

COURSE SYLLABUS



Camosun College campuses are located on the traditional territories of the Lək̓ʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here. Learn more about Camosun's [Territorial Acknowledgement](#).

COURSE TITLE: Bus 285 – Workplace Professionalism
CLASS SECTION: Sec 001: Tuesdays, 6:00-8:50pm
TERM: Winter 2024
COURSE CREDITS: 3
DELIVERY METHOD(S): Lecture: CBA 285

*Students are required to attend the first class meeting of each course. If a student does not attend and does not contact the instructor **prior** to the first class with a satisfactory explanation, they forfeit their seat in the course and may be de-registered.*

INSTRUCTOR DETAILS

NAME: Karen Stephens
EMAIL: stephens@camosun.bc.ca
OFFICE: CBA 266
HOURS: Tuesdays, 4:30-5:30pm

As your course Instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

Students need more than knowledge in their disciplines to reach their full career potential. This course focuses on the practical skills of workplace politics, effective networking, managing emotions, and staying current in your field by applying the principles of learning agility.

PREREQUISITE(S)

One of:

- C in [English 12](#), *or*
- C in [Camosun Alternative](#), *or*
- Bachelor degree from a recognized post-secondary institution

COURSE LEARNING OUTCOMES / OBJECTIVES

At the end of this course, the student will be able to:

- Explain the need for applied political acumen in the workplace;
- Distinguish between ethical and unethical political practices at work;
- Develop a strategy and apply tactics for building a career network;
- Discuss the need for reciprocal benefit in professional relationships both inside and outside an organization;
- Demonstrate appropriate social etiquette in various workplace situations;
- Identify the physical structures of the human brain, and explain how emotion interacts with rational thought to influence human interactions and decision making;
- Describe how emotional self-awareness, self-management, and social awareness can lead to lasting personal change and stronger relationships; and
- Identify, integrate, and apply information to solve problems faster and stay current in their chosen professions.

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

1. You need access to getAbstract.com for course materials.

[Purchase options are available here](#) – the *most cost-effective approach* is to sign up for **Pro Monthly** (for one month), download all the abstracts you need for quizzes and presentations, then cancel your membership.

- a) The *free version does not contain the abstracts you need* for the course.
- b) If you opt for the *Student Plan*, you will be asked to verify your status as a Camosun student before submitting payment. A photo of your student card is acceptable.

2. Students are required to sign-up for free membership at Slack. Your Instructor will provide a link in class.



Pro Monthly

25,000+ summaries for your personal & professional development

Billed monthly

Try our monthly plan. Cancel anytime.



COURSE SCHEDULE

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the Instructor.

Week and Date	Main Topic	getAbstract readings for weekly Quizzes	3 rd Abstract for Live Student Presentation	Topic for Video Presentation
Week 1 – Jan 9	Introduction and Overview	None	none	none
Week 2 – Jan 16	Emotional Intelligence – Part 1	Emotional Intelligence (Goleman) Working with Emotional Intelligence (Goleman)	none	none
Week 3 – Jan 23	Attitude Control	Learned Optimism (Seligman) Coach Yourself to Win (Guttman)	Mindset (Dweck)	First Impressions start here
Week 4 – Jan 30	Networking	Highly Effective Networking (Pierson) Super Networking (Salmon)	The Fine Art of Small Talk (Fine)	Active Listening Start here
Week 5 – Feb 6	Personal Branding	Rain Making (Harding) Me 2.0 (Schawbel)	Digital You (Arruda)	
Week 6 – Feb 13	Emotional Intelligence – Part 2	The Emotional Intelligence Quick Book (Bradberry and Greaves) The Emotionally Intelligent Manager (Caruso)	Focus – The Hidden Driver of Excellence (Goleman)	Projecting Confidence start here
Week 7 – Feb 20	FAMILY DAY/READING BREAK WEEK	No Quz	No Presentations	
Week 8 - Feb 27	Learning Techniques	Power Up Your Mind (Lucas) Managing Your Own Learning (Davis)	The Power of Impossible Thinking (Crook, Wind, and Gunther)	Effective Meetings start here
Week 9 – Mar 5	Office Politics – Part 1 <i>LinkedIn profile and e-card due at beginning of class Tuesday, March 5th</i>	It's All Politics (Reardon) 21 Dirty Tricks at Work (Phipps)	Creating a Drama-Free Workplace (Maravelas)	ABCs of Image Start here Managing Upwards start here
Week 10 – Mar 12	Jerks at Work	The Bully at Work (Namie) Jerks at Work (Lloyd)	Good Boss, Bad Boss (Sutton)	Assertiveness vs Aggressiveness start here
Week 11 – Mar 19	Office Politics – Part 2	Difficult Conversations (Stone) Changing Minds (Gardner) (available on D2L)	Building Influence in the Workplace (Oade)	Dating at Work start here
Week 12 – Mar 26	Negotiation Basics	Getting to Yes (Fisher) Get it! Street Smart Negotiation at Work (Smith)	Beyond Reason (Fisher and Shapiro)	Energy Management start here
Week 13 – Apr 2	Saying No <i>Networking Event report due at the end of this week (Apr 2nd)</i>	No! (Kemp) The Power of a Positive No (Ury) (available on D2L)	The Art of Saying No (Zahariades)	Netiquette start here
Week 14 – Apr 9	Effectiveness	The 7 Habits of Highly Effective People (Covey) The 8 th Habit (Covey)	Fit In, Stand Out (McGarvie)	Office Parties start here

