

COURSE SYLLABUS



AET 402: Placement 6

Sections X01

Winter 2022

5 CREDITS

Lecture

Camosun College campuses are located on the traditional territories of the Lək̓ʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.

Learn more about Camosun's [Territorial Acknowledgement](#).

For COVID-19 information please visit <https://legacy.camosun.ca/covid19/index.html>.

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.

INSTRUCTOR DETAILS

Instructor	Isabel Grondin
Office hours	Monday 5-6pm or by appointment
Location	PISE 212g
Phone	250.370.4729
E-mail	grondini@camosun.bc.ca

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

Application of course theory by working with a team or program on a weekly basis. This 217 hour placement is the last of six placements. Focus is on the introduction to manual therapy techniques and increasing independence as an athletic/exercise therapist. Open to Athletic & Exercise Therapy students only

PREREQUISITE(S): All of: COM in AET 401 and C in AET 482

CO-REQUISITE(S): All of: AET 430 and AET 481

COURSE LEARNING OUTCOMES / OBJECTIVES

At the completion of this course, students will be able to:

- Demonstrate the role and responsibilities of the athletic/exercise therapist in prevention, immediate care, treatment and rehabilitation of injuries and diseases.
 - Develop an emergency action plan for the placement.
 - Apply the principles of rehabilitation design utilizing exercise prescription, therapeutic modalities and manual techniques.
 - Demonstrate effective prevention, assessment and treatment of common injuries and diseases.
 - Demonstrate effective taping and wrapping for common injuries and conditions prior to the client's participation in activity.
 - Demonstrate effective evaluation of the client's condition to determine their readiness for activity.
 - Demonstrate effective guidance regarding proper warm up and pre-activity readiness.
 - Demonstrate effective decision-making and communication when working with clients, coaches, medical team members, faculty and peers.
 - Demonstrate athletic/exercise manual therapy techniques with consideration for any cultural, ethnic, gender, age and functional ability differences.
 - Use a logbook to document placement activities.
-

RECOMMENDED TEXT & REFERENCES

- Norkin, C.C. & White, J.D. (2003), "Measurement of Joint Motion: A Guide to Goniometry", 3rd Edition. F.A. Davis Company
- Kisner, C. & Colby, L.A. (2007), "Therapeutic Exercise Foundations and Techniques" 5th Edition, F.A. Davis Company.
- Higgins, (2011), "Therapeutic Exercises: From theory to practice". FA Davies
- Frontera, Slovik and Dawson (2006), "Exercise in Rehabilitation Medicine" 2nd edition, Human Kinetics
- Magee, David J., Zachazewski, James E. & Quillen, William S. (2007). "Scientific Foundations and Principles of Practice in Musculoskeletal Rehabilitation" Saunders Elsevier
- Magee, David J. (2006). "Orthopedic Physical Assessment"
- Houglam, P. (2016). "Therapeutic Exercise for Musculoskeletal Injuries" Human Kinetics
- Flanagan, K W & Cuppett M (2017) " Medical Conditions in the Athlete", 3rd Edition, Human Kinetics

COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change, as deemed appropriate by the instructor.

- Overview of Course Outline
- Placement Contracts
- Learning book Components and Evaluation
- Code of Ethics of an Athletic Therapist.
- Dealing with various populations
- Assessment process and differential diagnosis
- Taping in the clinic
- Lesion site specific modalities
- Sequencing of modalities with respect to the rehabilitation process
- Aims of treatment corresponding to stages of healing
- Clinical Reasoning
- Clinical decision making
- Preparation for Professional exam CATA
- Preparation for Professional exam CSEP

Summative Competency Practical Exam will be Scheduled in Camosun College Exam Period
April 19-27, 2022

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced notice is required. Deadlines can be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

EVALUATION OF LEARNING

The following all need to be completed in order to receive a grade of complete for this course

- Learning book *
- Attendance to in class time
- Attendance to placement hours
- Meeting the intended learning objectives
- Achieving 70% in the summative competency based practical exam.

* Learning Book are to be handed in to the instructor on Monday April 12th at PISE 212g between 8:30AM and 10:20 AM. Zero tolerance on late book submission.

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information.
<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

COURSE GUIDELINES & EXPECTATIONS

Course Schedule

Lecture Monday 2:00pm – 2:50 pm LACC104

Expectations & Additional Information

- ✓ *It is the student's responsibility to ensure hours are collected within the designated period of the winter session of AET 402. If there is a problem with acquiring the required hours, please contact the instructor immediately. If the instructor does not hear from a student on this matter. It is implied that the required hours will be achieved by the end of the course term as per the Camosun College Calendar.*
- ✓ *Please note that students are not permitted to perform skills which they have not learned yet in class/lab at placement. If the student has not been instructed by their preceptor or one of the BAET instructors, students may be held liable for performing skills they have not officially learned yet.*
- ✓ *It is the student's responsibility to record and keep track of all placement hours. Please retain current log sheets for the term*
- ✓ *At any time during the term, the instructor may ask to meet and review the student learning book. Please make sure it is up to date.*
- ✓ *The student AET 402 placement contract is for Clinical work only.*

SCHOOL OR DEPARTMENTAL INFORMATION

- Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	http://camosun.ca/advising
Accessible Learning	http://camosun.ca/accessible-learning
Counselling	http://camosun.ca/counselling
Career Services	http://camosun.ca/coop
Financial Aid and Awards	http://camosun.ca/financialaid
Help Centres (Math/English/Science)	http://camosun.ca/help-centres
Indigenous Student Support	http://camosun.ca/indigenous
International Student Support	http://camosun.ca/international/
Learning Skills	http://camosun.ca/learningskills
Library	http://camosun.ca/services/library/
Office of Student Support	http://camosun.ca/oss
Ombudsperson	http://camosun.ca/ombuds
Registration	http://camosun.ca/registration
Technology Support	http://camosun.ca/its
Writing Centre	http://camosun.ca/writing-centre

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](http://camosun.ca/accessible-learning/) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the "Attendance" section under "Registration Policies and Procedures" (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services->

and-support/e-2.9.pdf and camosun.ca/sexual-violence. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-3703841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

Changes to this Syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.