

# COURSE SYLLABUS



COURSE TITLE: AET 201: Placement 1

CLASS SECTION: X01 / X02

TERM: Fall 2023

COURSE CREDITS: 4

DELIVERY METHOD(S): Lecture & Field Practice

Camosun College campuses are located on the traditional territories of the Lək̓ʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.

Learn more about Camosun's [Territorial Acknowledgement](#).

For COVID-19 information please visit <https://legacy.camosun.ca/covid19/index.html>.

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*Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.*

## INSTRUCTOR DETAILS

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NAME: Jamie Johnson CAT(C), MSc. Rehab Science

EMAIL: [johnsonja@camosun.ca](mailto:johnsonja@camosun.ca)

OFFICE: PISE 212A

OFFICE HOURS: Wednesdays 10:30am-12:30pm; or by appointment

*As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.*

## CALENDAR DESCRIPTION

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Students will apply introductory theory and skills for the prevention and management of injuries / diseases in a field-based setting relative to the professions of athletic / exercise therapy. Students will engage in the day to day duties in the health care management of sport teams.

PREREQUISITE(S): COM in AET 260 & AET 272

CO-REQUISITE(S):

EXCLUSION(S):

## COURSE LEARNING OUTCOMES / OBJECTIVES

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At the completion of this course, students will be able to:

- Identify the role and responsibilities of an athletic/exercise therapist in prevention and immediate care of injuries and diseases.
- Demonstrate basic skills associated with the immediate and ongoing care of common injuries and illnesses in a field-based setting.

- Describe sideline assessment of head trauma and concussion.
- Identify the considerations for cultural, ethnic, gender, age and functional ability differences in clientele when assessing and providing immediate care for injuries and illnesses.
- Implement an emergency action plan for their placement setting.
- Demonstrate the ability to work independently and collaboratively in a field-based setting.
- Demonstrate effective decision making and communication skills when working with clients, coaches, medical team members, and peers.
- The course is founded in applied learning with the students applying their course work in real life settings with sport teams for 10 hours a week under the supervision of an approved preceptor.
- Placements are typically with community sport organizations or high schools.
- Students submits monthly reflections and logging of competencies.

#### REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

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1. Beam, Joel W (2017). Orthopedic Taping, Wrapping, Bracing and Padding. 3<sup>rd</sup> edition. F.A. Davis Company. Philadelphia, PA.
2. Canadian Red Cross. (2018) Emergency Care for Professional Responders. StayWell publishing. Guelph, Ontario.

#### COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

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The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

Lecture:

X01 – Tuesdays 1:30am-2:20pm LACC 105

X02 – Tuesdays 12:30-1:20pm LACC 104

Field Placement Times Vary

100% attendance at placement is required

WEEK or DATE RANGE	ACTIVITY or TOPIC
1 – Sept 5/6	Course Introduction Placement Expectations Logbook Components BAET Kit Process
2 – Sept 12/13	Emergency Action Plans (EAP) Placement Documentation – SOAP notes <b>Must upload the following:</b> <ul style="list-style-type: none"> <li>- Signed Handbook</li> <li>- Signed Contract</li> </ul>
3 – Sept 19/20	CATA Scope of Practice Code of Ethics & Professional Conduct <b>Must upload the following:</b> <ul style="list-style-type: none"> <li>- Placement EAP</li> </ul>

WEEK or DATE RANGE	ACTIVITY or TOPIC
4 – Sept 26/27	Urgent vs. Non-urgent on-field assessments Must upload the following: - Signed Code of Ethics from the CATA
5 – Oct 3/4	Concussion Management Must upload the following: - September Monthly Reflection
6 – Oct 10/11	Considerations for culture, gender, age, & functional ability In class presentations
7 – Oct 17/18	Skills Practice Day
8 – Oct 24/25	Midterm Exam Week - No classes Attendance at placement required
9 – Oct 31/Nov 1	Competency exam overview Must upload the following: - Midterm Preceptor Evaluation - Midterm Self Evaluation - Midterm Supervisor Evaluation
10 – Nov 7/8	Athlete Advocacy – Return to play decision making Must upload the following: - October Monthly Reflection
11 – Nov 14/15	Drugs in Sport
12 – Nov 21/22	Sports Medicine Team Approach Communication with coaches, medical team members, and peers
13 – Nov 28/29	Urgent & Non-Urgent field treatment options
14 – Dec 5/6	Skills Practice
14 – Dec 8	Must upload the following: - Final Preceptor Evaluation - Final Self Evaluation - Final Supervisor Evaluation - Final Hours log (Logbook) - Final Monthly Reflection

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced notice is required. Deadlines can be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

## EVALUATION OF LEARNING

DESCRIPTION	WEIGHTING
Contract Submission	COM
Code of Ethics & Handbook Attestation	COM
Emergency Action Plan	COM

DESCRIPTION	WEIGHTING
Midterm Preceptor Evaluation	COM
Midterm Placement Supervisor Evaluation	COM
Midterm Placement Self Evaluation	COM
Final Placement Preceptor Evaluation	COM
Final Placement Supervisor Evaluation	COM
Final Placement Self Evaluation	COM
Monthly Reflection	COM
Logbook Submission	COM
Completion of 140 Placement Hours	COM
60% in summative competency based practical exam	COM
<b>TOTAL</b>	COM

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information.  
<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

## COURSE GUIDELINES & EXPECTATIONS

### Placement Policies & Regulations

It is the student's responsibility to thoroughly read and abide by the codes of behavior, ethics, and conduct laid out in the following Camosun College policies and documents, and to be aware of all of the requirements and expectations found in these resources:

- Placement Handbook
- Placement Contracts
- Student Conduct Policy

### Placement Visit

During the semester, the Placement Supervisor will conduct site visits. Please ensure all necessary documents and forms are up to date and stored in an organized manner (binder/folder). The following sections will be verified for completion and accuracy: EAP, index cards (medical information about each athlete), daily logs, monthly logs, and player medical records. The placement supervisor may ask questions about the placement and current injuries and will also speak to the placement preceptor.