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required. Deadlines can be reviewed at <http://camosun.ca/services/accessible-learning/exams.html>

EVALUATION OF LEARNING

DESCRIPTION	WEIGHTING
<ul style="list-style-type: none"> Primary Group Presentation – getAbstract 	20%
<ul style="list-style-type: none"> Video Presentation 	15%
<ul style="list-style-type: none"> Individual Assignment #1 – LinkedIn Profile and Networking e-Card 	15%
<ul style="list-style-type: none"> Individual Assignment #2 – Attend a Networking Event (face to face/remote) 	15%
<ul style="list-style-type: none"> Individual in-class getAbstract Quizzes – best 10/12 @ 2% each 	20%
<ul style="list-style-type: none"> Attendance & Participation 	15%
TOTAL	100%

If you have a concern about a grade you have received for an evaluation, please see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information.
<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

COURSE GUIDELINES & EXPECTATIONS

Late Assignments and Missed Quizzes:

- Late assignments and missed quizzes receive a mark of zero (0%).
- Exceptions apply for medical reasons and require a valid doctor's note.

Attendance and Participation:

- Post a recognizable photo of yourself on your D2L profile.
- Professional conduct Do's:**
 - Complete the readings each week before class
 - Arrive on time, and stay until the end of class
 - Communicate by email in advance if you must miss a class
 - Contribute constructively to discussions
 - Ask questions
 - Be ready to answer questions when called upon
 - Engage, be present, take an active interest
 - participate in class exercises and discussions
- Professional conduct Don'ts:**
 - Don't Ghost class! *Those who learn to focus and engage always go further in their careers...*
 - Return late from break-time
 - Commit plagiarism, cite all your sources...

In groups of two or three:

1. lead an overview and discussion of your assigned Abstract, along with at least two other sources, and
2. introduce two other abstracts you would recommend to a peer as must-reads.
3. Be sure to stay within the overall theme of the week's topic. *Note - these are not the abstracts everyone has read for the weekly quiz.*

Critical thought is expected. If you cannot agree with something in your assigned abstract, say so, and be prepared to explain how you reached your conclusions.

Your purpose is to add value to the readings by expanding and exploring the topic. This is not a standard 'class presentation'. ***You are teaching the topic.***

Requirements:

1. 15 to 20 minutes of interactive learning for your classmates
(innovate a little – games, guests, competitions, web-searches, etc...)
2. PowerPoint presentation
3. Web-links to supportive articles and extra materials
(short/relevant digital video is recommended)
4. Submit your PowerPoint to the D2L 'getAbstract Presentations' Assignment box one hour before class. (one per group)
5. Be sure your presentation is 'scalable'. i.e. – Determine clearly:
 - a. what you 'must' cover,
 - b. which materials are 'optional', and
 - c. appropriate 'extra' materials if required.
6. See next page for how your Instructor will grade your work.
(You might want to prepare accordingly, yes?)

Professionalism counts – ***you want people to take you seriously.***

This includes:

- Understanding the vocabulary of your topic
- Being prepared to answer questions about key concepts
- Overall comportment, attitude, and style
- Quality of content and analysis
- Quality and clarity of power-point slides
- Quality of vocal delivery
- Attentiveness to fellow presenters
- Apparent interest in your topic, and
- Appropriate dress

