

# COURSE SYLLABUS

**COURSE TITLE:** AET 260: Emergency Conditions 1

**CLASS SECTION:** X01 AB

**Delivery Method:** Lab and Lecture

**TERM:** Winter 2025 **COURSE CREDITS:** 3

For COVID-19 updates please visit <https://camosun.ca/about/covid-19-updates>.

Camosun College campuses are located on the traditional territories of the Ləkʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here. Learn more about Camosun's [Territorial Acknowledgement](#).

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## Mandatory Attendance for First Class Meeting of Each Course

This section of AET 260 X01AB requires mandatory attendance for the first class meeting of the course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the "Attendance" section under "Registration Policies for Students"

[Registration Policies for Students | Camosun College](#)

## INSTRUCTOR DETAILS

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**NAME:** Jamie Johnson, MSc, CAT(C)

**EMAIL:** johnsonja@camosun.ca

**OFFICE:** PISE 212A

**OFFICE HOURS:** Thursdays 9:30am-11:30am or by appointment

**INSTRUCTIONAL ASSISTANT:** Sheena Kelly [kellys@camosun.ca](mailto:kellys@camosun.ca)

*As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.*

## CALENDAR DESCRIPTION

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Students will study theoretical and practical applications of advanced skills to evaluate and care for emergency conditions. Students will apply anatomical, physiological and biomechanical knowledge to the prevention and assessment of injuries and illnesses, relating to urgent care. Students will study theoretical and practical applications of advanced urgent care skills needed to evaluate and care for injuries and conditions related to the cardiovascular system, respiratory system, head, and spine. Students will be introduced to pharmacological principles and apply treatments according to authorized drug profiles.

\*This course is restricted to students in the Bachelor of Athletic & Exercise Therapy program.

PREREQUISITE: One of: C in BIOL 143 or BIOL 150 or BIOL 152 **AND** BIOL 153  
PRE / CO-REQUISITE(S): All of: C in PHYS 160 **AND** AET 272  
**AND**  
One of: C in BIOL 144 or BIOL 151

## COURSE LEARNING OUTCOMES / OBJECTIVES

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At the completion of this course, students will be able to:

- Identify the scope of practice, legal and ethical requirements of an Athletic Therapist in emergencies.
- Explain the importance of the Athletic Therapist in emergencies.
- Demonstrate proper professional conduct when interfacing with the medical team and communicating with the patient.
- Identify strategies to prevent injuries and potential emergencies.
- Identify the main features of an emergency action plan and prepare emergency care equipment for an athletic team or event setting.
- Identify the members of the emergency medical services team and their role in assisting an injured individual.
- Identify emergency conditions that warrant immediate action by a medical team.
- Identify, assess and demonstrate advanced urgent care skills for common urgent and life-threatening injuries and conditions related to the cardiovascular system, respiratory system, head, and spine based on current protocols.
- Demonstrate pharmacological principles and apply treatments in accordance with authorized drug profiles.

## REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

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- Canadian Red Cross. (2018) EMERGENCY CARE for Professional Responders. StayWell publishing. Guelph, Ontario.
- Student fanny pack and associated supplies. (Blood pressure cuff, stethoscope, penlight, universal scissors, surgical scissors, CPR mask with oxygen inlet, small notepad and pen, pulse oximeter)
- Watch (non-tap, no I-Phone or Android Smart Watches)

## COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

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|          |           |                  |          |
|----------|-----------|------------------|----------|
| Lecture  | Monday    | 9:30am-10:20am   | CBA 271  |
| Lecture  | Thursday  | 8:30am-9:20am    | CBA 210  |
| Lab X01A | Tuesday   | 8:30am – 11:30am | LACC 105 |
| Lab X01B | Wednesday | 1:30pm – 4:30pm  | LACC 105 |

