

COURSE SYLLABUS



COURSE TITLE: KIN 115 Leadership & Communication in Kinesiology

CLASS SECTION: 001

TERM: Winter 2023

COURSE CREDITS: 3.0

DELIVERY METHOD(S): In person

Camosun College campuses are located on the traditional territories of the Ləkʷ əŋən and W SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.

Learn more about Camosun's [Territorial Acknowledgement](#).

For COVID-19 information please visit <https://legacy.camosun.ca/covid19/index.html>.

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.

INSTRUCTOR DETAILS

NAME: Alyssa O'Connor, MSc. (she/her)

EMAIL: oconnora@camosun.ca

OFFICE: PISE 306I

HOURS: Tuesdays 11:30am – 1:30pm (please email me to schedule an appointment)

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

Students study the theory and application of leadership and communication skills as they apply to managing and leading as a professional in the field of kinesiology. By exploring career possibilities and their own philosophy, students begin to develop/identify their personal leadership style. Students have the opportunity to communicate their leadership skills and style with a variety of individuals and groups.

PREREQUISITE(S): *One of:* C+ in English 12; C+ in English 12 First Peoples; C+ in English Studies 12; C in [ENGL 091](#) and [ENGL 093](#); C in [ENGL 092](#) and [ENGL 094](#); C in [ENGL 092](#) and [ENGL 096](#); C in [ENGL 103](#) and [ENGL 104](#); C in [ENGL 142](#); C in [ELD 092](#) and [ELD 094](#); C in [ELD 097](#); C in [ELD 103](#) and [ELD 104](#)

CO-REQUISITE(S): N/A

EXCLUSION(S): N/A

COURSE LEARNING OUTCOMES / OBJECTIVES

At the completion of this course, students will be able to:

- Distinguish between a variety of leadership theories and characteristics of leaders.
- Articulate a personal philosophy statement and a personal mission statement.
- Describe the career opportunities in the field of kinesiology including in the areas of Indigenous physical activity and sport.
- Define the basic elements, functions and principles of effective communication in a wide range of activities that relate to individual, small group and large group situations.
- Demonstrate appropriate techniques associated with effective written and oral communication skills in individual, small, and large group situations.

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

There is no required textbook for the course. Required and recommended readings will be posted regularly on D2L.

COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

Week	Monday 2:30-3:50pm PA 103	Lecture Topic	Friday 2:30-3:50pm PISE 330	Lecture Topic	Notes
1	Jan 9	Course Introduction & Agreements	Jan 13	Introduction to Leadership Theory & Approaches	
2	Jan 16	Leadership Approaches Cont'd; Opinion Leader Post Assignment	Jan 20	Personal Values	Opinion Leader Discussion Post Due Sun Jan 22 nd
3	Jan 23	Mission Statements; Handout Leadership Assignment #1	Jan 27	Communication Theory/Types of communication	
4	Jan 30	Leadership and communication through Emotional Intelligence, Empathy, Giving/Receiving Feedback	Feb 3	Skills for Facilitating Groups /Marshmallow Exercise	Leadership Assign Post #1 Due Sun Feb 5 th Submit Group Facilitation activity idea Due Sun Feb 5 th
5	Feb 6	Academic Integrity Course (Margie Clarke – TBD)	Feb 10	Facilitation Activity	

6	Feb 13	Building an Academic & Career Development Plan Hand out Leadership Assign Post #2	Feb 17	Facilitation Activity	Leadership Assign Post #2 Due Sun Feb 19 th
7	READING BREAK – NO CLASSES				
8	Feb 27	Building an Academic & Career Development Plan (Elevator Pitch) Hand out Leadership Assign #3	Mar 3	Facilitation Activity	
9	Mar 6	Communication: Writing and presentation Skills / Giving Feedback Hand out final Newspaper Article Assignment outline	Mar 10	All things Interviewing and more - Guest Speaker (Jenna Q)	Leadership Assign Post #3 Due Sun Mar 12 th
10	Mar 13	Choosing Topics for final Assignment (S) and working day	Mar 17	Critical Thinking, APA and Power point Skills and working day	Final PPT Presentation Due Sun Mar 19 th
11	Mar 20	Presentations	Mar 24	Presentations	
12	Mar 27	Presentations	Mar 31	Presentations	
13	Apr 3	Presentations Feedback peer review for final papers (1 st Draft of Newspaper Article COMPLETE)	Apr 7	GOOD FRIDAY – NO CLASS	
14	Apr 10	EASTER MONDAY – NO CLASS	Apr 14	Back-up Class Final Newspaper Article Assignment Due	Final Newspaper Article Assignment Due Fri Apr 14 th