The topic to be discussed was not introduced appropriately	The topic to be discussed was introduced appropriately
1 2 3 4 5	6 7 8 9 10
The presentation had too much or too little detail	The presentation had an appropriate level of detail
1 2 3 4 5	6 7 8 9 10
Videos and exercises added little value	Videos and exercises added significant value
1 2 3 4 5	6 7 8 9 10
Presenters failed to answer questions well	Presenters answered questions well
1 2 3 4 5	6 7 8 9 10
Presenters did not demonstrate a sound understanding of the vocabulary of the topic	Presenters demonstrated a sound understanding of the vocabulary of the topic
1 2 3 4 5	6 7 8 9 10
Slides were too small, cluttered, or difficult to read	Slides were clear, attractive, and easy to read
1 2 3 4 5	6 7 8 9 10
This presentation failed to engage the audience	This presentation was very engaging
1 2 3 4 5	6 7 8 9 10
The presenters seemed under-prepared and/or unprofessional	The presenters seemed well prepared and professional
1 2 3 4 5	6 7 8 9 10
The presenters failed to manage the technology well	The presenters managed the technology seamlessly
1 2 3 4 5	6 7 8 9 10
Overall , this was a poorly prepared presentation	Overall , this was a well prepared presentation
1 2 3 4 5	6 7 8 9 10

GRADE: /100

In groups of two or three, create an 8 to 10 minute .mp4 video in which you present a PowerPoint on your assigned Secondary Topic.

Requirements:

1. An 8 to 10 minute .mp4 video of your PowerPoint presentation with voice-over.
2. Secondary Topic Presentations **do not** require the use of getAbstract.
(note the 'start here' links in the topic lists – these are not everything you need to know...)
3. Short, relevant videos within your presentation are permitted.
4. List your citations on the final slide of your video.
5. Submit your .mp4 file to the D2L 'Secondary Topics' Assignment box one hour before class.
6. See next page for how your Instructor will grade your work.
(You might want to prepare accordingly, yes?)

Professionalism counts:

Video presentations provide opportunity to **review and revise your work** before you submit them. Your video should be:

- clear,
- direct,
- well paced,
- interesting,
- useful, and
- properly cited on the final slide.

Be prepared to:

- manage the technology smoothly,
- introduce your video,
- show your video, and
- answer questions afterwards.

The topic to be discussed was not introduced appropriately	The topic to be discussed was introduced appropriately
1 2 3 4 5	6 7 8 9 10
The presentation had too much or too little detail	The presentation had an appropriate level of detail
1 2 3 4 5	6 7 8 9 10
Videos and exercises added little value	Videos and exercises added significant value
1 2 3 4 5	6 7 8 9 10
Presenters failed to answer questions well	Presenters answered questions well
1 2 3 4 5	6 7 8 9 10
Presenters did not demonstrate a sound understanding of the vocabulary of the topic	Presenters demonstrated a sound understanding of the vocabulary of the topic
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Overall , this was a poorly prepared presentation	Overall , this was a well prepared presentation
1 2 3 4 5	6 7 8 9 10

GRADE: /100

Part One | Design a digital networking card using a [free account from hihello.me](https://www.hihello.me).

Your networking card should contain, at a minimum:

1. your name and certifications, or pending certifications,
2. your title or occupation,
3. an email address you monitor daily, and
4. a custom public profile LinkedIn URL containing your name.
e.g. www.linkedin.com/in/FirstnameLastname

The purpose of creating networking cards is to apply what you have learned about personal branding. A networking card is different from a regular business card in that it does not contain information about an employer. *Its purpose is to project information about you as an individual.*

Students **may not** hold-forth as holding a credential they have not completed, just like you don't lie on a resume. Hence the need to say (for example):

Tom Smith LOA pending **or**
Sally Jones BBA 2023

Part Two | Create an Effective LinkedIn Profile

Your purpose is to create an online presence to support your professional future. If you already have a LinkedIn profile then the expectation is that you would develop that further be reshaping based on what you learn here about personal branding and LinkedIn as a tool for this.

Your LinkedIn profile must include:

1. an appropriate, quality photo, (look directly at the camera as if you were speaking to someone),
2. a background image that says something about your aspirations and/or interests,
3. a completed 'About' section, (short, personal, and interesting to the reader),
4. your experience, (list duties and portable skills),
5. your education, (list course names, not course numbers),
6. your interests, (show your interests by what you post and who you follow), and
7. three written recommendations from other LinkedIn members (classmates qualify).

Submitting your Assignment:

1. Send a LinkedIn invitation request (from inside LinkedIn) to the Instructor before class on the due date.
2. Send a hihello.me networking card link to InstructorName@camosun.ca before class on the due date.
3. (See next page for Self Assessment Instrument.)