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

**Important Dates:**

- January 6<sup>th</sup> – Winter term begins  
 February 17<sup>th</sup> – Family Day (college closed)  
 February 18<sup>th</sup>-21<sup>st</sup> – Reading Break (college closed)  
 April 12<sup>th</sup> – Last day of Instruction  
 April 18<sup>th</sup> – Good Friday (college closed)  
 April 21<sup>st</sup> – Easter Monday (college closed)

| Lab Content                                   | Lecture Content  |
|---|--|
| Preparing to Respond<br>PPE and Fanny Packs   | Professional Responder<br><i>Chapter 1</i>                           |
| Primary Assessment                            | Responding to the Call<br><i>Chapter 2</i>                           |
| Secondary Assessment                          | Infection Prevention and Control<br><i>Chapter 3</i>                 |
| Oxygen delivery and airway adjuncts           | Assessment<br><i>Chapter 5</i>                                       |
| Rescue breathing<br>CPR and AED               | Airway Management and Respiratory<br>Emergencies<br><i>Chapter 6</i> |
| Head and Neck Realignment<br>Cervical Collars | Circulatory Emergencies<br><i>Chapter 7</i>                          |
| Rolling a patient                             | Shock<br><i>Chapter 8</i>  |
| Spine boards                                  | Head and Spinal Injuries<br><i>Chapter 12</i>                        |

**Final Written and Practical Exams Scheduled in Exam Period – April 14<sup>th</sup> – 25<sup>th</sup> 2025**

Students are eligible to attempt the Canadian Red Cross certification exams as a Professional Responder pending full attendance of all of the labs for AET 260 and 261. Details regarding certification process and requirements will be discussed during AET 261.

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required. Deadlines can be reviewed on the [CAL exams page](#).

<http://camosun.ca/services/accessiblelearning/exams.html>

**EVALUATION OF LEARNING**


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| DESCRIPTION          | WEIGHTING |
|----------------------|-----------|
| Midterm Written Exam | 15%       |

|  |                          |
|--|--------------------------|
| Midterm Practical Exam   | 25%                      |
| Final Written Exam   | 15%                      |
| Final Practical Exam   | 25%                      |
| Lab Quiz – Scene and Primary Assessment<br><i>Week 5 – February 11<sup>th</sup> and 12<sup>th</sup></i>  | 5%                       |
| In-class worksheets (x8)<br><i>*Total of 8 worksheets will be combined to make 15% of your grade</i>   | 15%                      |
| <p>If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible.</p> <p>Refer to the <a href="http://camosun.ca/about/policies/educationacademic/e-1-programming-and-instruction/e-1.14.pdf">Grade Review and Appeals</a> policy for more information.</p> <p><a href="http://camosun.ca/about/policies/educationacademic/e-1-programming-and-instruction/e-1.14.pdf">http://camosun.ca/about/policies/educationacademic/e-1-programming-and-instruction/e-1.14.pdf</a></p> | <p>TOTAL</p> <p>100%</p> |

**Due Dates** - There is zero-tolerance in effect for missed due dates. Students who might miss submission deadlines for legitimate reasons are to contact the instructor in advance of the due date. All other reasons are unexcused and will not be accommodated for. Late assignments will be graded as 0%. Failure to turn in an assignment may result in an incomplete final grade being assigned for the course.

## COURSE GUIDELINES & EXPECTATIONS

### **Cell Phones**

Cell phones are not permitted in lecture or lab.

### **Class / Lab Participation & Expectations of Conduct**

Students participate in role-playing activities to practice skills on each other. Please be aware that learning what the human body feels like in a healthy condition is important when it comes to recognizing unhealthy or injured states. In the course of learning to do assessments, students will need to be palpating other students on a regular basis. Students must refrain from any inappropriate touching. Students with concerns are to speak to the instructor prior to the beginning of the course or as it arises during the semester. There can be no exception to this participation.

Students will maintain optimum levels of safe behavior (personal hygiene, decontamination of personal protective equipment, care with lifts and use of proper body mechanics, etc.) with a minimization of potential for disease transmission.

Students must come appropriately dressed to allow for hands on application / demonstration of emergency care techniques.

Low cut shirts, pants / shorts that expose underwear, and flip flop sandals are NOT acceptable dress for labs.

## Attendance

Research shows a strong correlation with class attendance and academic success. Given the practical nature of this course, and the need to understand the theory utilized during the labs, attendance at lectures is strongly encouraged.

Given that completion of the skills checklist is a requirement for the Red Cross Professional Responder Certification, lab attendance will be taken.

**Missed gradable related submissions:** Students who miss written or practical exams may be allowed to write a deferred or “make up” exam. These “make up” exams will be different from the original.

Excused absences may include:

- Permission by course instructor prior to absence
- Compassionate reasons
- Sickness

A student who does not speak to the instructor regarding a possible excused absent PRIOR to the start of the assessment will receive a zero. In this instance, a “make up” exam request will be denied.