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced notice is required. Deadlines can be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

EVALUATION OF LEARNING

DESCRIPTION	WEIGHTING
Opinion Leader Discussion Post	10%
Group Facilitation Activity	15%
Leadership & Career Development Plan/Journal	25%
Research Presentations	20%
Newspaper Article	25%
Participation	5%
	TOTAL
If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the Grade Review and Appeals policy for more information. http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf	100%

COURSE GUIDELINES & EXPECTATIONS

Please note: In order to satisfy the Learning Outcomes for the course, all assignments and presentations must be completed to receive a final grade.

Attendance: Students are expected to attend all classes, labs, and exams. Students are responsible for getting their own notes from class as well as information pertaining to changes in the course outline, readings, assignments, and information pertaining to any tests or exams. Lab attendance is mandatory unless you have a medical reason for missing it, in which case you should email the instructor ahead of time to make note of your reason for missing class. Failure to attend the laboratory component could result in failure of the course.

An excused absence includes:

- a medical certificate
- an intercollegiate trip
- permission of instructor prior to absence
- compassionate reasons
- signs & symptoms of COVID-19

Absences from Campus due to COVID-19:

If a student is feeling unwell, they should inform their instructor that they will be unable to participate in any in-person classes. Where possible, alternative means of participating in the learning will be arranged. Students will not be academically penalized for such absences.

Late Assignments: Late assignments will receive a deduction of 20% per day.

Missed Exams: Exams must be written on the date scheduled. If a student is unable to write an exam through no fault of their own for medical or other reasons, valid documentation must be provided and discussed with

the instructor. If a student who is absent has not made arrangements with the instructor in advance, he or she will receive a zero. Final Exams may be scheduled at any time during the final exam block; therefore, students should avoid making travel plans, professional or personal commitments for the duration of the exam period.

Policy on Calculators: Calculators will be permitted during tests. Permission is restricted to non-programmable calculators only. Cell phone calculators cannot be used during tests.

Office hours: While office hours are noted on the course outline, students are free to make an appointment with their instructor at a time that is mutually convenient. Another option is to email your question. Questions sent by email must be brief (think the length of a tweet). If it is impossible to reply with a brief response (due to the nature of the question) then you will be asked to make an appointment. Your instructor will respond to emails as quickly as possible, however, please keep in mind that this reply may be delayed when the instructor is tied up with other courses or if it is outside of work hours.

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	http://camosun.ca/advising
Accessible Learning	http://camosun.ca/accessible-learning
Counselling	http://camosun.ca/counselling
Career Services	http://camosun.ca/coop
Financial Aid and Awards	http://camosun.ca/financialaid
Help Centres (Math/English/Science)	http://camosun.ca/help-centres
Indigenous Student Support	http://camosun.ca/indigenous
International Student Support	http://camosun.ca/international/
Learning Skills	http://camosun.ca/learningskills
Library	http://camosun.ca/services/library/
Office of Student Support	http://camosun.ca/oss

Support Service	Website
Ombudsperson	http://camosun.ca/ombuds
Registration	http://camosun.ca/registration
Technology Support	http://camosun.ca/its
Writing Centre	http://camosun.ca/writing-centre

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the “Attendance” section under “Registration Policies and Procedures” (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun’s Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student’s right to choose what is right for them. For more information see Camosun’s Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and camosun.ca/sexual-violence. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-3703841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College’s Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College’s expectations of academic integrity and student behavioural conduct.

Changes to this Syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.