

COURSE SYLLABUS



COURSE TITLE:

CLASS SECTION:

TERM:

COURSE CREDITS:

DELIVERY METHOD(S):

Camosun College campuses are located on the traditional territories of the Lək̓ʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here. Learn more about Camosun's [Territorial Acknowledgement](#).

For COVID-19 updates please visit <https://camosun.ca/about/covid-19-updates>.

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.

INSTRUCTOR DETAILS

NAME: Meagan Saulnier

EMAIL: SaulnierM@camosun.ca

OFFICE: Saanich Adult Education Centre- Camosun room

HOURS: 1230-130 by appointment and or throughout the week via phone or zoom

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

This course examines health and education needs and issues in Aboriginal communities. As well, it provides students with learning and thinking strategies necessary for success in wellness and community leadership programs. This course is restricted to students in the Indigenous College Prep Program.

PREREQUISITE(S): IST 095

CO-REQUISITE(S):

EXCLUSION(S):

COURSE LEARNING OUTCOMES / OBJECTIVES

1. Developed knowledge and awareness of the diverse needs and issues of health and education in Aboriginal communities

2. Demonstrated planning skills to enable use of 6 interconnected dimensions of health and wellness in community wellness programs;

3. Demonstrated awareness of healthcare priorities within Indigenous communities, such as diabetes, smoking, respiratory disease, AIDS/HIV, nutrition, Fetal Alcohol Spectrum Disorder, mental health, suicide, and heart disease;

4. Demonstrated awareness of education priorities within Indigenous communities, such as high school completion, early intervention, and language/cultural preservation.

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

There are no texts for this course and all materials will be online. One reading will be handed out in class.

COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

WEEK or DATE RANGE	ACTIVITY or TOPIC	OT NC
Week 1- January.9th	<p>Today we will welcome students back to the program; we will review course outline and assignments and go over class expectations.</p> <p>We will discuss what worked last semester and we will write about changes that we want to make to our studies. What are the things you know help you to be a good student.</p> <p>Journal Writing</p> <p>Creating our own Medicine Wheel Exercise: Focuss on Health and Wellness. Identifying the areas of our own medicine wheel that we need to focus on and balance this year.</p>	

WEEK or DATE RANGE	ACTIVITY or TOPIC	OT NC
Week 2- January.16th	Wellness Two Eyed Seeing and System Change Dr. Evan Adams YouTube https://www.youtube.com/watch?v=bAjSj9tDq1E Journaling 20min Social Determinants of Health from an Aboriginal Perspective. Please use the following link to learn about the determinants of health in Indigenous communities. Please take notes that will help you with your journal entry.	
Week 3- January.23rd	Check in Please use the following link to access the film for this week. As you read the article or view the film for this week, be sure to take thorough enough notes to be able to journal what you viewed. Skills being practiced: academic reading comprehension, note taking, Critical thinking. "Babakiueria". YouTube. https://www.youtube.com/watch?v=NqcFg4z6EYY . Journal Writing	
Week 4- January.30th	Clam Digging	
Week 5- February.6th	Indigenous Education SD 61- Guest Joanne Mitchell Indigenization at Camosun Journal Writing	
Week 6- February.13th	Please use the following link to access the film for this week. As you view the film for this week, be sure to take thorough enough notes to be able to discuss what you viewed. Skills being practiced: academic reading comprehension, note taking, and critical thinking. "Searching for Winnetou". CBC Gem. Season 1, Episode 12 https://gem.cbc.ca/media/cbc-docs-pov/season-1/episode-10/38e815a-00dc1ac7f74 .	
Week 7- February.20th	Lateral Violence vs Lateral Kindness Journal Writing Video to watch in class: INDIGI-X: Lateral KINDNESS for Organizations - YouTube	
Week 8- February.27th	Decided by the class on the first day an activity to do with Wellness	
Week 9- March.5th	Suicide Tanya Talaga: Massey Lectures on Suicide https://www.youtube.com/watch?v=vBXQl0YrBdc Journaling	