Assessment Criteria	Instructor Score
<p style="text-align: center;">Networking Card Design</p> <p>(Name, email address, personalized LinkedIn URL, style, clarity)</p>	/15
<p style="text-align: center;">LinkedIn About section</p> <p>(brief, interesting, descriptive, captures the reader's attention)</p>	/10
<p style="text-align: center;">LinkedIn Experience section</p> <p>(lists duties <u>and</u> portable skills for each position)</p>	/15
<p style="text-align: center;">LinkedIn Education section</p> <p>(describes program, lists course names)</p>	/15
<p style="text-align: center;">LinkedIn Interests section</p> <p>(shows your professional interests by what you post and who you follow)</p>	/10
<p style="text-align: center;">LinkedIn Recommendations section</p> <p>(at least three positive recommendations student recommendations <u>are</u> permitted)</p>	/15
<p style="text-align: center;">LinkedIn Image and Professionalism</p> <p>(photo, background banner, grammar, completion, attention to detail, overall impression)</p>	/20
Total	/100

Your purpose is to apply the networking skills discussed in class in the 'real-world' and start thinking about what works for you. You are also expected to share your LinkedIn profile and e-card with new business contacts.

Requirements:

Part 1:

1. Find a face-to-face networking event to attend.
2. Obtain approval from your Instructor for the event via email.

Part 2:

3. Dress appropriately (remember the ABCs of image!) and arrive on time.
4. Spend at least 90 minutes (or as much time as the event allows) meeting people – more is better, ***make some real career connections.***
5. Test-drive the networking FORMULA we learned in class. (as appropriate to the situation...)
6. Exchange networking e-cards and LinkedIn information.

Part 3:

1. ***Use the following headings*** to write a one-page, single-spaced, point-form summary of your experience:
 - a. Name and Description of Event
 - b. Date and Time of Event
 - c. People I Attended With
 - d. People I Met - list their names, and attach a photocopy of their networking/business cards or contact information
 - e. How the FORMULA worked for me
 - f. Other networking techniques I tried out
 - g. Reflections:
 - i. What worked
 - ii. What I would do differently
 - iii. Overall utility of the experience
2. Attach a full-length photo of yourself at the event

Part 3:

1. Hand-in your printed assignment at the beginning of the last class.
2. Save your assignment in .pdf format and submit it to the D2L Assignment Box labelled:
Networking Event Submissions

Quizzes and Assignments:

- Students must submit their assignments on the due date or as announced. A grade of zero will be assigned to late submissions. There are no additional assignments or make-up quizzes if you performed poorly on an assignment or quiz.
- Quiz dates will not be rescheduled. Non-attendance on scheduled quiz dates results in a zero grade. Exceptions will be made only for medical reasons or extenuating circumstances which must be submitted and then accepted by the Instructor. Please advise your Instructor promptly.
- Medical notes must be dated, signed, and written on letterhead or prescription paper imprinted with the physician's name and address. Notes from RNs, chiropractors, massage therapists, etc., will not be accepted. Electronic notes will not be accepted. Medical documentation must be received no later than 1 week after the student's absence.
- All submitted work must be properly referenced to sources.
- In-text citations for quotes, paraphrasing, and references must be consistent with APA standards.
- Grammar, spelling, style and APA citations will be assessed in your mark. See <https://camosun.libguides.com/apa7> .
- Submit all assignments into the D2L Assignment Box by last name – this protects you.
- Students registered through the Centre for Accessible Learning (CAL) should discuss timelines with their Instructors at the beginning of each semester.
- Unless otherwise specified, you are to submit your own work, any work collaborated (unless permitted by the course) will be considered in violation of the College's Academic Integrity Policy.

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	http://camosun.ca/advising
Accessible Learning	http://camosun.ca/accessible-learning
Counselling	http://camosun.ca/counselling
Career Services	http://camosun.ca/coop
Financial Aid and Awards	http://camosun.ca/financialaid
Help Centres (Math/English/Science)	http://camosun.ca/help-centres
Indigenous Student Support	http://camosun.ca/indigenous
International Student Support	http://camosun.ca/international/
Learning Skills	http://camosun.ca/learningskills
Library	http://camosun.ca/services/library/
Office of Student Support	http://camosun.ca/oss
Ombudsperson	http://camosun.ca/ombuds
Registration	http://camosun.ca/registration
Technology Support	http://camosun.ca/its
Writing Centre	http://camosun.ca/writing-centre

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started: <http://camosun.ca/services/accessible-learning/>

Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the "Attendance" section under "Registration Policies and Procedures" (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit

<http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and camosun.ca/sexual-violence. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-3703841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

Changes to this Syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.