## SCHOOL OR DEPARTMENTAL INFORMATION

| Percentage | Grade | Description   | Grade Point Equivalency |
|------------|-------|---|-------------------------|
| 90-100     | A+    |   | 9                       |
| 85-89      | A     |   | 8                       |
| 80-84      | A-    |   | 7                       |
| 77-79      | B+    |   | 6                       |
| 73-76      | B     |   | 5                       |
| 70-72      | B-    |   | 4                       |
| 65-69      | C+    |   | 3                       |
| 60-64      | C     | Minimum grade required for courses within the BAET program  | 2                       |
| 50-59      | D     | Minimum level of achievement for which credit is granted at Camosun College; Please note a course with a “D” grade cannot be used as a prerequisite grade or for graduation in the BAET program | 1                       |
| 0-49       | F     | Minimum level has not been achieved.  | 0                       |

## Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-> For information on conversion to final grades, and for additional information on student record and transcript notations.

| Temporary Grade | Description |
|-----------------|-------------|
|-----------------|-------------|

|    |   |
|----|---|
| I  | <i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.   |
| IP | <i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.   |
| CW | <i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement. |

## STUDENT RESPONSIBILITY

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Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

## SUPPORTS AND SERVICES FOR STUDENTS

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Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

| Support Service                     | Website   |
|-------------------------------------|---|
| Academic Advising                   | <a href="http://camosun.ca/advising">http://camosun.ca/advising</a>                       |
| Accessible Learning                 | <a href="http://camosun.ca/accessible-learning">http://camosun.ca/accessible-learning</a> |
| Counselling                         | <a href="http://camosun.ca/counselling">http://camosun.ca/counselling</a>                 |
| Career Services                     | <a href="http://camosun.ca/coop">http://camosun.ca/coop</a>                               |
| Financial Aid and Awards            | <a href="http://camosun.ca/financialaid">http://camosun.ca/financialaid</a>               |
| Help Centres (Math/English/Science) | <a href="http://camosun.ca/help-centres">http://camosun.ca/help-centres</a>               |
| Indigenous Student Support          | <a href="http://camosun.ca/indigenous">http://camosun.ca/indigenous</a>                   |
| International Student Support       | <a href="http://camosun.ca/international/">http://camosun.ca/international/</a>           |
| Learning Skills                     | <a href="http://camosun.ca/learningskills">http://camosun.ca/learningskills</a>           |
| Library                             | <a href="http://camosun.ca/services/library/">http://camosun.ca/services/library/</a>     |
| Office of Student Support           | <a href="http://camosun.ca/oss">http://camosun.ca/oss</a>                                 |
| Ombudsperson                        | <a href="http://camosun.ca/ombuds">http://camosun.ca/ombuds</a>                           |

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|--------------------|---|
| Registration       | <a href="http://camosun.ca/registration">http://camosun.ca/registration</a>     |
| Technology Support | <a href="http://camosun.ca/its">http://camosun.ca/its</a>                       |
| Writing Centre     | <a href="http://camosun.ca/writing-centre">http://camosun.ca/writing-centre</a> |

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If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

## COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

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### Academic Integrity

Students are expected to comply with all College policy regarding academic integrity; which is about honest and ethical behaviour in your education journey. The following guide is designed to help you understand your responsibilities: <https://camosun.libguides.com/academicintegrity/welcome> Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e1.13.pdf> for Camosun's Academic Integrity policy and details for addressing and resolving matters of academic misconduct.

### Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc.). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

### Academic Progress

Please visit [https://www.camosun.ca/sites/default/files/2021-05/e-1.1\\_0.pdf](https://www.camosun.ca/sites/default/files/2021-05/e-1.1_0.pdf) for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

### Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

### Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

### Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

### Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the “Attendance” section under “Registration Policies and Procedures” (<https://camosun.ca/registrationrecords/policies-and-procedures-students/registration-policies-students>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

### Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

### Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun’s Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student’s right to choose what is right for them. For more information see Camosun’s Sexualized Violence and Misconduct Policy: <http://www.camosun.ca/sites/default/files/2021-05/e-2.9.pdf> and [camosun.ca/sexual-violence](http://camosun.ca/sexual-violence). To contact the Office of Student Support: [oss@camosun.ca](mailto:oss@camosun.ca) or by phone: 250370-3046 or 250-370-3841

### Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College’s Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College’s expectations of academic integrity and student behavioural conduct.

### Looking for other policies?

The full suite of College policies and directives can be found here: <https://camosun.ca/about/camosuncollege-policies-and-directives>

**Changes to this Syllabus:** Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.