right for them. For more information see Camosun’s Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and [camosun.ca/sexual-violence](http://camosun.ca/sexual-violence). To contact the Office of Student Support: [oss@camosun.ca](mailto:oss@camosun.ca) or by phone: 250-370-3046 or 250-3703841

### Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College’s Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College’s expectations of academic integrity and student behavioural conduct.

**Changes to this Syllabus:** Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.