WEEK or DATE RANGE	ACTIVITY or TOPIC	OT NC
Week 10- March.12th	Mental Health and Addiction: Guest Speaker TBA Diabetes: What is it? Community Voices: Diabetes in Indigenous Populations. https://www.youtube.com/watch?v=IofpW7qdpU Sugar is not a treat: YouTube https://www.youtube.com/watch?v=tic7X3ET4gE Journaling	
Week 11- March.19th	ADHD, FASD, Autism Journal Writing	
Week 12- March.26th	Language Revitalization Voices on the Rise: Indigenous Language Revitalization in Alberta https://www.youtube.com/watch?v=YZgJ8TZ0Zs0&list=RDCMU CR3uGP_koNLN7Oa91gJ1zjQ&index=2 Language is our life line – Joye Walkus https://www.youtube.com/watch?v=HqleT-kB6GU TedxVictoria Journal Writing *Hand out reading for next week	
Week 13- April.2nd	Reading: Becoming a Human Being. Page 36-55 Sharing our teachings Journal Writing	
Week 14- April.9th	Closing the Circle and Celebration Journaling	

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required. Deadlines can be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

EVALUATION OF LEARNING

DESCRIPTION	WEIGHTING
Attendance Attendance is a very important part of this class. You must be in class to hear what is	15 %

DESCRIPTION	WEIGHTING
being covered and what people are saying so that you can benefit from all the knowledge that is shared in this course.	
<p>Participation</p> <p>Participation is important for this class because it is the discussions during class that will show the instructor how you are understanding the content of the course</p>	15 %
<p>Weekly Journals 14@5% each</p> <p>Each student must complete 14 journal entries about films that you view, guest speakers we have in the classroom and topics that we cover. This assignment is an opportunity to show the instructor that you have an understanding of a certain topic. Use the following questions to guide your response.</p> <ul style="list-style-type: none"> <input type="checkbox"/> What was the issue? <input type="checkbox"/> What did you learn or find out? <input type="checkbox"/> Why does this matter? 	70 %
<p>If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the Grade Review and Appeals policy for more information.</p> <p>http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf</p>	<p>TOTAL</p> <p>100%</p>

COURSE GUIDELINES & EXPECTATIONS

[INSERT TEXT HERE]

SCHOOL OR DEPARTMENTAL INFORMATION

[INSERT TEXT HERE]

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies;

demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	http://camosun.ca/advising
Accessible Learning	http://camosun.ca/accessible-learning
Counselling	http://camosun.ca/counselling
Career Services	http://camosun.ca/coop
Financial Aid and Awards	http://camosun.ca/financialaid
Help Centres (Math/English/Science)	http://camosun.ca/help-centres
Indigenous Student Support	http://camosun.ca/indigenous
International Student Support	http://camosun.ca/international/
Learning Skills	http://camosun.ca/learningskills
Library	http://camosun.ca/services/library/
Office of Student Support	http://camosun.ca/oss
Ombudsperson	http://camosun.ca/ombuds
Registration	http://camosun.ca/registration
Technology Support	http://camosun.ca/its
Writing Centre	http://camosun.ca/writing-centre

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

Academic Integrity

Students are expected to comply with all College policy regarding academic integrity; which is about honest and ethical behaviour in your education journey. The following guide is designed to help you understand your responsibilities: <https://camosun.libguides.com/academicintegrity/welcome>

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for Camosun's Academic Integrity policy and details for addressing and resolving matters of academic misconduct.

Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc.). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

Academic Progress

Please visit <https://www.camosun.ca/sites/default/files/2021-05/e-1.10.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the "Attendance" section under "Registration Policies and Procedures" (<https://camosun.ca/registration-records/policies-and-procedures-students/registration-policies-students>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <http://www.camosun.ca/sites/default/files/2021-05/e-2.9.pdf> and camosun.ca/sexual-violence. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-370-3841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

Looking for other policies?

The full suite of College policies and directives can be found here: <https://camosun.ca/about/camosun-college-policies-and-directives>

Changes to this Syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.