

# COURSE SYLLABUS



COURSE TITLE: AET 302: Placement 4

CLASS SECTION: X01 / X02

TERM: Winter 2023

COURSE CREDITS: 5

DELIVERY METHOD(S): On Campus, Off-Site

Camosun College campuses are located on the traditional territories of the Lək̓ʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.

Learn more about Camosun's [Territorial Acknowledgement](#).

For COVID-19 updates please visit <https://camosun.ca/about/covid-19-updates>.

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*Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.*

## INSTRUCTOR DETAILS

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NAME: Connie Klassen, MSc, CAT(C)

EMAIL: [klassenc@camosun.ca](mailto:klassenc@camosun.ca)

OFFICE: PISE 212D

OFFICE HOURS: Tuesday (10:30 – 11:30), Thursday (11:30 – 12:30), Friday (12:30 – 13:30) or by appointment

PRACTICE PLACEMENT ASSISTANT: Sam Dacey [daceys@camosun.ca](mailto:daceys@camosun.ca)

PLACEMENT SUPERVISOR: Jamie Johnson [johnsonja@camosun.ca](mailto:johnsonja@camosun.ca)

*As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.*

## CALENDAR DESCRIPTION

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Students will apply advanced theory and skills for the prevention and management of injuries / diseases in a field-based setting. Students will take the lead in providing primary care of athletes in the field-based setting, including the design of comprehensive conditioning programs and clinical orthopedic assessments. Students will engage in the day to day duties in the health care management of teams, and may include team travel.

\*This course is restricted to students in the Bachelor of Athletic & Exercise Therapy program.

PREREQUISITE: COM in AET 301

PRE / CO-REQUISITE(S): All of: C in AET 381 **AND** KIN 341

## COURSE LEARNING OUTCOMES / OBJECTIVES

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At the completion of this course, students will be able to:

- Demonstrate the role and responsibilities of the athletic/exercise therapist in prevention, assessment and immediate care of injuries and diseases.
- Implement an emergency action plan for their team placement.
- Demonstrate effective prevention, assessment and advanced treatment of common injuries and diseases.
- Demonstrate effective evaluation of the client's condition to determine their readiness for activity.
- Demonstrate effective guidance regarding proper warm up and pre-activity readiness with increased independence.
- Demonstrate clinical assessment and management skills for a typical concussion in the athlete and non-athlete populations.
- Demonstrate effective decision making and communication when working with clients, coaches, medical team members, and peers.
- Apply athletic/exercise therapy principles in the care for clients by addressing any cultural, ethnic, gender, age and functional ability differences and considerations.

## REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

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- Anderson, M.K., (2017) "Foundations of Athletic Training. Prevention, Assessment & Management", 6th Edition Lippincott, Williams & Wilkins ISBN: 9781496330871
- Canadian Red Cross. (2018) EMERGENCY CARE for Professional Responders. StayWell publishing. Guelph, Ontario.

## COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

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X01	Lecture	Friday	11:30am - 12:20am	LACC 104
X02	Lecture	Friday	10:30pm - 11:20pm	LACC 104

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

WEEK	ACTIVITY or TOPIC
1	<b>Jan 13</b> Course Introduction Expectations of Year 3 Students Overview of Assignments
2	<b>Jan 20</b> Team Travel
3	<b>Jan 27</b> Mental Health
4	<b>Feb 3</b> Traction
5	<b>Feb 10</b> Concussion RTP Analysis – Para Concussion
6	<b>Feb 17</b> Equipment Evaluation
7	<b>Family Day &amp; Reading Break – NO CLASSES</b>
8	<b>BAET MIDTERM EXAM WEEK</b>
9	<b>Mar 10</b> Crutches
10	<b>Mar 17</b> Warm Ups / Cool Downs
11	<b>Mar 24</b> KED
12	<b>Mar 31</b> Competency Exam Preparation
13	<b>Apr 7 – Good Friday</b> NO CLASSES
14	<b>Apr 14</b> Competency Exam Preparation