### Placement Hours and Evaluations

It is the student's responsibility to ensure placement hours are being collected within the designated time frame of 15 weeks. If there is a problem with acquiring the required hours, please contact the instructor immediately. If the instructor does not hear from the student, it is assumed that the required hours will be achieved at the end of the 15 weeks.

It is the student's responsibility to record and keep track of all placement hours. Please retain all previous and current log sheets.

Please ensure you provide the necessary evaluation forms to your preceptors well in advance of this deadline so that they have a sufficient amount of time to complete them and return them to you.

#### Attendance

Attendance at lecture and at placement is mandatory, although circumstances may permit an excused absence.

An excused absence includes: a) intercollegiate travel; b) compassionate leave. Any excused absence requires permission of the instructor prior to absence whenever possible.

<ul style="list-style-type: none"><li>• Students will maintain optimum levels of safe behavior (personal hygiene, use of proper body mechanics, personal protective equipment) to minimize potential for disease transmission</li></ul>
<ul style="list-style-type: none"><li>• Students will be practicing skills on each other. Students must refrain from any inappropriate touching or comments that make their peers feel uncomfortable in any way. Respect must be given to all peers at all time. Any concerns must be brought to the instructor immediately.</li></ul>
<ul style="list-style-type: none"><li>• Students must become prepared with appropriate dress (loose shorts, t-shirt, socks, and shoes). Students must change for lab unless informed in advance. Students who do not come prepared to actively participate in labs may be asked to leave.</li></ul>

#### Cell Phones

Cell phones are not permitted in lecture. The only exception to this is in-class simulations.

#### Additional Information

Missed gradable related submissions: Students who miss written/practical exams or a assignment submission may be allowed to write a deferred or “make up” exam. These “make up” exams will be different from the original.

Excused absences may include:

- Permission by course instructor prior to absence
- Compassionate reasons
- Sickness

A student who does not speak to the instructor regarding a possible excused absent PRIOR to the start of the assessment or assigned due date will receive a zero. In this instance, a “make up” exam request will be denied.

**GRADING SYSTEM** <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>

- **Competency Based Grading System (Non-GPA)**

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.

DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

- **Temporary Grades**

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete</i> : A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress</i> : A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal</i> : A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.

## SCHOOL OR DEPARTMENTAL INFORMATION

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### Quality of Written Submissions

Papers and/or assignments that are deemed unacceptable by the faculty will be returned unmarked to the student, and receive an automatic 10% deduction in grading. These papers and/or assignments will receive a 10% per day deduction thereafter. After the 5th day the assignment will receive a grade of 0%. Failure to turn in an acceptable assignment may result in an incomplete final grade being assigned for the course. Reasons that a faculty may deem an item unacceptable include but are not limited to the following:

- Grammar
- Spelling
- Content
- Punctuation
- Inappropriate referencing / citations

## STUDENT RESPONSIBILITY

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Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

## SUPPORTS AND SERVICES FOR STUDENTS

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Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	<a href="http://camosun.ca/advising">http://camosun.ca/advising</a>
Accessible Learning	<a href="http://camosun.ca/accessible-learning">http://camosun.ca/accessible-learning</a>
Counselling	<a href="http://camosun.ca/counselling">http://camosun.ca/counselling</a>
Career Services	<a href="http://camosun.ca/coop">http://camosun.ca/coop</a>
Financial Aid and Awards	<a href="http://camosun.ca/financialaid">http://camosun.ca/financialaid</a>
Help Centres (Math/English/Science)	<a href="http://camosun.ca/help-centres">http://camosun.ca/help-centres</a>
Indigenous Student Support	<a href="http://camosun.ca/indigenous">http://camosun.ca/indigenous</a>
International Student Support	<a href="http://camosun.ca/international/">http://camosun.ca/international/</a>
Learning Skills	<a href="http://camosun.ca/learningskills">http://camosun.ca/learningskills</a>
Library	<a href="http://camosun.ca/services/library/">http://camosun.ca/services/library/</a>
Office of Student Support	<a href="http://camosun.ca/oss">http://camosun.ca/oss</a>
Ombudsperson	<a href="http://camosun.ca/ombuds">http://camosun.ca/ombuds</a>
Registration	<a href="http://camosun.ca/registration">http://camosun.ca/registration</a>
Technology Support	<a href="http://camosun.ca/its">http://camosun.ca/its</a>
Writing Centre	<a href="http://camosun.ca/writing-centre">http://camosun.ca/writing-centre</a>

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

## COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

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### Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](http://camosun.ca/services/accessible-learning/) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

### Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

### Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

### Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

### Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

### Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

### Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the "Attendance" section under "Registration Policies and Procedures" (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

### Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

### Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized



Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and [camosun.ca/sexual-violence](http://camosun.ca/sexual-violence). To contact the Office of Student Support: [oss@camosun.ca](mailto:oss@camosun.ca) or by phone: 250-370-3046 or 250-3703841

### Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

**Changes to this Syllabus:** Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.