**Competency Exams Scheduled in Exam Period – April 17 - 25, 2023 (All Material)**

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced notice is required. Deadlines can be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

EVALUATION OF LEARNING

DESCRIPTION	WEIGHTING
Contract Submission Due Jan 20, 2023 by 8:00am via D2L	COM
Code of Ethics & Handbook Attestation Due Jan 20, 2023 by 8:00am via D2L	COM
Emergency Action Plan for Placement Site Due Jan 20, 2023 by 8:00am via D2L	COM
First Responder Certificate Due Jan 20, 2023 by 8:00am via D2L	COM
Midterm Preceptor Evaluation Due Feb 17, 2023 by 4:00pm via D2L	COM
Midterm Placement Supervisor Evaluation Due Feb 17, 2023 by 4:00pm via D2L	COM
Midterm Placement Self Evaluation Due Feb 17, 2023 by 4:00pm via D2L	COM
Final Preceptor Evaluation Due Apr 25, 2023 by 4:00pm via D2L	COM
Final Placement Supervisor Evaluation Due Apr 25, 2023 by 4:00pm via D2L	COM
Final Placement Self Evaluation Due Apr 25, 2023 by 4:00pm via D2L	COM
Completion of 140 Placement Hours Due by Apr 14, 2023	COM
Monthly Placement Reflections Due Feb 3, Mar 3 & Apr 14 by 8:00am via D2L	COM
Weekly Surveys Due every Monday (beginning week 2) by 8:00am via D2L	COM
Case Study 1 Due Feb 10, 2023 by 8:00am via D2L	COM
Case Study 2 Due Mar 31, 2023 by 8:00am via D2L	COM
In-Class Assignments As assigned	COM
Practical Competency Exam – Day 1 (Must achieve 70% or greater) Final Exam Block *A 2 <sup>nd</sup> attempt will be made available for those not successful on initial attempt.	COM
<b>TOTAL</b>	<b>100%</b>

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information.  
<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

**Due Dates** - There is zero-tolerance in effect for missed due dates. Students who might miss submission deadlines for legitimate reasons are to contact the instructor in advance of the due date. All other reasons are unexcused and will not be accommodated for. Late assignments will be graded as 0%. Failure to turn in an assignment may result in an incomplete final grade being assigned for the course.

**Cell Phones**

Cell phones are not permitted in lecture or lab.

**Class / Placement Participation & Expectations of Conduct**

Students practice skills on each other and athletes at their placement sites. Learning what the human body feels like in a healthy condition is important for recognizing unhealthy or injured states. Students will be palpating / practicing skills on other students / athletes on a regular basis. Students must refrain from any inappropriate touching. Students with concerns are to speak to the instructor prior to the beginning of the course or as it arises during the semester. There can be no exception to this participation.

Students will maintain optimum levels of safe behavior (personal hygiene, cleaning of shared equipment, etc.) with a minimization of potential for disease transmission.

Students must come appropriately dressed to allow for hands on application / demonstration of assessment / taping / wrapping techniques.

Students that do not come prepared to actively participate (appropriate dress, etc.) in labs may be asked to leave.

It is the student's responsibility to thoroughly read and abide by the codes of behavior, ethics, and conduct laid out in the following Camosun College policies and documents. It is also the student's responsibility to be aware of all the requirements and expectations found in these resources.

1. Placement Handbook
2. Placement Contract
3. Student Conduct Policy

It is the student's responsibility to ensure placement hours are being collected with the designated time frame of 14 weeks. If there is a problem with acquiring the required hours, please contact the instructor immediately. If the instructor does not hear from the student, it is assumed that the required hours will be achieved at the end of the 14 weeks. ***Students wishing to defer the collection of their placement hours to the summer semester must submit this request by January 20, 2023.***

It is the student's responsibility to record and keep track of all placement hours. Hours are to be submitted with the monthly reflections.

Students will have a minimum of **2** sites by the **Placement Supervisor** – prior to the Midterm and Final Placement Supervisor Evaluation deadlines. Student's are responsible for scheduling these visits with the Placement Supervisor with sufficient time to receive evaluation reports prior to submission deadlines.

Student's are responsible for scheduling meetings with their **Placement Preceptor** with sufficient time to receive evaluation reports prior to submission deadlines.

**Attendance**

Research shows a strong correlation with class attendance and academic success. Given the practical nature of this course, and the need to understand the theory utilized during the labs, attendance at lectures is strongly encouraged.

For any of the below, it is required that students contact the instructor.

An excused absence includes:

- a) Medical certificate
- b) Intercollegiate trip with supporting documentation.
- c) Permission of instructor prior to absence.
- d) Compassionate reasons.

“Make up” assignments and / or exams will be different than the original. All other reasons are unexcused and will not be accommodated for. Students will not receive the associated marks. Students are to be present for the scheduled exam and assignment due dates.

## STUDENT RESPONSIBILITY

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Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

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## SUPPORTS AND SERVICES FOR STUDENTS

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Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	<a href="http://camosun.ca/advising">http://camosun.ca/advising</a>
Accessible Learning	<a href="http://camosun.ca/accessible-learning">http://camosun.ca/accessible-learning</a>
Counselling	<a href="http://camosun.ca/counselling">http://camosun.ca/counselling</a>
Career Services	<a href="http://camosun.ca/coop">http://camosun.ca/coop</a>
Financial Aid and Awards	<a href="http://camosun.ca/financialaid">http://camosun.ca/financialaid</a>
Help Centres (Math/English/Science)	<a href="http://camosun.ca/help-centres">http://camosun.ca/help-centres</a>
Indigenous Student Support	<a href="http://camosun.ca/indigenous">http://camosun.ca/indigenous</a>
International Student Support	<a href="http://camosun.ca/international/">http://camosun.ca/international/</a>
Learning Skills	<a href="http://camosun.ca/learningskills">http://camosun.ca/learningskills</a>
Library	<a href="http://camosun.ca/services/library/">http://camosun.ca/services/library/</a>

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Support Service	Website
Office of Student Support	<a href="http://camosun.ca/oss">http://camosun.ca/oss</a>
Ombudsperson	<a href="http://camosun.ca/ombuds">http://camosun.ca/ombuds</a>
Registration	<a href="http://camosun.ca/registration">http://camosun.ca/registration</a>
Technology Support	<a href="http://camosun.ca/its">http://camosun.ca/its</a>
Writing Centre	<a href="http://camosun.ca/writing-centre">http://camosun.ca/writing-centre</a>

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If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

## COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

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### Academic Integrity

Students are expected to comply with all College policy regarding academic integrity; which is about honest and ethical behaviour in your education journey. The following guide is designed to help you understand your responsibilities: <https://camosun.libguides.com/academicintegrity/welcome>

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for Camosun's Academic Integrity policy and details for addressing and resolving matters of academic misconduct.

### Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc.). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

### Academic Progress

Please visit [https://www.camosun.ca/sites/default/files/2021-05/e-1.1\\_0.pdf](https://www.camosun.ca/sites/default/files/2021-05/e-1.1_0.pdf) for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

### Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

### Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

### Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

### Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the "Attendance" section under "Registration Policies and Procedures" (<https://camosun.ca/registration-records/policies-and-procedures-students/registration-policies-students>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

### Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

### Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <http://www.camosun.ca/sites/default/files/2021-05/e-2.9.pdf> and [camosun.ca/sexual-violence](http://camosun.ca/sexual-violence). To contact the Office of Student Support: [oss@camosun.ca](mailto:oss@camosun.ca) or by phone: 250-370-3046 or 250-370-3841

### Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

### Looking for other policies?

The full suite of College policies and directives can be found here: <https://camosun.ca/about/camosun-college-policies-and-directives>



**Changes to this Syllabus:** Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.